

**January
2025**



RobinBrooke
SENIOR LIVING

Resident Birthdays

Evelyn Geer 01/06
Willow Bloyd 01/10
Jim Wallace 01/10
Kathleen Sparkman 01/14
Leona Waddell 01/28
Faye Heck 01/30
Linda Pierce 01/30

Happy Anniversary

James & Kathy Crume
01/06
Bill & Wanda Schaffrick
01/24

Employee Birthdays

Darlene Roland 01/18
Sara Atchley 01/19

Save the Date

January 10th 2:00 pm
Performance by Jody Ingalls
January 22nd 2:00 pm
Alice in Wonderland Tea
January 30th 2:00 pm
Charades Challenge with
Residents & Staff

Letter from the Executive Director

Welcome New Year 2025!

How exciting to begin a new year with endless opportunities!

No matter who we are or where we live, we all face challenges in life. How we choose to deal with those challenges is what is important. We at RobinBrooke, make it our mission to provide amenities and services so you may focus on living an active, independent lifestyle.

Start today to "Live a full Life." A person who manages to maintain a busy, yet seemingly balanced existence filled with variety, satisfaction and joy may be the definition of satisfaction.

Steps YOU can take to begin living a full life:

1-"Being in the moment, engaged and willing to enjoy things now. Not worrying about the past or postponing happiness to a distant future."

2-Finding gratitude for even the smallest things in our lives can have an enormous impact. Dedicating just five minutes a day to write down a list of the things for which you are grateful has the potential to shift your entire outlook on life.

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201 Harmony Way, Elizabethtown, KY 42701

Executive Director Continued...

3-Holistic Well-Being-To live fully you need to take care of your mind, body and soul. Get enough sleep, breathe, and take breaks, exercise, and pay attention to your diet.

4-Positivity is a thought. And this thought should be constant. A simple 'thank you,' a 'sorry,' a smile to a stranger or helping people we know (or don't know) are things that contribute to daily happiness."

Take your first step, stop and reflect about your way of life. What are your values? What energizes you and motivates you?

Will you be the guide of your life or will your life guide you?

"It is a matter of choice."

Crystal Hamilton
Executive Director
Office: (270) 982-3343
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2025
— HAPPY NEW YEAR —

Wishing you a safe, healthy and happy New Year!

Reminders

Ambassador of the Quarter Nominations

Don't forget to stop by the Concierge desk and nominate a staff member for Ambassador of the Quarter, who exemplifies the Arcadia qualities and values of teamwork, accountability, integrity, respect, and safety. If you need assistance please ask Crystal Hamilton, Executive Director or one of the department managers.

RobinBrooke
SENIOR LIVING
Owned & Operated by
ARCADIA
Communities®

Outings

If tickets must be purchased in advance or we have to RSVP in advance and you have committed to going, then you will be responsible for paying for the ticket(s) or cost whether you are available or not to go.

The binder to sign-up for outings, shopping, and drives is in the Commonwealth Lounge on the credenza under the TV. If you need assistance, please ask Deanna or the Concierge. Sign-up sheets will be in the binder on the 1st of each month.

Bus Transportation

Due to resident elected outings, the bus will be unavailable to transport residents for any appointments on Tuesdays & Thursdays. If you need assistance making alternate transportation arrangements, please contact the Concierge at the front desk. Please provide 48 hours notice to the Concierge desk for ALL transportation requests.

December Happenings



Top Row: Left to Right: Santa (Tim Collins) and one of his elves (Allie Ball) brought some Christmas cheer to us; The Daughters Of the American Revolution visited with the veterans and sang for the residents; Shirley Bratcher and Pam Thomas won for the Most Festive at the Staff Christmas Party.

Middle Row: Left to Right: Ugly Sweater Contest - Teresa New won 1st Place; Vern Hatter, Natasha Mackey, Holly, Pam Thomas and Christal Grimes were the judges; Marcia Thompson won 2nd Place.

Bottom Row: Left to Right: The Vine Grove Fire Department brought the lighted fire truck, Santa and some of his friends to visit with us; Brian Durbin, President of Arcadia Communities, helped with ThanksMas; Alma Logsdon showed off the scarf she won at the Resident Christmas Party; Andre Mendez won our employee weight loss challenge. Down 80 lbs! GREAT JOB!

Your Team

Crystal Hamilton

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Marcia Thompson

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Teresa New

Betty Wallace
Concierge
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Natasha Mackey

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Shelly Young

Dining Manager
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Cindy Kennedy

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Mike DeRuijter

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Deb Sellers

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Deanna Garvin

Life Engagement Coordinator
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News to Use

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Your opinion matters so please write a review

Go To: www.RobinBrooke.com

Choose REVIEWS and post your comments or experience
OR use the QR code



THANK YOU

KNOW YOUR NEIGHBOR

\$1000
for You
\$1000
for Your Neighbor



Be rewarded for referring others to RobinBrooke. Refer today and receive \$1000 credit off one month's rent* and your new neighbor will also receive \$1000 credit. For more information contact Crystal Hamilton.



Like and follow us on Facebook for more photos and updates at RobinBrooke Senior Living!



Hardin County Bookmobile

The bookmobile will be at RobinBrooke the 1st & 3rd Tuesday of each month from 10:30 am -11:00 am. Please contact the Hardin County Library at (270) 769-6337 to confirm dates and times as sometimes these are subject to change.

Gratuity & Gifts

Just a reminder, RobinBrooke policy prohibits individual employees from accepting any gifts or cash. If you would like to show your appreciation, just a smile and a simple thank you will make our day. If you would like to do something for all employees, contact Crystal Hamilton, Executive Director.