February 2025

Day Break Neighborhood Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00-Breakfast 9:00-Morning Mingle 10:00-Daily Activity with Jen 10:30-Snack & Hydration 10:30-Morning Exercise 10:45-Daily Devotion Reading 11:00-Daily Chronicle News 12:00-Lunch 1:00-Saturday Matinee Movie 2:30-Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Game Show 7:00-Snack & Relaxation
2 8:00-Breakfast 9:00-Current Events 10:00-Word Search Puzzle 10:30-Snack & Hydration 10:30-Daily Chronicle News 10:45-Daily Devotion Readings 12:00-Lunch 1:00-Afternoon Movie 2:30-Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Game Show 7:00-Snack & Relaxation Groundhog Day	**3** 8:00-Breakfast 9:00-Monday Memory Makers 9:30-Exercise Class 10:00-Daily Chronicle News 10:15-Daily Devotion Reading 10:30-Snack & Hydration 11:00-The Price is Right 12:00-Lunch 1:00-Afternoon Activity with Megan 2:30- Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Jeopardy & Wheel of Fortune 7:00-Snack & Relaxation	**4** 8:00-Breakfast 9:00-Coffee Clutch with Carol 10:00-Daily Chronicle News 10:15-Daily Devotion Reading 10:30-Snack & Hydration 11:00-The Price is Right 12:00-Lunch 1:00- Exercise Class 1:30-Daily Activity with Jen 2:30-Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Jeopardy & Wheel of Fortune 7:00-Snack & Relaxation	**5** 8:00-Breakfast 9:00-Wisdom & Wit Wednesdays 9:30-Exercise Class 10:00-Daily Chronicle News 10:15-Daily Devotion Reading 10:30-Snack & Hydration 11:00-The Price is Right 12:00-Lunch 1:00-Daily Activity with Megan 2:30- Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Jeopardy & Wheel of Fortune 7:00-Snack & Relaxation	**6** 8:00-Breakfast 9:00-Bingo 10:00-Daily Chronicle News 10:15-Daily Devotion Reading 10:30-Snack & Hydration 11:00-The Price is Right 12:00-Lunch 1:00- Exercise Class 1:30-Daily Activity with Jen 2:30-Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Jeopardy & Wheel of Fortune 7:00-Snack & Relaxation	**7** 8:00-Breakfast 9:00-Friday Chats & Cheer 9:30-Exercise Class 10:00-Daily Chronicle News 10:15-Daily Devotion Reading 10:30-Snack & Hydration 11:00-The Price is Right 12:00-Lunch 1:00-Daily Activity with Megan 2:00-Musical Entertainment with Maria Damore 2:30- Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Jeopardy & Wheel of Fortune 7:00-Snack & Relaxation	**8** 8:00-Breakfast 9:00-Morning Mingle 10:00-Daily Activity with Jen 10:30-Snack & Hydration 10:30-Morning Exercise 10:45-Daily Devotion Reading 11:00-Daily Chronicle News 12:00-Lunch 1:00-Saturday Matinee Movie 2:30-Snack & Hydration 3:00-Let's Take a Walk 3:30-Music Hour 4:30-Dinner 6:00-Game Show 7:00-Snack & Relaxation
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