



## CELEBRATING DOLLY

Celebrating in true Dollywood style at Waltonwood Main. From 'dollying' up and enjoying a special Dolly impersonator performance, to sipping on our 'Coat of Many Colors' sangria and savoring Dolly's favorite treats—what an unforgettable day full of fun and memories!



## RANDOM ACTS OF KINDESS WEEK: FEBRUARY 17TH-21ST

Join us for Random Acts of Kindness Week—five days dedicated to spreading positivity, love, and generosity! Whether it's a smile, a helping hand, or a small surprise, let's make kindness contagious.

## \$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

## MAIN CONNECT

FEBRUARY 2025



*Redefining Retirement Living*

SINGH

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## COMMUNITY MANAGEMENT

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## January Reflection

January was filled with exciting moments and unforgettable memories! From our nostalgic visit to the Van Hoosen Farm Train Exhibit to a lively "Wheel a Fortune" Happy Hour, there was no shortage of fun. We celebrated Elvis' birthday with a festive lunch and movie matinee, embraced the quirky side of food on National Weird Food Day, and had a memorable Dollywood day complete with Dolly's favorite foods, an impersonator, and a look-alike contest. A heartfelt toast to MLK, groovy Disco Day dances, and a spirited week of themed fun kept our spirits high all month long. Thank you to everyone who joined the fun—let's see what February brings!



## FOREVER FIT: WEAR RED

This month join Waltonwood and the American Heart Association as we celebrate National Wear Red Day on Friday February 7th. Still the #1 killer of women in the US, cardiovascular disease is often an overlooked and underdiagnosed condition for tens of thousands of women. As part of American Heart Month, the special day emphasizes the need for early detection, proper diagnosis and adequate treatment in the fight against cardiovascular disease. Spreading the word on such an important cause can help ensure generations of grandmothers, mother, wives, sisters, aunts and friends can help live long healthy lives free from the effects of cardiovascular disease.



## BLACK HISTORY MONTH

Celebrate the richness of Black history, culture, and achievement this February! Join us for a special Black History Month Book Display featuring powerful stories, insightful biographies, and inspiring works from Black authors and thought leaders.



## Employee of the Month



### Belinda Lewis

- Married
- From Detroit
- Caregiver at Waltonwood for 12 Years
- Has been a caregiver for 18 years
- Often caught styling residents' hair and praying with staff
- Talented denim crafter!

*Thank you!*

## January HIGHLIGHTS

8

Celebrating the King's birthday in style! Enjoyed a festive lunch, themed craft, and wrapped it up with a classic Love Me Tender movie matinee.

17

Savoring a delightful Dollywood dinner with some classic southern dumplings and rich red velvet cake. Hats off to the chefs for an unforgettable meal!

10

National Weird Food Day was a culinary adventure! From lychee nuts to seaweed snacks to caviar, we tried it all and embraced the weirdness.

21

National Disco Day was a blast! From groovy dances to epic karaoke sessions, the fun never stopped!



## February SPECIAL EVENTS

9

Join us for a Super Bowl Sunday Watch Party with all the food, fun, and excitement you could ask for. Go Birds? Go Chiefs?

13

It's time to celebrate friendship, fun, and all things fabulous! Join us for a special Galentine's Day including spa pampering and lunch outing filled with love and good company. RSVP at the front desk TODAY!

10

Celebrate love and indulge your senses with our exclusive Valentine's Wine & Chocolate Tasting event! Perfect for couples, friends, or anyone who loves a sweet treat

14

Fall in love with our Heart Hand Pie Baking—a perfect treat for Valentine's Day! These adorable, delicious hand pies are filled with love and the best flavors around.



## EXECUTIVE DIRECTOR CORNER

February marks the month that is most associated with love! As we continue to make 2025 a better year than last, I think it's important to spread the love to others to show how much we truly care about them! From a random phone call to a loved one, or purchase a bouquet of flowers for your significant other; make sure you show your love for the people close to you. How will you be spreading the love in February?

Jon Hills