

## Activities Updates

- We have quite a bit going on this month, hopefully something for everyone! Our entertainers this month are piano player, James Shaw, Tuesday Feb. 4th at 2:00 pm in the Lobby. He plays a variety of music focusing on the 30's and 40's. The Edina Singing Seniors, the choir from the Edina Senior Center will be here Feb. 14th at 2:00 pm. Be sure to check out our three residents in the choir!
- Outings this month include a visit to the Russian Art Museum on Friday Feb. 7th departing at 1:15 pm and the University of MN Landscape Arboretum flower show on Friday Feb. 28th departing at 1:00 pm. We'll also be having lunch out at Scoreboard (Feb. 13th) , North Coop (Feb. 20th) and Heather's Minnetonka (Feb. 25th).
- Everyone is invited to Arm Chair Travel Saturdays on February 8th and 22nd at 11:00 am. In the Exercise Room. Come and travel somewhere and you don't even have to pack a bag!
- Everyone is invited to the Superbowl party on Sunday Feb. 9th at 5:00 in the Fireside Room. Bring your own drink and a snack to share.
- Everyone is invited to come to Red Wine Tasting on Thursday Feb. 13th at 2:00 pm in the Activity Room. We'll be sampling different wines and Chef Dan will educate us on the basics of this favorite beverage of many.
- Everyone is invited to come to the Valentine's Day Happy Hour on Friday Feb. 14th at 3:15 pm after the entertainment.
- Dr. Marc Jaros will be here Tuesday February 18th at 2:00 pm in the Exercise Room for Music Appreciation. Dr. Jaros is a professor from Normandale Community College and focuses on a classical piece from a known composer.

## Activities Updates ( Cont.)

- The Highland Elementary afterschool program, Kid's Club, will be here this month on Thursday February 27th at 3:15 pm.. They will be here to play games and do a craft.

If there is anything you'd like to see on the calendar such as an outing or activity , please let Sonja know. The monthly planning meeting will be next Thursday Feb. 6th at 3:15pm in the Activity Room. Everyone is welcome and encouraged to join!

## Ecumenical Church Service

Beginning Monday Feb. 3rd at 3:15 pm, Reverend Chris Beckman , Corporate Director of Spiritual Care for Ebenezer will be here once a month to lead us in a service. All are invited to join us in the Exercise Room. Although the service will be monthly, the days will change each month.

## New Library Books

The Grey Wolf by Louise Penny

We Solve Murders by Richard Osman

Counting Miracles by Nicholas Sparks

Shelterwood by Lisa Wingate

Doorman Wanted by Glenn Miller

The Comfort of Ghosts by Jacqueline Winspear

The Mighty Red by Louise Erdrich

Time of the Child by Niall Williams



# VERNON View

MONTHLY NEWSLETTER  
VERNON TERRACE OF EDINA

**February 2025**

## Art History Lecture

Gary Hansen was here to talk about three American Male Artists including Norman Rockwell.



## Entertainment

We started out the month with Guitarist, Scott Beaumont, followed by our January Birthday Party!



## Sing- Alongs

Kelly, our Life Enrichment Assistant has been leading sing-alongs every other Sunday at 11:00am. Starting February 5, in addition to Sundays , they will be offered every other Wed. evening at 6:30pm.



## Exercise Classes

In addition to Live 2B Healthy exercise classes Mon. Wed. Fri, our Tuesday and Thursday classes are now led by Sonja, our Life Enrichment Director All beginning at 10:00 am.

## Welcome!



Please welcome Corissa, our Interim Director of Health Services. She comes to us from Senior Care Solutions. She has been consulting and working in interim assignments for three years. She brings 30 years of nursing experience in Assisted

Living and Long Term Care to this role.

Welcome Corissa!



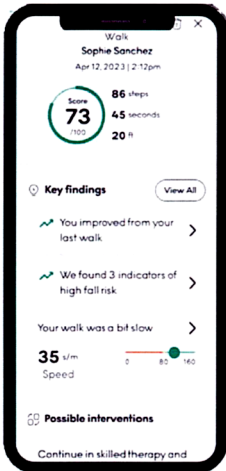
Please welcome Paige, our new chef here at Vernon Terrace!. You may recognize her as she has been working as a server who started a few months ago. Paige's training was in baking and pastries in college. A couple of years ago she

worked as the head baker at Jerry's. Paige is a proud owner of a big dog, a Cane Corso named Bruno.

Welcome Paige!

**ODOM One Step Clinic Open House**  
**Thursday, Feb. 6th**  
**1-4 pm-Exercise Room**

**ODOM REHAB**  
is bringing  
**One Step**  
to YOUR community!



- Identify your mobility and falls risk scores in seconds with motion analysis technology
- Collaborate with a physical therapist to understand your results and learn ways to stay safer
- Track your progress to see how you're improving
- Stay motivated with tips and support to keep moving and feel better



## February Birthdays

2/3 Beverly C. #223

2/3 Betty H. #231

2/3 Ruth S. #601

2/5 Steve F. #602

2/6 Arzelle #502

2/8 Susan N #316

2/11 Nancy L #305

2/18 Lois C. #515

2/22 Eileen M #302

2/27 Rebecca S. #317



## Memorials

Marie Kalin  
Beverly Hutchinson

## Welcome New Residents

Marjorie H. #115  
Marlene & Larry D. #216  
Ron S #411  
Mary K #416

## Welcome New Employees

Ayar-Resident Assistant

## Resident Spotlight



Ann S. has been a resident here for 16 years! She moved in here March 1st, 2009. Prior to moving to Vernon Terrace, she lived on Oaklawn Avenue in Edina for 50 years. Ann grew up in Minneapolis in the Kenwood area. She always says she was homegrown in MN except for five years when she lived in Illinois. That experience she says taught her about learning how to meet new people.

Ann worked as a sub for kindergarten classes in Edina. She also worked in the beginning stages of the afterschool program in Edina schools, Kid's Club. While her kids were growing up, Ann volunteered in the WCA, Minneapolis and Edina Women's Club.

Ann loved to travel. Her favorite trip of all was to visit New Zealand. Her family had had an exchange student from there so they were able to be shown the country by a resident there. Ann says her claim to fame is that on another trip, she served as an engineer on a train going through the Colombia Gorge in Oregon.

Since moving to Vernon Terrace, Ann has been involved in many activities and committees. She served in many capacities over the years including on the outing committee, movie committee and others. Ann is currently in the recycled cards group who make greeting cards out of old ones and likes to attend trivia and group crossword.

## Referrals

Dear Residents,  
Do you have friends who would love living at Vernon Terrace of Edina just as much as you do? Encourage them to move in and you will both earn \$500. After your friend move in and lives here for 2 months, you will both receive a \$500 credit on your rent.

Please let me know if you have a referral!

Thank you,  
Karen Swain  
Outreach & Sales

## Our Grandson Arrives!



On January 20, 2025, we were blessed with the birth of our first grandson, Thomas Ford Vantine. He weighed 5 lbs. 12 oz and was 19 inches long. His first name is after his Grandpa Vantine's brother, who passed away after serving in the Vietnam War. His middle name is because our son-in-law is an auto mechanic and loves Fords. My daughter is recovering and enjoying being a new mom. Family and friends are all thrilled with the new addition to our family, and I couldn't be a prouder grandmother. We are grateful to the Lord for this special gift and that he and mom are healthy! He is a little bundle of joy! Thanks everyone for your well wishes!

Vicki