

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Mountain View Building



1

9:30 Coffee & Donuts (S)AR
 1:00 Hand & Foot (S/C)AR
 1:00 Create n'Chat Club(A)Par
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)Pub

2

8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)TST
 2:00 Low Vision Skip Bo(C)AR
 2:00 Scat Card Game(S/C)AR
 4:00 Cards (S/C)AR

3

9:00 Kings Booster Clinic-L
 9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:45 Blood Pressure Clinic-AR
 10:45 Meditation (C)T
 11:30 Walker Clinic AR
 1:00 Wii Bowling (E)AR
 1:00 Aquacise (E)Pool
 2:30 LCR Dice Game (S/C)AR
 6:30 Mexican Train (S/C) AR

4

9:00 King Soopers & Safeway
 9:30 King Soopers & Safeway
 10:45 Weights (E)AR
 1:00 Ice cream meet and greet
 With EmpowerMe Eric-L
 1:00 Office Hours w/ the ED-PI
 1:00 Bridge (S/C)Pub
 1:00 Scat Card Game(S/C)AR
 3:00 Happy Hour ♪ (M)AR
 6:30 Residents Choice(M)T

5

9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)P
 10:45 Meditation (C)T
 1:00 Aquacise (E)Pool
 1:30 Cash Bingo (S/C)AR
 6:30 Hand & Foot (S/C)AR
 6:30 Pub open for games

6

8:00 Morning Mingle Private
 Marketing Event-
 Activity Room Reserved
 Until 12:30pm
 9:30 Zumba Gold ®(E)T
 10:30 Scat Card Game (S/C)P
 1:00 Better Balance (E)AR
 1:30 Crafty Corner (A)AR
 3:00 Resident Happy Hour(S)P

7

9:00 Aquacise (E)Pool
 9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:00 Village Inn (O)L
 10:30 Scat Card Game (S/C)P
 10:45 Meditation (C)T
 1:00 Skip Bo & LV SB(S/C)AR
 2:00 History of the Louvre-AR
 2:30 Maj Jongg Club(S/C)P
 6:00 Resident Bingo(S/C)AR

8

9:30 Coffee & Donuts (S)AR
 1:00 Hand & Foot (S/C)AR
 1:00 Create n'Chat Club(A)Par
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)Pub

9

Super Bowl
 8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)TST
 2:00 Low Vision Skip Bo(C)AR
 2:00 Scat Card Game(S/C)AR
 4:00 Cards (S/C)AR

10

9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:45 Meditation (C)T
 1:00 Wii Bowling (E)AR
 1:00 Aquacise (E)Pool
 2:00 Bible Study (R)P
 2:30 LCR Dice Game (S/C)AR
 6:30 Mexican Train (S/C) AR

11

9:00 Walmart & Sprouts (O)
 9:30 Walmart & Sprouts (O)L
 10:45 Weights (E)AR
 1:00 What you don't know
 About PT! (P)AR
 1:00 CH Book Mobile Lobby
 1:00 Bridge (S/C)Pub
 1:00 Scat Card Game(S/C)AR
 3:00 Happy Hour ♪ (M)AR
 6:30 Residents Choice(M)T

12

9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)P
 10:45 Meditation (C)T
 1:00 Aquacise (E)Pool
 1:30 Cash Bingo (S/C)AR
 6:30 Hand & Foot (S/C)AR
 6:30 Pub open for games

13

9:30 Zumba Gold ®(E)AR
 10:30 Wii Games (S/C)AR
 10:30 Scat Card Game (S/C)P
 10:45 Blackjack Bunch(S/C)AR
 1:00 Better Balance (E)AR
 1:30 Crafty Corner (A)AR
 3:00 Resident Happy Hour(S)P

14

9:00 RR Aquacise (E)Pool
 9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Scat Card Game (S/C)P
 10:45 Meditation (C)T
 11:00 The Burns Pub (O)L
 1:00 Skip Bo & LV SB(S/C)AR
 2:30 Daniel in Concert (M)AR
 2:30 Maj Jongg Club(S/C)P
 6:00 Resident Bingo(S/C)AR

15

9:30 Coffee & Donuts (S)AR
 1:00 Hand & Foot (S/C)AR
 1:00 Create n'Chat Club(A)Par
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)Pub

16

8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)TST
 2:00 Low Vision Skip Bo(C)AR
 2:00 Scat Card Game(S/C)AR
 4:00 Cards (S/C)AR

17

8:45 VNA Foot Clinic-TSAR
 10:30 Resident Assembly-AR
 Employee
 Appreciation Distribution
 10:30 Blood Pressure Clinic-TS
 1:00 Active Minds presents
 Martin Luther King JR.-AR
 1:00 RR Aquacise (E)Pool
 2:30 LCR Dice Game (S/C)AR
 6:30 Mexican Train (S/C) AR
 Presidents' Day (U.S.)

18

9:00 King Soopers & Safeway
 9:30 King Soopers & Safeway
 10:45 Weights (E)AR
 1:00 Specialty Foot Care-TSS
 1:00 Office Hours w/ the ED-PI
 1:00 Bridge (S/C)Pub
 1:00 Scat Card Game(S/C)AR
 3:00 Happy Hour ♪ (M)AR
 3:00 Touching Lives (R)TSAR
 6:30 Residents Choice(M)T

19

9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)P
 10:45 Meditation (C)T
 1:00 Aquacise (E)Pool
 1:30 Cash Bingo (S/C)AR
 6:30 Hand & Foot (S/C)AR
 6:30 Pub open for games

20

9:30 Zumba Gold ®(E)AR
 10:30 Wii Games (S/C)AR
 10:30 Scat Card Game (S/C)P
 10:45 Blackjack Bunch(S/C)AR
 1:00 Better Balance (E)AR
 1:30 Crafty Corner (A)AR
 2:30 Chef Chat (C)D
 3:00 Resident Happy Hour(S)P

21

9:00 Aquacise (E)Pool
 9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Scat Card Game (S/C)P
 10:45 Meditation (C)T
 11:00 Cheddars (O)L
 1:00 Skip Bo & LV SB(S/C)AR
 2:30 Maj Jongg Club(S/C)P
 6:00 Resident Bingo(S/C)AR

22

9:30 Coffee & Donuts (S)AR
 1:00 Hand & Foot (S/C)AR
 1:00 Create n'Chat Club(A)Par
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)Pub

23

8:30 Catholic Mass (R)CH2
 9:00 Catholic Mass (R)CH3
 10:00 Catholic Mass (R)CH233
 10:30 Eucharist (R)TST
 2:00 Low Vision Skip Bo(C)AR
 2:00 Scat Card Game(S/C)AR
 4:00 Cards (S/C)AR

24

10:30 Town Hall-AR
 1:00 Wii Bowling (E)AR
 1:00 Aquacise (E)Pool
 2:00 Bible Study (R)P
 2:30 LCR Dice Game (S/C)AR
 6:30 Mexican Train (S/C)AR

25

9:00 Target & Dollar Tree
 9:30 Target & Dollar Tree (O)L
 10:45 Weights (E)AR
 1:00 Parkinson's Support-TST
 1:00 Scat Card Game(S/C)AR
 1:00 Bridge (S/C)Pub
 3:00 Happy Hour ♪ (M)AR
 3:00 Touching Lives (R)TSAR
 6:30 Residents Choice(M)T

26

9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)P
 10:45 Meditation (C)T
 1:00 Aquacise (E)Pool
 1:30 Prize Bingo (S/C)AR
 6:30 Hand & Foot (S/C)AR
 6:30 Pub open for games

27

9:00 Family Hearing-Library
 9:30 Zumba Gold ®(E)AR
 10:30 Wii Games (S/C)AR
 10:30 Scat Card Game (S/C)P
 10:45 Blackjack Bunch(S/C)AR
 1:00 Better Balance (E)AR
 1:30 Crafty Corner (A)AR
 3:00 Resident Happy Hour(S)P

28

9:00 Aquacise (E)Pool
 9:30 Seated Cardio (E)AR
 10:00 Chair Yoga (E)AR
 10:30 Scat Card Game (S/C)P
 10:45 Meditation (C)T
 11:00 GQ BBQ (O)L
 1:00 Skip Bo & LV SB(S/C)AR
 2:30 Maj Jongg Club(S/C)P
 6:00 Resident Bingo(S/C)AR
 Ramadan Begins

Key to Programs & Rooms

(S) Social AR- Activity Room
 (O) Outing MV-Mountain View
 (E) Exercise Building
 (A) Art PL-Parlor (Lobby)
 (M) Music DR-Dining Room
 (R) Religious T-Theater(3rd floor)
 (C)Cognitive L-Library
 (L) Lecture LB- Lobby
 (P)Presentation