

JANUARY

RESIDENT BIRTHDAYS

2nd- Nancy K. D.

4th- Ralph J.
5th- Elaine W.

6th- Vera A.

9th- Pat M.

10th- Carolyn G.

11th-Irene G.

-Bob W.

18th- Mary Beth R.

20th-Ray Laub

22nd- David M.

24th- Habib K.

FEBRUARY ASSOCIATE BIRTHDAYS

3rd- Blair McC.

4th- Chase P.

6th- Alia D.

9th- Khadijah L.

11th- Sherell Mc

-Gabriel D.

- Tameka P.

12th- Georgia P.

16th- Vivian A.

18th- Jami R.

19th- Anushka S.

- Wayne R.

23rd- Danny H.

LIVE ENTERTAINMENT

3rd- John Lewis

5th- Brian McCarn

6th- Ethan Uslan

10th- Giovanni

12th-Exotic Encounters

17th- Tom Billotto

18th- Theresa the Vintage Singer

19th- Patrick Hudson

22nd- John Lewis

24th-Jim Ruth

Thursday with Fred on the piano



PROVIDENCE CONNECT

FEBRUARY 2025



WHAT'S HAPPENING THIS MONTH

Happy February!

This month we will wear red on February 7th for Heart Health Day. We will have Monique Newman come and speak to us about how to keep our hearts healthy. The Bloodmobile will be here from 10-3 in the parking lot.

Giovanni will be here on the 10th to sing us some love songs!

We will have Exotic Encounters here on the 12th so we can learn about some new creatures and perhaps hold something fuzzy.

Wear red (or pink) again for Valentine's Day, we will enjoy some happy hour treats and a special dinner on the 14th.

February 17th we will begin our Random Acts of Kindness Week. Our goal is 2,025 acts of kindness in all Waltonwood Communities. Do something kind and record it at the front desk so we can keep a tally. I'll bet we are the kindest community!

On February 28th the bus will head to the Charlotte Museum of History, which saves and shares the Charlotte region's history. It's the site of the oldest surviving house in Mecklenburg County, the Rock House built circa 1774. It is Charlotte's only remaining structure from the Revolutionary war period.

I encourage you all to try one new thing this month. An exercise class, a lecture, an outing, art class, bingo, Jeopardy, puzzles, cooking. Waltonwood has a lot to offer!

OUTING SCHEDULE

Mondays @ 9:30am- Bank/Pharmacy

Mondays @ 10:30am- Grocery Store

Sundays @ 10:30am-Weddington Methodist Church

3rd-2:00pm Walmart

7th – 11:30am Pio Pio Peruvian Chicken

-2:00pm Beall's Clothing store

10th -2:00pm Dollar store/Popshelf

14th- 11:30am- Illio's Crafted Greek Restaurant

- 2:00pm Talbots Clothing Store

17th- 2pm Trader Joe's/Post Office

21st-11:30am The Office Craft Bar and Kitchen

- 2:00pm Walmart

24th- 2:00pm- Rack Room Shoes

28th- 10:30 Charlotte Museum of History

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

COMMUNITY MANAGEMENT

John Ficker
Executive Director

Vicki Shotwell
Business Office Manager

Edgar Castro
Culinary Manager

Ashley Jensen
Independent Living
Manager

Matt Swaney
Marketing Manager

Cara Nirenberg
Marketing Manager

Cathy Hill
Life Enrichment Manager

Isaac Harris
Environmental Services
Manager



ASSOCIATE SPOTLIGHT

Lacey is a server in the Waltonwood Dining Room. She had the pleasure of serving you meals for 7 months. Her favorite food is steak. Lacey wants to go to college to become an Occupational Therapist. One day she would like to travel through Italy. She enjoys working here with her two sisters and her mother. She also enjoys talking with the residents and helping them in any way she possibly can. We are so lucky to have you here at Waltonwood Providence! Congratulations for being chosen Associate of the Month!



TRANSPORTATION INFORMATION

Waltonwood offers transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment 24-48 hours in advance with the time, date & location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30pm, within a 10-mile radius. A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10-mile radius will acquire a \$2.00 charge per mile for every additional mile.

In order to ensure the health and safety of our residents and bus drivers, residents must sanitize their hands before and after boarding the transportation vehicle for their appointment.

Each month we have outings to banks, shopping centers, pharmacies, restaurants, grocery stores, and other places. Please see the calendar for specific dates and times and sign up at the table by the mail boxes.

FEBRUARY HIGHLIGHTS

7th

Heart Health with
Monique Newman

12th

Exotic Encounters

17th

Random Acts of
Kindness week
starts

28th

Charlotte
Museum of
History



JANUARY HIGHLIGHTS

1st

Waltonwood
Book Drive

14th

Joey Santos

17th

Waltonwood to
Dollywood

18th

Brightstar at
Matthews
Playhouse

Wear Red

This month join Waltonwood and the American Heart Association as we celebrate National Wear Red Day on Friday February 7th. Still the #1 killer of women in the US, cardiovascular disease is often an overlooked and underdiagnosed condition for tens of thousands of women. As part of American Heart Month, the special day emphasizes the need for early detection, proper diagnosis and adequate treatment in the fight against cardiovascular disease. Spreading the word on such an important cause can help ensure generations of grandmothers, mother, wives, sisters, aunts and friends can help live long healthy lives free from the effects of cardiovascular disease.

EXECUTIVE DIRECTOR CORNER

Days are getting longer! As I get ready for February to start, I look out at 5:30 and still see the sun. I am not a fan of winter nor the cold and my recent trip to Detroit confirmed that. Also, as I write we are completing the installation of our new dishwasher. Hopefully by the 31st we will have it up and fully operational.

I do want to take a few minutes and ask that you complete our surveys that you will be receiving. They give us a good idea on what we are doing well and as let us know if there are any areas we can improve upon. Please complete as they give us valuable feedback.

Thank you- John