

ROYAL OAK CONNECT

FEBRUARY 2025



A Frosty Winter Day

A frosty veil upon the land, snowflakes dance in a silent band. The world outside, a chilling sight, but hearth's warm glow, a beacon bright.

Within these walls, a haven made, where blankets soft and shadows play. A crackling fire, a gentle hum, a cozy nook, where hearts are numb.

The wind may howl, the trees may sway, but here we're safe, come what may. A steaming mug, a loved one near, winter's cold, but home is here.

With books in hand, and stories told, the evening's chill, a tale unfolds, a quiet peace, a moment caught, in winter's grasp, a love unsought.

So let the snow fall, the frost descend, for within these walls, our hearts will mend. A cozy home, a winter's dream, where love and warmth, forever gleam.

COMMUNITY MANAGEMENT

Taylor Obomsawin
Executive Director

Emily Long
Business Office Manager

Donyel Snead
Life Enrichment Manager

Tonicka Benefield
Resident Care Manager

Charlie Harris
Wellness Coordinator

Gabrielle Maciag
Marketing Manager

Keywana Jones
Move-In Coordinator

Joshua Lampear
Culinary Manager

Tashila Green
Dining Room Supervisor

Sharon Boucher
Dining Room Supervisor

Jorden Swan
Environmental Service
Manager

Nicholle Williams
Housekeeping and Laundry

The Waltonwood Experience

Children's Book Drive



January 17 – March 20

In honor of Dolly Parton's 79th birthday, Waltonwood communities are collecting new children's books!

Please drop off new books for children ages newborn to 12 years

Dolly Parton created the Imagination Library in 1995 as means to provide children with books no matter their family's income. The books collected at Waltonwood will be donated to schools and shelters during Reading Month in March 2025.

For more information on Dolly's Imagination Library visit www.imaginationlibrary.com



Dollywood is not affiliated with Waltonwood, nor has provided Waltonwood with any materials. All events throughout Waltonwood to Dollywood are created and implemented by Waltonwood, with permission to use the Dollywood logo and title. The basis of the events are to celebrate and honor Dolly Parton and are not a representation of the actual Dollywood or Dolly Parton.

Ship or drop off to: 3450 West 13 Mile Rd., Royal Oak, MI 48073 248-549-6400

www.Waltonwood.com



February Birthdays

Residents

- 2/6 Nels L.
- 2/10 Patricia Z.
- 2/19 Jack A.
- 2/27 Sharon S.
- 2/28 Bob A.

Associates

- 2/3 Stephanie B.

Welcome

- Dorothy P.
- Irene K.
- Mark W.
- Eileen Y.
- Peter J.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

In the spotlight this month is Deonna T. or Dee Dee as her friends lovingly refer to her. Deonna has been a caregiver with Waltonwood since 2023. She loves coming to work, "to put smiles on the residents faces daily." Although she works as a caregiver, she has a special talent for doing make-up. Deonna loves Cookies 'n' Cream Hershey's Bars and spending time with her dog Bronxx. Deonna wants to further her education by attending nursing school to land her dream job of working in a hospital as a nurse. Three cheers for one of the hardest working associates around!!!



TRANSPORTATION INFORMATION

The Waltonwood bus is available for reservations to go to medically necessary doctor's appointments & essential errands (grocery store, banks, salons)! Mary Ann is available to take residents to appointments Monday - Friday from 9 am to 3 pm! Please make all bus reservations at the front desk. You can also speak to Mary Ann personally to set up your reservations.

Please see Donyel or Mary Ann for more information



JANUARY HIGHLIGHTS

04

JFK Presentation with Micheal Vollbach

14

Craft Class



16

Baking Class

30

Dolly Parton Look-A-Like Contest



FEBRUARY SPECIAL EVENTS

07

Go Red Day for the American Heart Association; 2:00PM wear red

09

Super Bowl LIX Tailgate Party 2:00 PM

10

Outing – Royal Oak Historical Society 12:25PM

21

Presentation on Quilting 1:30PM



FOREVER FIT- Wear Red

This month join Waltonwood and the American Heart Association as we celebrate National Wear Red Day on Friday February 7th. Still the #1 killer of women in the US, cardiovascular disease is often an overlooked and underdiagnosed condition for tens of thousands of women. As part of American Heart Month, the special day emphasizes the need for early detection, proper diagnosis and adequate treatment in the fight against cardiovascular disease. Spreading the word on such an important cause can help ensure generations of grandmothers, mothers, wives, sisters, aunts and friends can help live long healthy lives free from the effects of cardiovascular disease. **By Chris Grabowski**

Navigating Change: Support for Families and Residents

Waltonwood and Oakland Hospice have teamed up for an exciting new venture. Navigating Change: Support for Families and Residents is a support group designed for families and residents facing changes in health and mobility. This group aims to help individuals cope with feelings of anxiety, loneliness, and the stress that can come with caring for a loved one and the stress of losing independence. This support group will meet every first Thursday, beginning on February 6th from 4:30 – 5:30PM. We are providing a safe space to discuss the challenges of moving into an assisted living community and making many other difficult decisions. Join us as we share resources, encouragement, support, and understanding to help navigate these changes together. Your journey matters, and you are not alone.