

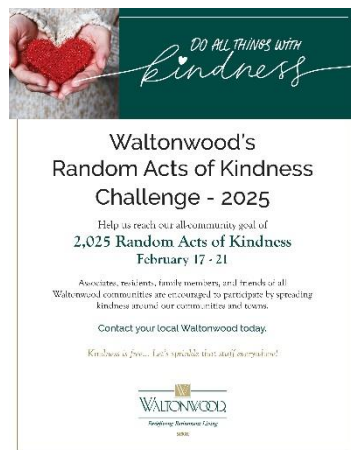


Read Across America Book Drive!

Waltonwood's first ever family paint night, book drive was such a hit we are doing it again!

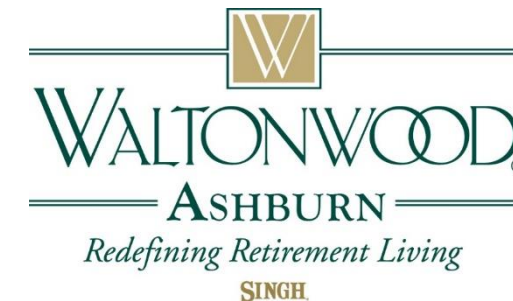
We will hold a second paint night book drive on February 20th. Waltonwood is collecting books for the upcoming Read Across America Program. This year the theme for the Ashburn community will be, Little Golden books biography series. In 2021, Little Golden Books launched its biography series. These short, illustrated books tell famous folks' stories at a child's level. We will be partnering with a local elementary school to donate all books collected. We have an Amazon link, <https://a.co/hS5yHdW> if you would like an easy way to purchase books on our list.

Email with details will be sent 2/4/25. Space is limited, please RSVP by 2/17/25 via email to Assisted Living Life Enrichment Manager; brandy.alexander@singhmail.com



ASHBURN CONNECT - AL

FEBRUARY 2025



44145 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571 918-4854
Facebook: /WaltonwoodAshburn



Fabulous February!

We have new enrichment programming here at Waltonwood for February. This month we travel to China, where we will learn more about the sights, music, culture, and cuisine. With Lunar New Year celebration as a part of our international feature. Valentines here at Waltonwood we will be celebrating friends we love with a Pal-Valentines party. In honor of Black History Month we have special programming and southern inspired diner for all to enjoy. Our family paint night book drive was a huge hit. We will be holding another paint night on 2/20/25, stay tuned for details! February also brings our participation in Kindness week with an all-community goal of 2,025 acts of kindness. No act is too small, lets sprinkle kindness everywhere!

I hope to see you all in the AL neighborhood!



Enjoy this random act of kindness



COMMUNITY MANAGEMENT

Christopher Leinauer
Executive Director

Audrey Wilson
Business Office Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Maintenance Manager

Tracy Philemon
Independent Living Manager

Sharon Prior
Resident Care Manager

Keisha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Jocelyn Jackson
IL Life Enrichment Manager

Brandy Alexander
AL Life Enrichment Manager

FEBRUARY Birthdays

- Toni K. 2/16

MASSAGE

THERAPY

Call 1-304-614-6158 to make appointments or reach out to massages222@outlook.com

SALON

Call 1-800-543-9140 to make appointments or reach out to wwashburn@southernluxe.com



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT – Congratulations to Fiifi Mensah for being selected Employee of the Month! Fiifi was chosen because he goes above and beyond!

Fiifi has worked at Waltonwood since August 2024 in assisted living and memory care. Although he is new to our community, Fiifi has worked in healthcare for 10 years, 2 years working with seniors.



Fiifi has a great relationship and interaction with the residents. He treats the residents the way he would want his mom and dad to be treated. Besides offering a warm towel after a shower to make someone feel good, Fiifi even helped clean out the assisted living storage.

After receiving a Masters in Natural Resources and Environmental Governance from Kwame Nkrumah University of Science and Technology, Fiifi moved to the US. He’s been in Virginia for 3 ½ years.

In his spare time, Fiifi enjoys listening to gospel music, his favorite band is Hillsong; reading the bible and educational literature; playing video games, especially FIFA soccer; and going on nature walks.

January HIGHLIGHTS



TRANSPORTATION INFORMATION

If you would like to book a Mon or Wed medical appointment, please see concierge for a **Transportation Request Form**. Prior notice of 2 business days is needed. Have a suggestion for a great local activity? Please let us know!

Here’s where we’re headed this month! Sign up with Life Enrichment Team Brandy Alexander or Nettie Fields, must RSVP.

- 2/4: Scenic Ride 1:30pm
- 2/11: Lunch, Chinese Restaurant, Chau 11:30pm
- 2/18: Shopping, Harris Teeter 1:30pm
- 2/25: Scavenger Hunt Scenic Ride 1:30pm



AL Family Paint Night Book Drive!

Upcoming SPECIAL DAYS

- 2/4 Outing: Scenic Drive
- 2/5 Art & Crafting w/ Heather
- 2/6 Resident Council & Town Hall
- 2/7 Concert: Ron Howard
- 2/9 Super Bowl Sunday Pre Game Party
- 2/12 Lunar New Year Celebration
- 2/13 Concert: Lee Jones
- 2/14 Palentines Concert
- 2/17 Kindness Week Starts
- 2/18 Outing: Shopping Harris Teeter
- 2/20 AL Family Paint Night (RSVP)
- 2/25 Outing: Scavenger Hunt Scenic Drive



Dollywood Week!
Waltonwood Ashburn Team

FOREVER FIT – National Wear Red Day!

This month join Waltonwood and the American Heart Association as we celebrate National Wear Red Day on Friday, February 7th. Still the #1 killer of women in the US, cardiovascular disease is often an overlooked and underdiagnosed condition for tens of thousands of women. As part of American Heart Month, the special day emphasizes the need for early detection, proper diagnosis and adequate treatment in the fight against cardiovascular disease. Spreading the word on such an important cause can help ensure that generations of grandmothers, mothers, wives, sisters, aunts and friends will live long healthy lives free from the effects of cardiovascular disease.

EXECUTIVE DIRECTOR CORNER – CHRIS LEINAUER

Thank you for completing the resident satisfaction survey last month. Your survey responses are critical to the success of our community. I look forward to celebrating with the team, the success we realize from your feedback. I also look forward to implementing the action planning process in areas identified for improvement. Thank you again for your participation.

