

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2025   						1 9:00 Morning Music & Movement 10:00 PERK/ active recreation 10:30 Snack/Hydration & snowman craft 11:30 walking club 1:00 parachute game 2:00 Hymn Sing W/Phoebe 3:00 Snack/Hydration& alphabet game 4:00 Trivia /Talk Time 6:00 classics rewind 7:00 Snack & Hydration 7:30 Classic Rewinds
2 9:00 Morning Music & Movement 10:00 groundhog festivities & the Perk 10:30 Snack & Hydration/ POETRY CORNER 11:30 walking club 1:00 Ball toss 2:00 men's group 3:00 Snack/Hydration & hymns 4:00 white board word games 6:00 Quiz blitz 7:00 Snack & Hydration 7:30 Creative Coloring & Word Puzzles Groundhog Day	3 9:00 Morning Music & Movement 10:00 perk/active recreation 10:30 Snack & Hydrate/ cupid craft 11:30 walking club 1:00 ladder Ball 2:30 whiteboard word games 3:00 Snack& Hydration/Sewing Club 4:00 pick an Evening Film 6:00 Sing a Long & Creative Coloring 7:00 Snack & Hydration 7:30 Wheel of Fortune	4 9:00 Morning Music & Movement 10:00 PERK/active Recreation 10:30 Sing a Long w/Phoebe &Hydration 11:30 walking club 1:00 Noodle Ball 2:00 hand/nail care 3:00 Snack/Hydration & Music 4:00 Hand and nail care 6:00 Classic Rewind Hour 7:00 Snack/Hydration & Jeopardy 7:30 Wheel of Fortune	5 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydrate/2025 vision boards 11:30 Walking Club 1:00 Bowling 2:00 Sing a Long w/Lisa Jokiel 3:00 Snack/Hydrate & karaoke time 4:00 noodle ball 6:00 Word Games/valentines Trivia 7:00 Snack/Hydration & Jeopardy 7:30 Wheel of Fortune	6 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration/jewelry making 11:30 Walking Club 1:30 Get Fit with Fox Exercise 1:30 Scenic drive w/ Brian 2:00 watercolor mountain paintings / SD 3:00 Snack & Hydration/ Hot Potato Game 3:45 Harp Music with Cindy the Harpist ** 4:00 mind joggers 6:00-Movie Night 7:00 Snack & Hydration & Jeopardy 7:30 Rewinds	7 9:00 Morning Music & Motivation 10:00 PERK/active recreation 10:30 Snack & Hydrate/ coloring 11:00 Seated Zumba w/Joanne 11:30 walking club 1:00 noodle ball 2:00 folding activity 3:00 Snack/Hydration & "What am i?" 4:00 mind joggers 6:00 Creative Coloring 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune	8 9:00 Morning Music & Motivation 10:00 PERK/active rec 10:30 Snack/Hydration + bowling 11:30 walking club 1:30 noodle ball 2:00 Hymn Sing W/Phoebe 3:00 Snack/Hydration& Let's Travel DVD 4:00 Trivia /Talk Time 6:00 basketball toss 7:00 Snack & Hydration 7:30 Classic Rewinds
9 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack/Hydration & hymns 11:30 walking club 1:30 beach ball toss 2:00 men's group 3:00 Snack & Hydration & kickball 4:00 Movie Time 6:00 Sing a Long w/Susie Q 7:00 Snack & Hydration 7:30 Creative Coloring & Word Puzzles	10 9:00 Morning Music & Movement 10:00 perk/active recreation 10:30 Snack & Hydration+ sewing club 11:30 walking club 1:30 ladder Ball 2:30 boardgame time 3:00 Snack& Hydration & balloon baseball 4:00 Movie Time 6:00 Sing a Long & Creative Coloring 7:00 Snack & Hydration 7:30 Wheel of Fortune	11 9:00 Morning Music & Movement 10:00 perk/active recreation 10:30 Sing a Long w/Phoebe &Hydration 11:30 walking club 1:30 Noodle Ball 2:00 Guitar Hits w/ Rinny 3:00 Snack/Hydration & karaoke 4:00 Funnies w/Sarah 6:00 Classic Rewind Hour 7:00 Snack/Hydration & Jeopardy 7:30 Wheel of Fortune	12 9:00 Morning Music & Motivation 10:00 active recreation & the Perk 10:30 Snack & Hydration+ Hymns 11:30 walking club 1:30 bowling 2:00 Let's Reminisce (valentines discussion) 3:00 Snack & Hydration & parachute game 4:00 white board word games 6:00 basketball toss 7:00 Snack/Hydration & Jeopardy 7:30 Wheel of Fortune Tu B'Shevat Begins	13 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration & watercolor art 11:30 Walking Club 1:30 Get fit with Fox Exercise 1:30 scenic drive with Brian 2:00 whiteboard word games / SD 3:00 Snack & Hydration + makeup activity 4:00 kickball 6:00 hand massages 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune	14 9:00 Morning Music & Motivation 10:00 perk/active recreation 10:30 Snack & Hydration & 11:30 walking club 1:30 Valentines Party (love song sing along) 2:00 accordion music with Bill Minnich 3:00 Snack & Hydration & Music 4:00 Color Art with Music** 6:00 Clean /Clip Nails & Hand Massage 7:00 Snack & Hydration 7:30 Wheel of Fortune Valentine's Day	15 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack/Hydration & sorting activity 11:30 walking club 1:30 nailcare+ hand massages 2:00 Hymn Sing W/Phoebe 3:00 Snack/Hydration& noodle ball 4:00 Trivia /Talk Time 6:00 Parachute Fun 7:00 Snack & Hydration 7:30 Classic Rewinds
16 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration & hymns 11:30 walking club 1:00 kickball 2:00 men's group 3:00 Snack & Hydration & bowling 4:00 Movie Time 6:00 Sing a Long Time 7:00 Snack & Hydration & Music	17 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration+ poetry corner 11:30 walking club 1:30 parachute game 2:30 craft time with Sarah 3:00 Snack& Hydration & whiteboard game 4:00 Movie Time 6:00 Sing a Long & Creative Coloring 7:00 Snack & Hydration 7:30 Wheel of Fortun Presidents' Day (U.S.)	18 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Sing a Long w/Phoebe &Hydration 11:30 walking club 1:30 Noodle Ball 2:00 Go Fish Card Game 3:00 Snack/Hydration & mind joggers 4:00 Hand Massages 6:00 Classic Rewind Hour 7:00 Snack/Hydration& Jeopardy 7:30 Wheel of Fortune	19 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration+ finish the face! 11:30 walking club 1:30 Parachute Fun 2:00 Sing a Long w/Lisa Jokiel 3:00 Snack & Hydration& ladder Ball 4:00 whiteboard word games 6:00 Word Games/Trivia 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune	20 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration & scrapbooking 11:30 Walking Club 1:30 Get Fit with Fox Exercise 1:30 Scenic Drive w/ Brian 2:00 jewelry making 3:00 Snack & Hydration & kickball 4:00 whiteboard word games 6:00 Movie Night 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune	21 9:00 morning music and movement 10:00 active recreation & the Perk 10:30 Snack & Hydration+ poetry corner 11:00 Seated Zumba w/Joanne 11:30 Walking Club 1:30 parachute fun 2:00 mind joggers 3:00 Snack/Hydration & Music 4:00 Washer Toss Table Toss Game** 6:00 Word Games & Creative Coloring 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune	22 9:00 Morning Music & Movement 10:00 active rec & the Perk 10:30 Snack/Hydration & penguin craft 11:30 walking club 1:30 parachute game 2:00 Hymn Sing W/Phoebe 3:00 Snack/Hydration& what am i? 4:00 Trivia /Talk Time 6:00 Noodle Ball 7:00 Snack & Hydration 7:30 Classic Rewinds'
23 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack/ Hydration & sticker boards 11:30 walking club 1:30 balloon games 2:00 men's group 3:00 Snack & Hydration & hymns 4:00 Movie Time 6:00 Sing a Long w/ Susie Q 7:00 Snack & Hydration 7:30 Creative Coloring & Word Puzzles	24 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack & Hydration+ sewing club 11:30 walking club 1:30 parachute game 2:00 watercolors with Sarah 3:00 Snack& Hydration & washer toss 4:00 word games whiteboard 6:00 Sing a Long & Creative Coloring 7:00 Snack & Hydration 7:30 Wheel of Fortune	25 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Sing a Long w/Phoebe &Hydration 11:30 walking club 1:00 Noodle Ball 2:00 Scrap Booking Time * 3:00 Snack/Hydration & basketball game 4:00 Funnies w/Sarah 6:00 Classic Rewind Hour 7:00 Snack/Hydration & Jeopardy 7:30 Wheel of Fortune	26 9:00 Morning Music & Movement 10:00 active recreation & the Perk 10:30 Snack/Hydration /hot potato game 11:30 walking club 1:30 Parachute Fun 2:00 sewing club 3:00 Snack/Hydration Time & ladderball 4:00 whiteboard word games 6:00 trivia blitz 7:00 Snack/Hydration & Jeopardy 7:30 Wheel of Fortune	27 9:00 Morning Music & Movement 10:00 active recreation + the Perk 10:30 Snack & Hydration& snow shovel game 11:30 Walking Club 1:30 Get Fit with Fox Exercise 1;30 scenic drive w/ Brian 2:00 Hand Massages 3:00 Snack & Hydration & bowling 4:00 mind joggers 6:00 Movie Night 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune	28 9:00 morning music and movement 10:00 active rec & the Perk 10:30 snack/hydrate+ Craft time 11:30 walking club 1:30 Beach Ball Fun** 2:00 Dice Game 3:00 Snack/Hydration & karaoke 4:00 whiteboard word games** 6:00 Word Games & Creative Coloring 7:00 Snack & Hydration & Jeopardy 7:30 Wheel of Fortune Ramadan Begins	