

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 WELCOME 2025!	2 1-3PM MEXICAN TRAIN	3 1-2PM NATIONAL BIRD DAY- AUDUBON AP	4 SPORTS SATURDAYS 12PM - 4PM COLLEGE FOOTBALL SATURDAYS
5 SPORTS SUNDAYS 1PM - 1-4PM NFL SUNDAY GAMES	6 1PM - 3PM MAH JONGG (EVERY MONDAY)	7 4-5PM WINE & WORDS BOOK CLUB	8 10am National Bagel Day 11-12PM FITNESS CLASS	9 4:30PM TAI CHI WORKSHOP	10 5PM-7PM BINGO	11 12PM - 4PM COLLEGE FOOTBALL SATURDAYS
12 1PM - 4PM NFL SUNDAY GAMES	13 1-3PM Left Right Center	14 11-1PM FINANCIAL HEALTH- LUNCH & LEARN AVOIDING SCAMS	15 11AM-12PM FITNESS CLASS 5-7PM WINE DOWN WEDNESDAY	16 3-5PM VISION BOARD PT 1 FOR 2025	17 6-7PM TRIVIA BY XFINITY	18 9AM - 11AM BEACH CLEAN UP
19 1PM - 4PM NFL SUNDAY GAMES 6PM - 7PM BIKE CLUB	20 4-5 PM CHECKERS	21 3-5PM PING PONG COME PLAY!	22 11AM-12PM FITNESS CLASS	23 9-10:30am Breakfast 3-5PM Vision Board Pt 2	24 10-11am National Hot Chocolate Day!	25 12PM - 4PM COLLEGE FOOTBALL SATURDAYS
26 1PM - 3PM NFL SUNDAY GAMES	27 1-3PM SEQUENCE	28 2-4PM NATIONAL PUZZLE DAY	29 11AM-12PM FITNESS CLASS	30 1-3PM MEXICAN TRAIN	31 4-5PM DECEMBER/JANUARY BIRTHDAY CELEBRATION	

LOVE: PASSION
PROJECTS

LEARN: CLASSES &
ACTIVITIES



LIVE: FITNESS
& HEALTH

INDULGE: FOOD
& DRINKS