



- Social/Celebration/Connection
- Community
- Entertainment
- Cognitive/Sensory/Learning
- Physical Fitness
- Taste Of
- Creativity/Crafts/Culinary
- Spirituality/Mental Health
- Outing

# WASHINGTON COMMONS BY BARCLAY HOUSE | THE TERRACOTTA ARMY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY 2025			NEW YEAR'S DAY 1	2	3	NTL. TRIVIA DA 4
			10:00 Guided Meditation 11:00 Chairside Fitness w/ Monica 1:00 Chairside Fitness w/ Cheries 2:00 Bible Study 2:00 Basic CANASTA 4:00 Wine Down Wednesday 6:00 Poker	10:00 Hobby Lobby 10:00 Cardio Dancing 11:00 Chicken Soup for the Soul 1:00 Barclay Bakers: Cupcake Decorating 2:00 BINGO 3:00 Activity Meeting 6:30 CANASTA	9:00 Morning Stretch 10:00 Kroger & Bank 10:00 Cardio Drumming 11:00 Ted Talk 1:00 Documentary: Ancient China 2:00 Basic CANASTA 6:30 Movie Night: Gone with the Wind	10:00 Yoga 11:00 Positive Psychology 1:00 POKENO 2:00 Prize BINGO 2:00 Dominos 3:00 Name that Tune! 4:00 Happy Hour
5	6	7	8	LAW ENFORCEMENT DAY 9	10	11
9:00 Coffee and Donuts 10:00 Morning Meditation 11:00 Sunday Service 1:00 Book & Tea Club 1:00 UNO 1:30 CANASTA 3:00 Tai Chi 6:00 Movie Night: Tales of Two Cities	10:00 Walmart & Drugstore Chair Pilates 1:00 Chairside Fitness w/ Monica 1:30 Xmas Bonus Committee Meeting 2:00 BINGO 4:00 Spades with Shan 6:00 Live Music: Paul Hughes 6:00 Poker	10:00 Hand Grip Exercise 11:00 Solomon Eicher St. Paul's Outing 1-2 General Store 1:00 Corn Hole 3:00 Basic Line Dance Class 4:00 Coffee Bar 6:30 CANASTA	10:00 Guided Meditation 11:00 Chairside Fitness w/ Monica 1:00 Chairside Fitness w/ Cheries 2:00 Bible Study 2:00 Basic CANASTA 3:30 Karaoke with the team 4:00 Wine Down Wednesday 6:00 Poker	10:00 Cardio Dancing 11:00 Donuts and Coffee with Sherriff's office 1:00 Wii Bowling 2:00 BINGO 3:00 Resident Safety Meeting 6:30 CANASTA	9:00 Morning Stretch 10:00 Kroger & Bank 10:00 Cardio Drumming 11:00 Gratitude Journaling 1:00 Documentary: The Lost Tomb of Alexander the Great 2:00 Basic CANASTA 6:30 Movie Night: Dr. Doolittle	10:00 Yoga 11:00 Positive Psychology 1:00 Blackjack (Free) 2:00 Prize BINGO 2:00 Dominos 3:00 Balloon Volleyball 4:00 Happy Hour
12	13	14	NTL. BAGEL DAY 15	16	17	18
9:00 Coffee and Donuts 10:00 Morning Meditation 11:00 Sunday Service 1:00 Morris Museum of Art Book & Tea Club 1:00 UNO 1:30 CANASTA 3:00 Tai Chi 6:00 Movie Night: Antman and the Wasp	10:00 Walmart & Drugstore Chair Pilates 1:00 Chairside Fitness w/ Monica 2:00 BINGO 4:00 Spades with Shan 6:00 Poker	10:00 Hand Grip Exercise 11:00 Yoga 1-2 General Store 1:00 Corn Hole 2:00 Health Seminar with Legacy 3:00 Basic Line Dance Class 4:00 Root Beer Floats 6:30 CANASTA	10:00 Guided Meditation 10:00 Bagels in the Atrium 11:00 Chairside Fitness w/ Monica 1:00 Chairside Fitness w/ Cheries 2:00 Bible Study 2:00 Basic CANASTA 3:30 Karaoke with the team 4:00 Wine Down Wednesday 6:00 Poker	10:00 Cardio Dancing 11:00 Chinese New Year Horoscopes 1:00 Grapes and Gossip 1:15 Food For Thought 2:00 Self-Guided Art Exhibit Outing 2:00 BINGO 3:30 Jeopardy 6:30 CANASTA	9:00 Morning Stretch 10:00 Kroger & Bank 10:00 Cardio Drumming 1:00 Documentary: Terracotta Army 2:00 Alzheimer's Association Seminar 2:00 Basic CANASTA 6:30 Movie Night: Hello Dolly!	10:00 Yoga 11:00 Positive Psychology 1:00 Ted Talk 2:00 Prize BINGO 2:00 Dominos 3:00 Live Music w/ Mathew Barber
NLT. POPCORN DAY 19	20	21	22	23	NLT. COMPLIMENT DAY 24	25
9:00 Coffee and Donuts 10:00 Morning Meditation 11:00 Sunday Service 1:00 Book & Tea Club 1:30 CANASTA 3:00 Tai Chi 6:00 Movie Night: Avatar	10:00 Walmart & Drugstore Chair Pilates 1:00 Chairside Fitness w/ Monica 2:00 BINGO 4:00 Spades with Shan 6:00 Poker	10:00 Hand Grip Exercise 11:00 Yoga 11:30 Jazz Concert: St. Paul's Outing 1-2 General Store 1:00 Corn Hole 3:00 Basic Line Dance Class 4:00 Ice Cream Social 6:30 CANASTA	10:00 Guided Meditation 11:00 Chairside Fitness w/ Monica 1:00 Chairside Fitness w/ Cheries 2:00 Bible Study 2:00 Basic CANASTA 3:30 Karaoke with the team 4:00 Wine Down Wednesday 6:00 Poker	10:00 Paint Your Own Pottery Art Outing 10:00 Cardio Dancing 11:00 Crossword Puzzles 1:00 Chicken Soup for the Soul 2:00 BINGO 3:00 GM Meeting 6:30 CANASTA	9:00 Morning Stretch 10:00 Kroger & Bank 10:00 Cardio Drumming 11:00 Apple Cider Social 1:00 Documentary: Gordan Ramsey: Uncharted 2:00 Basic CANASTA 6:30 Movie Night: Snow Dogs	10:00 Yoga 11:00 Positive Psychology 1:00 Outdoor Nature Walk 2:00 Prize BINGO 2:00 Dominos 4:00 Happy Hour
26	27	28	CHINESE NEW YEAR 29	30	NLT. HOT COCOA DAY 31	
9:00 Coffee and Donuts 10:00 Morning Meditation 11:00 Sunday Service 1:00 Book & Tea Club 1:30 CANASTA 3:00 Tai Chi 6:00 Movie Night: Dumbo	10:00 Walmart & Drugstore Chair Pilates 1:00 Chairside Fitness w/ Monica 2:00 BINGO 4:00 Spades with Shan 6:00 Poker	10:00 Hand Grip Exercise 11:00 Yoga 12:00 <b>Taste of China</b> 1-2 General Store 1:00 Corn Hole 3:00 Basic Line Dance Class 4:00 Hot Chocolate Bar 6:30 CANASTA	10:00 Guided Meditation 11:00 Chairside Fitness w/ Monica 1:00 Chairside Fitness w/ Cheries 2:00 Bible Study 2:00 Basic CANASTA 3:30 <b>Chinese New Year Social and Karaoke</b> 4:00 Wine Down Wednesday 5:00 Dinner Outing: PF Chang's 6:00 Poker	10:00 Cardio Dancing 11:00 Crosswords & More 1:30 Laurel and Hardy Museum 2:00 BINGO 3:30 Chinese Calligraphy 6:30 CANASTA	9:00 Morning Stretch 10:00 Kroger & Bank 10:00 Cardio Drumming 11:00 Hot Cocoa Bar 1:00 Documentary: The Stanford Prison Experiment 2:00 Basic CANASTA 6:30 Movie Night: Herbie	

### FAMILY EVENTS

- 1<sup>st</sup> - New Year's Day Social
- 28<sup>th</sup> - Taste of China
- 29<sup>th</sup> - Chinese New Year Social

### SPECIAL GUESTS

- 1<sup>st</sup>, 6<sup>th</sup>, 8<sup>th</sup>, 13<sup>th</sup>, 15<sup>th</sup>, 20<sup>th</sup>, 22<sup>nd</sup>, 27<sup>th</sup>, 29<sup>th</sup> - Chairside Fitness w/ Monica
- 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> - Chairside Fitness w/ Cheries
- 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> - Spades w/ Shan
- 14<sup>th</sup> - Health Seminar with Legacy
- 18<sup>th</sup> - Matthew Barber

### OUTINGS

- 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> - Walmart & Drugstore
- 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> - Kroger & Bank
- 2<sup>nd</sup> - Hobby Lobby
- 6<sup>th</sup> - Soloman Eicher St. Paul's Outing
- 12<sup>th</sup> - Morris Museum of Art
- 16<sup>th</sup> - Self-Guided Art Exhibit
- 21<sup>st</sup> - Jazz Concert: St. Paul's
- 23<sup>rd</sup> - Paint Your Own Pottery Art Studio
- 29<sup>th</sup> - Dinner Outing: PF Chang's
- 30<sup>th</sup> - Laurel & Hardy Museum

### BIRTHDAYS

- 2<sup>nd</sup> - Ed B
- 5<sup>th</sup> - Oudone
- 14<sup>th</sup> - Carol B
- 18<sup>th</sup> - Ann Keys
- 20<sup>th</sup> - Betty M
- 25<sup>th</sup> - Judy L