

Bringing independence to living and quality to life

Regency on Whidbey Celebrates the Holidays

December was a busy month at Regency on Whidbey! With Thanksgiving late this year, Christmas decorating began the very next day in an effort to get everything in place for the holidays. Assisted Living Residents decorated their tree in the Activity Room while listening to carols performed by Beverly Sheridan on the flute. By December 6th trees were up and decorated and by the 9th the outside areas were aglow with Christmas lights.

During the holiday season many groups came to perform and visit with the Residents, including the All Island Band, various church groups and individual performers. Residents also had the opportunity to go on several special holiday outings. Once again the Christmas Light Drives were very popular, with three drives scheduled in Assisted Living and one for Memory Care.

With all of this and our normal daily activities, everyone will be ready for a long winter's nap!

January
2025



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawnna Hodges
MC Life Enrichment Director

Annette Krugel
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Residents

- **James Miller—1/4**
- **Patricia Larsen—1/5**
- **Mia Wallgren—1/6**
- **Jim Kane—1/7**
- **Marcela Vorel—1/8**
- **Rita Clay—1/12**
- **Brad Baeth —1/16**
- **Bruce McMullen—1/18**
- **Georgia Barkhausen—1/19**
- **Kenneth Cave—1/19**
- **Harriet Faber—1/20**



After Hour Calls

**It is best to call during
normal business hours,
8:30am—5:00pm**

**While we apologize for any
inconvenience, after 5
o'clock Staff are working
to care for your loved one,
and are not always able to
take calls.**



**Are available on
Tuesdays and Thursdays
by appointment ONLY
11:00am—3:00pm**

Parking Reminder



**The Front Memory Care
parking area should only be
used by those visiting
Memory Care.**

**Assisted Living visitors
should utilize the parking
beside and behind the
Assisted Living Building.**

**Daytime Staff should use
the lot behind
Memory Care and the
Assisted Living parking
(only from the dumpster back)**

**Street parking is also
available, however, please
adhere to the applicable
signage for each area.**

**Thank you for your
cooperation!!!**



Door Hours

**Regency on Whidbey's
Front door is
unlocked from
8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

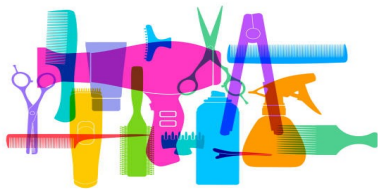
Thank you!!





Staff

- Carlo Gailo—1/3
- Berta Peterson—1/4
- James Bright—1/4
- Charmaine Duque—1/4
- Jeremy Lujan—1/5
- Mary Jane Cordova—1/5
- Connor Jakob—1/7
- Beth Moreno—1/8
- Anelyn Ronquillo—1/10
- Brianna Matsumura—1/11
- Lenie Allbritton—1/17
- Virginia Barajas-Flores—1/19
- Joni Smiglewski—1/22
- Jeff Lujan—1/25
- Amanda Nash—1/25
- Dontae Harper—1/26
- Lanida Brophy—1/28
- Ron Brutton—1/29
- Wendy Hamman—1/30



Regency's Beauty Salons

We are pleased to announce
a new beautician for the
Regency Salons.

Jennifer Stinson will offer
services on Thursdays
beginning January 9th

Memory Care 9:00-1:00
Assisted Living 1:00-5:00

Schedule an appointment
by calling...

564-209-8212



*Thank you to all the
Residents and their
Families, who so
generously gave to our
Employee Holiday Fund.*

*Thanks to your generosity
every employee at our
facility received a
well-deserved
Christmas gift.*

*Thank you for
brightening our holidays!!!*



Traveling the Dementia Journey Together

**Regency on Whidbey
invites you to join our
Memory Care
Support Group**

**The 2nd Thursday of
the Month**

2:00pm—3:30pm

**Regency Assisted
Living Building
3rd Floor Day Room**

RESPECT

Show it, give it, grow it, live it!

Congratulations November RESPECT Winner— Rolyn De Guzman

Rolyn was born and raised in the Philippines. After graduation from college, she worked as a mid-wife at a hospital in Manila for about six years. She came to Oak Harbor in 2001 after meeting her husband through family friends. The two were married here and have raised two daughters.

When she first came to Oak Harbor, Rolyn took a position at Summer Hill. In 2008 Rolyn took a year off to go back to school, completing the LPN program at the Oak Harbor campus of Skagit College. When she returned to work, she was hired at Home Place, where Kathleen Pendleton was her boss.

After nearly 14 years, Rolyn came full-circle. She joined the Regency on Whidbey team in May of 2023 and, once again, Kathleen is her boss. Rolyn is described by her co-workers and peers as helpful and calm, two traits that serve her well in Memory Care. Her supervisor said, "she is an extremely devoted nurse, who gives exceptional compassionate care."

When asked about her job, Rolyn stated that it takes "a lot of patience and understanding. You have to love what you do."

It is clear that Rolyn "loves" what she does, and that is why she was selected as our November Employee of the Month.

Thank you, Rolyn, for all you do!
Congratulations!!!



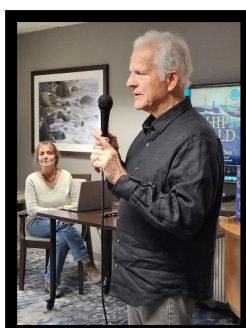
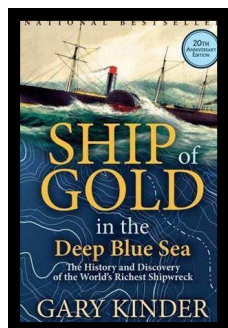
Our Very Own Thanksgiving Parade

A Home-school Group from the island visited us the Monday before Thanksgiving. They had done a unit on Thanksgiving and inspired by the Macy's Thanksgiving Day Parade, decided to build their own floats. The Residents in Assisted Living were the lucky ones who got to enjoy their efforts in a mini-parade. Afterwards, Residents learned interesting facts and trivia about the Macy's Parade.

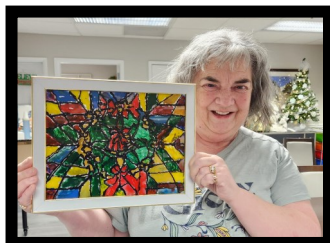


Ship of Gold in the Deep Blue Sea

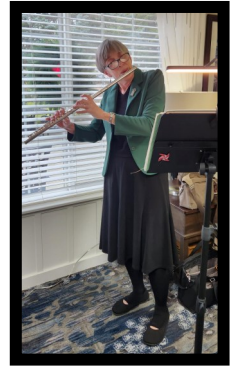
In November Assisted Living Residents watched the documentary *Cursed Gold*, based on the book *Ship of Gold in the Deep Blue Sea*, which tells the true story of the Central America shipwreck and its discovery in the 1980s. The book was written by Gary Kinder who happens to have a relative at Regency on Whidbey, so on November 26th Gary visited and spoke about the filming of the documentary.



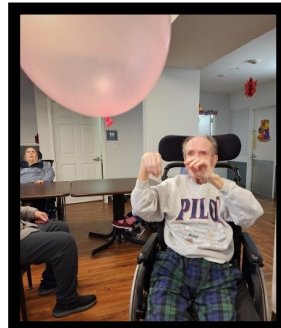
Arts & Crafts



More Holiday Fun



Memory Care Moments





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1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

