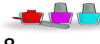
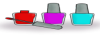






# 2025 January

Find us on 



RANDALL RESIDENCE of Governor's Village  
Liberty Suites

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1. Happy New Year 2025</b> 9:30 Active Aging- Music Exercise <b>10:30 Catholic Communion</b> <b>11:00 Rosary w/KK]</b> 1:00 Afternoon Meditation Relax & Refresh Time <b>2:30 Resident Council-AR</b> 3:30 Art Therapy: 5:30 Chair Kickball	<b>2.</b> <b>9:00 Sitting exercise with PT-Caren Randall Residence Homecare</b> 10:00 Junk Drawer Detective 1:00 Afternoon Meditation Relax & Refresh Time 1:30 Easy Does it Trivia-CY <b>2:30 Afternoon Social</b> <b>3:30 Creative Engagement– Brain Games word puzzles</b> 5:30 Music & Adult coloring	<b>3. Movie Club Fun</b> <b>9:45 Exercise</b> 10:30 Christmas Sing Along 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Movie Club Fun  3:30 Manicures 5:30 Evening Meditation & Stretch	<b>4.</b> 9:00 Exercise 10:00 Spelling Bee Flash Cards 1:00 Relax & Refresh Time 5:30 Music & Art therapy Adult Coloring
<b>5.</b> 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music, Aroma Therapy & Hand Massage	<b>6.</b> <b>10:00 Yoga with Tim H. –ATR</b> <b>11:00 Coffee &amp; islands of Hawaii</b> 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 Music Therapy & Manicures <b>3:30 Creative Engagement – Afternoon Mini work outs</b> 5:30 Evening Walks	<b>7.</b> <b>9:00 Advanced Healthcare PT – Active Aging Exercise Class</b> <b>10:00 Pastor Dale - CH</b> 10:45 Coffee & Morning Chit Chat 1:00 Afternoon Meditation- Relax & Refresh Time <b>2:30 Making Snacks– Hawaiian French toast-MDR</b> 3:30 Reminisce Corner 5:30 Word Puzzles	<b>8.</b> 9:30 Active Aging - Music Exercise <b>10:00 Catholic Communion</b> <b>11:00 Rosary w/KK</b> 1:00 Afternoon Meditation Relax & Refresh Time <b>2:00 Advanced Homecare– Cookie decorating</b> 3:30 Art Therapy: Hawaiian Lays 5:30 Guess That object	<b>9.</b> <b>9:00 Sitting exercise with PT-Caren Randall Residence Homecare</b> <b>10:00 Pastor Julia-ATR</b> 1:00 Afternoon Meditation Relax & Refresh Time <b>2:00 Advanced Homecare &amp; Home Instead Resident Auction</b> <b>3:30 Creative Engagement-AC</b> 5:30 Sing Along	<b>10. Movie Club Fun</b> 9:45 Sittercise 10:30 Coffee & Puzzle Fun 1:00 Afternoon Meditation Relax & Refresh Time <b>2:45 Movie Club Fun</b>  3:30 Manicures 5:30 Music & Adult Coloring	<b>11.</b> 9:00 Exercise 10:00 Spelling Bee Flash Cards 1:00 Relax & Refresh Time 5:30 Music & Art therapy Adult Coloring 
<b>12.</b> 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music Aroma Therapy & Hand Massage	<b>13.</b> <b>10:00 Yoga with Tim H. –ATR</b> <b>11:00 Coffee &amp; Folklore of Hawaii</b> 1:00 Afternoon Meditation- Relax & Refresh Time <b>2:30 Pet therapy– Monica &amp; Demian</b> <b>3:30 Creative Engagement– Reading Short Stories</b> 5:30 Guess the object Game	<b>14.</b> 9:30 Active Aging Exercise <b>10:00 Pastor Dale - CH</b> 10:00 Coffee & Morning Chit Chat 1:00 Afternoon Meditation Relax & Refresh Time <b>2:30 Making Snacks</b> 3:30 Cider and Trivia 5:30 Evening Stretch	<b>15.</b> 9:30 Active Aging- Music Exercise <b>10:30 Catholic Communion</b> <b>11:00 Rosary w/KK</b> 1:00 Afternoon Meditation Relax & Refresh Time <b>2:30 Sweet taste of Hawaii Social</b> 5:30 Chair Kickball	<b>16.</b> <b>9:00 Sitting exercise with PT-Caren Randall Residence Homecare</b> <b>10:00 Coffee &amp; Hawaiian Music</b> 1:00 Afternoon Meditation Relax & Refresh Time 1:30 Mystery Bag 2:30 Afternoon Social <b>3:30 Creative Engagement– Easy does it Mad Lips</b> 5:30 Mystery Bag Game	<b>17. Movie Club Fun</b> 9:45 LIS Students Visits 10:30 Christmas Sing Along 1:00 Afternoon Meditation Relax & Refresh Time <b>2:00 Catholic Mass St. Francis's</b> 2:45 Movie Club Fun  3:30 Manicure 5:30 Evening Mediation & Stretch	<b>18.</b> 9:00 Exercise 10:00 Spelling Bee Flash Cards 1:00 Relax & Refresh Time 5:30 Music & Art therapy Adult Coloring
<b>19.</b> 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music, Aroma Therapy & Hand Massage	<b>20. Martin Luther King Jr</b> <b>10:00 Yoga with Tim H. –ATR</b> <b>11:00 Coffee &amp; popular food of In Hawaii</b> 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 Music Therapy & Manicures <b>3:30 Creative Engagement– Easy Does it Trivia– I have a Dream speech</b> 5:30 Balloon volleyball	<b>21.</b> <b>9:00 Advanced Healthcare PT – Active Aging Exercise Class</b> <b>10:00 Pastor Dale - CH</b> 10:45 Coffee & Morning Chit Chat 1:00 Afternoon Meditation- Relax & Refresh Time <b>2:30 Making Snack</b> 3:00 Hot potato 5:30 Word Puzzles	<b>22.</b> 9:30 Active Aging- Music Exercise <b>10:30 Catholic Communion</b> <b>11:00 Rosary w/KK</b> 1:00 Afternoon Meditation Relax & Refresh Time <b>2:30 Monthly Luau Birthday Party–ATR</b> 3:30 Art Therapy—Chinese New Decorations 5:30 Picture ID	<b>23.</b> <b>9:00 Sitting exercise with PT-Caren Randall Residence Homecare</b> <b>10:00 Pastor Julia-AR</b> 1:00 Afternoon Meditation Relax & Refresh Time 1:30 Easy Does it Trivia-CY 2:30 Afternoon Social <b>3:30 Creative Engagement– Flash Card Wars</b> 5:30 Sing Along	<b>24. Movie Club Fun</b> 9:45 Sittercise 10:30 Coffee & Puzzle Time 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Movie Club Fun  3:30 Manicures 5:30 Music & Adult Coloring	<b>25.</b> 9:00 Exercise 10:00 Coffee & Match Game 1:00 Relax & Refresh Time 5:30 Music & Art therapy Adult Coloring
<b>26.</b> 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music, Aroma Therapy & Hand Massage	<b>27.</b> <b>10:00 Yoga with Tim H. –ATR</b> <b>11:00 Coffee &amp; Disney Movies About Hawaii</b> 1:00 Afternoon Meditation- Relax & Refresh Time <b>2:30 Pet therapy– Monica &amp; Demian</b> <b>3:30 Creative Engagement– Afternoon Mini work outs</b> 5:30 Evening Walks	<b>28.</b> 9:30 Active Aging Exercise <b>10:00 Pastor Dale - CH</b> 10:45 Coffee & Morning Chit Chat 1:00 Afternoon Meditation- Relax & Refresh Time <b>2:30 Making snacks– Hawaiian Pizza-MDR</b> 3:00 Hot potato 5:30 Picture ID	<b>29. Chinese New Year Year of the Wood Snake</b> 9:30 Active Aging- Music Exercise <b>10:30 Catholic Communion</b> <b>11:00 Rosary w/KK</b> 1:00 Afternoon Meditation Relax & Refresh Time <b>2:30 Monthly Chinese New year House warming Party-ATR</b> 3:30 Art Therapy: 5:30 Picture ID	<b>30.</b> <b>9:00 Sitting exercise with PT-Caren Randall Residence Homecare</b> <b>10:00 Coffee &amp; Hawaiian Music</b> 1:00 Afternoon Meditation Relax & Refresh Time 1:30 Mystery Bag 2:30 Afternoon Social <b>3:30 Creative Engagement– Easy does it Mad Lips</b> 5:30 Mystery Bag Game	<b>31. Movie Club Fun</b> 9:45 Sittercise 10:30 Coffee & Puzzle Fun 1:00 Afternoon Meditation Relax & Refresh Time 2:45 Movie Club Fun  3:30 Manicures 5:30 Music & Adult Coloring	This Year We Are Virtually island Hopping. Come travel and hop from island to island with us, as we emerge ourselves in different Cultures, Religions, Food, Folk-Stories, Art, Music, Politics and More.