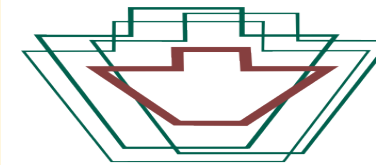


INDEPENDENT LIVING JANUARY 2025



Keystone Commons

A Life Fulfilling Retirement Community

shutterstock.com · 1686573709

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p>  <p>GOLD RUSH!</p>	<p>Monthly Birthdays Jan 2nd - Debbie Walsh Jan 13th - Sophie Gazda Jan 16th - Shirley Nichols Jan 18th - Josephine Carter Jan 21st - Ray Provost Jan 22nd - Pat Young Jan 27th - George Demers Jan 31st - Louise Sedelow</p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p>1 New Years Day</p>  <p>Happy New Year</p>	<p>2 9:30-12 Activity Appreciation Brunch Activity Staff will be out of the building 1pm- Jeopardy for Amateurs-3A 2pm- Mike and Dan Performs-3A 3pm- Popcorn Club- Theater 3pm- Help Your Neighbor-3A 6:45- Golf-BR 6:45- Canasta-Pub</p>	<p>3 Festival of Sleep Day Wear your PJ's All Day 9:30- Pancake Coffee Chat-3A 10:30-Adaptive Boxing-3A 12:30- Rosary-3A 1pm- Wii Bowling for newbies-Theater 1pm- Painting Class-3A 2pm- Pokeno-3A 3pm- Drumming Class-3A 4pm- Happy Hour-Pub Breakfast for Dinner</p>	<p>4 9:30- Coffee Chat-2A 10:30- Caden Performs Piano-1st Floor Piano Room 1pm- Wii Bowling Theater 2pm- Honky Tonk Piano Man-3A 3pm- Easy Craft w/ Imani</p>
<p>5 Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p>6 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:45- Mystery Card Game-Billiards 1pm Scrabble- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling Theater 6:45- Quarter Bingo with Harriet-Pub</p>	<p>7 Taking Down the Hallways 🤪 9:30- Topic Talks-3A We'll give you the topic and you do the talking 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Lynn-3A 1pm- Wii Bowling- Theater 2pm- Tin Can Alley Shooting game-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</p>	<p>8 9:30- Hubbard Coffee Chat and Manicures-3A 10:00- Documentary- Klondike Gold Rush-Theater 11:30- Lunch Outing to Fire on the Mountain- Suffield, CT 12:30- Rosary-3A 1pm-Exercise w/ Alliyah OT-3A 2pm- Wii Bowling- Theater 3pm- Ladder Bingo-3A 6:45- Rummikub-Billiard</p>	<p>9 9:30- Around the World Breakfast Club- 3A- Taste of History 10:30- Adaptive Boxing-3A 12:30- Jeopardy Competition against Pathfinder Students-3A 3pm- Popcorn Club- Theater 3pm- Trash-Pub 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p>10 9:30- Coffee and Brain Games-3A 10:30- Poker- BR Dollar Buy-in 12:30- Rosary-3^a 1pm- Wii Bowling for newbies-T 1pm- Food Meeting-Pub 2pm- Pokeno-3A 3:30- Drumming Class-3A 4pm- Happy Hour Cocktail Gold Rush-Pub 6:45- Crazy 8's- Billiards</p>	<p>11 9:30- Coffee Chat-2A 10:30- Wii Bowling- Theater 1pm- Dime Bingo-3A 2pm- Sandy Robinson Performs-3A 3:15pm- Newsletter Committee Meets- pub</p>
<p>12 Mass at St Elizabeth's 2pm- Rummikub- Billiards Day of Rest and Face Timing with Families</p>	<p>13 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Wild West Rummy- Billiards 12:30- Rosary-3A 1pm- Writing for Fun Just Cuz-Pub 1pm- Scrabble- Billiards Room 2pm- Corn Hole-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Denise-3A</p>	<p>14 10:00- Blood Pressure Clinic- Pub 10:30- Meditation w/ Amy and Lynn 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Wii Bowling- Theater 2pm- Snow globe Winter Collaborative Project-3A 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater 4:30pm- Spaghetti Supper</p>	<p>15 9:30- Hubbard Coffee Chat 10:30- Strength Training 12:30- Rosary-3A 1pm- Exercise w/ Alliyah OT-3A 2pm- Wii Bowling- Theater 3pm- Gold Rush Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>16 9:30- Coffee and Chronicles-3A 10:30-Dominos- Billiards 11:30- Monthly Birthday Lunch-P 1pm- Jeopardy for Amateurs-3A 2pm- Sarah the Fiddler Performs 3pm- Popcorn Club- Theater 3pm- Help Your Neighbor-3A 6:45- Golf-BR 6:45- Canasta-Pub</p>	<p>17 9:30- Coffee and Concentration Puzzles-3A 10:30-Poker- BR Dollar buy-in 12:30- Rosary-3A 1pm- Making Button Boots Project-(AT)-3A- sign up 3A 1pm- Wii Bowling for newbies-T 2pm Gold Diggers Racing-3A 4pm- Happy Hour- Pub 6:45- Nachos Loco- Billiards</p>	<p>18 9:30-Coffee Chat-2A 10:30- Wii Bowling-Theater 1pm- Bingo for Prizes-3A 2pm- Popcorn Club- Theater 3pm- Easy Craft w/ Imani</p>
<p>19 Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p>20 Martin Luther King Day 9:30- Shopping to Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game- Billiards 12:30- Rosary-3A 2pm- Searching for Gold Scavenger Hunt-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Judy and Laurie-Pub</p>	<p>21 Massage Therapist 1-4 9:30- Topic Talks-3A We'll give you the topic and you do the talking 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club- Gold Fever Chicken Sandwich-3A 1pm- Wii Bowling- Theater 2pm-Line Dancing-2A 3:15- Blackjack- Dollar Buy-in 6:45- Popcorn Club- Theater</p>	<p>22 9:30- Hubbard Coffee Chat 10:30- Meditation w/ Rob-3A 11:15- Making Lunch for the Ronald McDonald House Outing 12:30- Rosary-3A 1pm- Exercise w/ Alliyah OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>23 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm- Painting Giddy Up Shelf Sitters -3A- Sign up Sign up in 3A 2pm- Utah Scone Social-Pub 3:30 pm- Caretenders presents-Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p>24 9:30- Coffee and Concentration Puzzles-3A 10:30-Poker- BR Dollar buy-in 12:30- Rosary-3A 1pm- Painting Class-3A 1pm- Wii Bowling for newbies-T 2pm- Pokeno-3A 4pm- Happy Hour-Pub 6:45- Crazy 8's- Billiards</p>	<p>25 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling - Theater 2pm- Larry Batter Performs 3:15pm- Newsletter Committee Meets-Pub *Newsletter Submissions Due</p>
<p>26 Mass at St Elizabeth's 2pm- Rummikub-Pub Day of Rest and Face Timing with Families</p>	<p>27 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 12pm- Van Gogh Experience Worcester Outing- Eat before we go 1pm- Writing for Fun Just Cuz-Pub 3:15- Wii Bowling- Theater 6:45- Quarter Bingo with Judy and Laurie-Pub</p>	<p>28 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Amy and Lynn 1pm- Wii Bowling- Theater 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Willie Nininger Performs-3A 3:15- Blackjack- Dollar Buy-in-Pub 6:45- Popcorn Club- Theater</p>	<p>29 Chinese New Year 9:30- Hubbard Coffee Chat 10:30- Jinxed Dice Game-BR 12pm- Chinese Take-Out- Pub 12:30- Rosary-3A 1pm- Exercise w/ Alliyah OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 4pm- Wine Down Wednesday 6:45- Rummikub-Billiards</p>	<p>30 9:30- Coffee and Chronicles-3A 10:30-Men's Pool Noodle Hockey 1pm- Jeopardy for Amateurs-3A 2pm- Richie Mitnik Performs-3A 3pm- Popcorn Club- Theater 3pm- Trash-3A 6:45- Golf-BR 6:45- Canasta-Pub</p>	<p>31 9:30- Coffee and Concentration Puzzles-3A 10:30-Wild West PhotoShoot-Billiards Room 12:30- Rosary-3A 1pm- Wii Bowling for newbies-T 3pm- Happy Hour with Piano Man Steven-3A 5:15- Gold Rush BBQ Themed Dinner</p>	 <p>GOLD</p>