

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oral Cueing Daily Devotions Van Rides Mon Thru Friday Activities 30-60 Minutes Each Calendar Subject to Change	HERITAGE GREEN DAYBREAK January 2025				Happy Birthday James Norwood 1/7 Patricia Nowlin 1/26	
		1 New Years Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Bingo 2:00 Making Sandwiches 3:00 Bowling 6:30 Little House	2 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Music W/ Cardwell 11:00 Morning Workout 1:00 Scrabble 2:00 Family Feud 3:00 Pampered Hands 6:30 Leave It To Beaver	3 Residents Birthday Party 9:30 Daily Chronicle/ Devotions 10:00 Chair Yoga W/Maureen 10:30Finish The Phrase 11:00 Sit & Fit 1:00 Ring Toss 2:00 Birthday Party 3:00 Puzzle Time 6:30 Lawrence Welk Show 	4 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie	
5 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	6 Wheel Of Fortune Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Train Your Brain 11:00 Bodies In Motion 1:00 Wheel Of Fortune 2:00 Making Sandwiches 3:00 Chair Soccer 6:00 Music W/ Sweet Teaz	7 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Cranium Crunches 2:00 Bocce Ball 3:00 Pampered Hands 6:30 Family Feud 	8 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Bingo 2:00 Making Sandwiches 3:00 Connect Four 6:30 Little House	9 Lunch Outing 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Morning Workout 11:30 Olive Garden 1:00 Scrabble 2:00 Making Cookies & Trivia 3:00 Pampered Hands 6:30 Leave It To Beaver 	10 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Finish The Phrase 11:00 Sit & Fit 1:00 Family Feud 2:00 Making Sandwiches 3:00 Puzzle Time 6:30 Lawrence Welk Show	11 10:00 Daily Chronicle 10:30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Music W/ Joshlyn 4:00 Hallmark Movie
12 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Church w/Rev. Dorsey 4:00 Hallmark Movie	13 First Frisbee Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Train Your Brain 11:00 Bodies In Motion 1:00 Frisbee 1:45 Music W/Marc Baskind 3:00 Chair Soccer 6:30 The Walton's	14 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Popcorn Social 1:45 Music W/ Keith Campbell 3:00 Pampered Hands 6:30 Family Feud 	15 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Bingo 1:45 Music W/ Lew Taylor 3:00 Believeable or Batty Game 6:30 Little House 	16 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Folding Napkins 11:00 Morning Workout 1:00 Scrabble 2:00 Basket Ball 3:00 Pampered Hands 6:30 Leave It To Beaver	17 Snow Flake Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Finish The Phrase 11:00 Sit & Fit 1:00 Snow Flake Craft 2:00 Making Sandwiches 3:00 Puzzle Time 6:30 Lawrence Welk Show	18 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
19 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	20 Martin Luther King Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Train Your Brain 11:00 Bodies In Motion 1:00 Martin Luther King Trivia 2:00 Making Sandwiches 3:00 Chair Soccer 6:30 The Walton's	21 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Tic Tac Toe 2:00 Karaoke W/ Mark 3:00 Movie & Mocktails 6:30 Family Feud	22 Blonde Brownie Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 How Many Famous Blondes 2:00 Hot Cocoa & Brownies 3:00 Giant Dominoes 6:30 Little House 	23 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Folding Napkins 11:00 Senior Saints 1:00 Scrabble 2:00 Popcorn & Movie 3:00 Pampered Hands 6:30 Leave It To Beaver	24 9:30 Daily Chronicle/ Devotions 10:00 Senior Life Music Ministry 10:30 Finish The Phrase 11:00 Sit & Fit 1:00 Sip & Paint 2:00 Making Sandwiches 3:00 Puzzle Time 6:30 Lawrence Welk Show 	25 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
26 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Church w/Rev. Dorsey 4:00 Hallmark Movie	27 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Train Your Brain 11:00 Bodies In Motion 1:00 Cranium Crunches 2:00 Making Sandwiches 3:00 Chair Soccer 6:30 The Walton's 	28 Tea And Trivia Tuesday 9:30 Daily Chronicle/Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Snow Ball Fight 2:00 Tea And Trivia 3:00 Pampered Hands 6:30 Family Feud	29 9:30 Daily Chronicle/Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Bingo 2:00 Making Sandwiches 3:00 Bocce Ball 6:30 Family Feud 	30 Hi-Yo Silver Away Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Folding Napkins 11:00 Bodies In Motion 1:00 Scrabble 2:00 Lone Ranger Fun Facts 3:00 Pampered Hands 6:30 The Walton's	31 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Finish The Phrase 11:00 Sit & Fit 1:00 Sorry 2:00 Making Sandwiches 3:00 Puzzle Time 6:30 Lawrence Welk Show	



Heritage Green Leadership Team

Kimberly Logan ALFA, LPN, CDP
Assisted Living Administrator

Zakiyah Pannell LPN
Care Director

Resident Camika Vereen LPN
Wellness Nurse

Misty Barrett
Coco Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Resident Life Director

Graham Wilson
Dining Services Director

Josh Peters
Environmental Services Director



Community Outings

DayBreak



Today is
a perfect day
to just be
happy.

purehappy.com

January Birthdays

James Norwood 1/7

Patricia Nowlin 1/26

Heritage Green Assisted Living • 201 Lillian Lane •
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Family Participation Is Encouraged With All Activities:
Please Contact Activities Department @ 434-477-5829