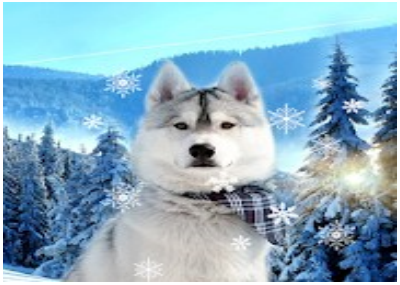


Sun	Mon	Tue	Wed	Thu	Fri	Sat
HERITAGE GREEN ASSISTED LIVING JANUARY 2025					Happy Birthday Russell Rickert 1/6 Robert Beaty 1/7 Gloria Bennett 1/10 Kathleen Farthing 1/16 Dietrich Schmettow 1/30	
Bingo-In The Bistro Games-Main Dining Country Store-Main Dining All Activities30-60 Minutes Calendar Subject to Change			1New Years Day 10:30 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Bocce Ball 3:00 Jeopardy 	2 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Pampered Hands 3:00 Bingo	3Residents Birthday Party 10:30 Chair Yoga W/ Maureen 11:00 Daily Chronicles 1:00 Movin & Groovin W/ Fox 2:00 Birthday Party 3:00 Giant Dominoes 	4 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Hydration Cart CP 2:00 Bingo 3:00 Movie Hour
5 10:00 Daily Chronicles 11:00 Meet For Church 1:00 Bingo 2:00 Church W/Rev Sanchez 3:00 Puzzles 	6National Thank God It's Monday 10:30Movin & Groovin W/ Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Sip & Paint 3:00 Bingo	7 10:30 Music W/Cardwell 11:00 Daily Chronicle 1:00 Van Ride 2:00 Wine & Cheese 3:00 Connect Four 	8 1030 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Music W/ Greg Kirby 3:00 Make A Snow Globe	9 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 1:30 Food Committee 2:00 Resident Council 3:00 Bingo	10 10:30 Movin & Groovin W/ Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Pool noodle Balloon Bop 3:00 Time W/ Linda	11 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Bingo 2:00 Music W/Ron Biglo 3:00 Movie Hour
12 10:00 Daily Chronicle 11:00 Meet For Church 1:00 Bingo 2:00 Church W/Rev Sanchez 3:00 Puzzles	13 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Bingo 3:00 Music W/Marc Baskind 	14 10:30 Movin & Groovin W/ Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Mock Tails & Trivia 3:00 Music w/Keith Campbell	15 10:30 Devotions w/ Nancy 11:00 Armchair Fitness 1:00 Van Ride 2:00 Bowling 3:00 Music w/Lew Taylor	16Lunch Outing 10:30 Movin & Groovin W/ Fox 11:00 Daily Chronicle 11:30 Big Licks Tropical Grill 2:00 Pampered Hands 3:00 Bingo	17Snow Flake Day 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 200 Juice Bar & Trivia 3:00 Snow Flake Craft 	18 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Hydration Cart CP 2:00 Bingo 3:00 Movie Hour
19 10:00 Daily Chronicles 11:00 Meet For Church 1:00 Bingo 2:00 Church W/Rev Sanchez 3:30 Puzzles	20 Martin Luther King Day 10:30 Billy Hunt Singers 11:00 Daily Chronicle 1:00 Van Ride 2:00 Martin Luther King Trivia 3:00 Bingo 6:00 Music With Sweet Teaz	21 10:30 Hot Cocoa Bar W/Affinity 11:00 Daily Chronicle 1:00 Van Ride 2:00 Wine & Cheese 3:00 Woman's Circle /Fashion 	22 10:30 Devotions w/ Nancy 11:00 Armchair Fitness 1:00 Van Ride 2:00 Country Store 3:00 Baking Cookies 	23 10:30 Senior Saints 11:00 Daily Chronicle 1:00 Van Ride 2:00 Pampered Hands 3:00 Bingo	24 10:00 Senior Life Music Ministry 11:00 Daily Chronicle 1:00 Van Ride 200 Time W/ Linda 3:00 Snowball Fight & Cocoa 	25 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Hydration Cart CP 2:00 Bingo 3:00 Movie Hour
26 10:00 Daily Chronicles 11:00 Meet For Church 1:00 Bingo 2:00 Church W/Rev Sanchez 3:00 Puzzles	27Cooking Demo W/Chef Graham 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Cooking Demo 3:00 Bingo 	28 10:30 Movin & Groovin W/ Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Mock Tails & Trivia 3:00 Tic Tac Toe	29 10:30Devotions w/ Nancy 11:00Armchair Fitness 1:00 Van Ride 2:00 Pool Noodle Balloon Bop 3:00 Ring Toss	30 10:30 Movin & Groovin W/ Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Pampered Hands 3:00 Bingo	31 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 200 Music W/ Emily 3:00 Target Practice 	

Heritage Herald



Heritage Green Leadership Team

Kimberly Logan ALFA, LPN, CDP
Assisted Living Administrator

Zakiyah Pannell LPN
Resident Care Director

Camika Vereen LPN
Wellness Nurse

Misty Barrett
Clarissa Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Resident Life Director

Graham Wilson
Dining Services Director

Josh Peters
Environmental Services Director



Community Outings

Fields

Happy Birthday

Russell Rickert 1/6
Robert Beaty 1/7
Gloria Bennett 1/10
Kathleen Farthing 1/16
Dietrich Schmettow 1/30
Nancy Trahey 1/31



Today is
a perfect day
to just be
happy.

purehappy.com

Heritage Green Assisted Living • 201 Lillian Lane •
Lynchburg Virginia • 24502 • 434-385- 5102

Family Participation Is Encouraged With All Activities: Please Contact Activities Department @ 434-477-5829