


Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

January 2025

DEEPHAVEN *Woods* Senior Living

				 3:00 Resident Social CL New Year's Day	11:00 Chair Yoga CR 3:00 Alyssa's Drawing Class CR 3:00 Resident Social CL	9:15 Exercise w/ Cindy CR 11:00 Docuseries: The Mind Explained T 1:45 Bingo! CR 3:00 Wine Friday Social CL	4 Independent Activity Suggestions: Puzzles and Books in the Library, Table Games in the Club Lounge like Yahtzee, Kings in the Corner, Cards in the lower cabinets 3:00 Resident Social CL
5	6	7	8	9	10	11	
3:00 Resident Social CL	9:30 Exercise w/ Cindy CR 11:00 Protestant Service & Communion C 1:00 MacPhail Concert C 3:00 Resident Social CL 6:00 Rosary and Visits C	10:00 ST Preschoolers CR 1:00 Manicures by Cec B 3:00 Resident Social CL 3:30 Catholic Mass C	9:30 Exercise w/ Cindy CR 10:30 Target/Cub L 1:15 Council Meeting CR 3:00 Resident Social CL	11:00 Lunch Outing to Snuffy's L 1:00 Gideon, Comfort Dog B 1:30 Movie: The Fall and Rise of Elvis Presley T 3:00 50's Theme Social CL	9:15 Exercise w/ Cindy CR 11:00 Docuseries: The Mind Explained T 1:45 Bingo! CR 3:00 Wine Friday Social CL	Independent Activity Suggestions: Puzzles and Books in the Library, Table Games in the Club Lounge like Yahtzee, Kings in the Corner, Cards in the lower cabinets 3:00 Resident Social CL	
12	13	14	15	16	17	18	
1:00 Bingo with Matt CR 3:00 Resident Social CL	9:30 Exercise w/ Cindy CR 1:00 Movie-"The Barbie Movie" T 3:00 Resident Social & Trivia with Barb CL 6:00 Rosary and Visits C	10:00 ST Preschoolers CR 10:30 Chef Chat B 1:00 Manicures by Cec B 3:00 Resident Social CL 3:30 Catholic Mass C 5:00 Dinner Music DR 7:00 Ladies Night Movie T	9:30 Exercise w/ Cindy CR 10:30 Target/Cub L 1:45 Mike Henry: "The Top 100 Countdown" CR 3:00 Resident Social CL	11:00 Chair Yoga CR 1:00 MacPhail Series: Unwrapping Music CR 3:00 Resident Social CL	9:15 Exercise w/ Cindy CR 11:00 Docuseries: The Mind Explained T 1:45 Bingo! CR 3:00 Wine Friday Social CL	10:00 St. Therese Music Eucharistic Service C 3:00 Resident Social CL	
19	20	21	22	23	24	25	
3:00 Resident Social CL Activity Professionals Week	9:30 Exercise w/ Cindy CR 1:00 Movie-"Butch Cassidy & the Sundance Kid" T 3:00 Popcorn Social CL 6:00 Rosary and Visits C Martin Luther King Jr. Day	10:00 ST Preschoolers CR 11:00 Barb's Book Club CR 1:00 Chair Dance Exercise CR 1:00 Manicures by Cec B 3:00 Resident Social CL 3:30 Catholic Mass C	9:30 Exercise w/ Cindy CR 10:30 Target/Cub L 1:45 Chair Volleyball CR 3:00 Resident Social CL	11:00 Chair Yoga CR 1:30 Indoor Mini Golf CR 3:00 Resident Social CL	9:15 Exercise w/ Cindy CR 11:00 Docuseries: The Mind Explained T 1:45 Bingo! CR 3:00 Wine Friday Social CL	2:00 4 Quarter Bingo CR 3:00 Resident Social CL	
26	27	28	29	30	31		
1:00 Bingo with Matt CR 3:00 Resident Social CL Australia Day (Observed)	9:30 Exercise w/ Cindy CR 1:00 Movie-"Moonstruck" T 3:00 Resident Social CL 6:00 Rosary and Visits C	10:00 ST Preschoolers CR 11:00 Calendar Planning CR for March 1:00 Manicures by Cec B 3:00 Resident Social CL 3:30 Catholic Mass C	9:30 Exercise w/ Cindy CR 10:30 Target/Cub L 1:15 Roe Family Singers CR 3:00 Resident Social CL Chinese New Year (Year of the Snake)	11:00 Chair Yoga CR 1:30 Reflections on Faith, a Discussion CR 3:00 Birthday Social CL	9:15 Exercise w/ Cindy CR 11:00 Docuseries: The Mind Explained T 1:45 Bingo! CR 3:00 Wine Friday Social CL	Resident Led Bridge- Mondays at 1:00pm in the Bistro Resident Led Mexican Train- Wednesdays at 6:30pm in the Club Lounge	

CR-Community Room L-Lobby CL-Club Lounge B-Bistro GR-Game Room 2nd Floor: C-Chapel T-Theater ER- Exercise Room Salon: For Appts. (651-302-5644)

