



## COOKING DEMONSTRATIONS

**08** Elvis' Favorite Peanut Butter & Banana Sandwiches 2pm

**16** Gingerbread Houses 2pm

**23** Cookies & Cocoa 2pm

**27** Dreidel Cookies 2pm

## COMMUNITY COMMUNICATION



### RESIDENT BIRTHDAYS

Happy Birthday  
Kay 99<sup>th</sup> 1/6  
Marilyn 1/13

Our December Support Group will be on Thursday 1/16 at 2pm upstairs in the meditation room of AL.



FRIENDS & FAMILY REFERRAL PROGRAM!

### \$3500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# TWELVE OAKS CONNECT

JANUARY 2025



SINGH

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Facebook: /Waltonwoo9 Twelve Oaks

## COMMUNITY MANAGEMENT

Joe Whitney  
Executive Director

Deanna Hite  
Business Office Manager

Environmental Services  
Manager

Alyssa "Lee" Tobias  
Independent Living  
Manager

Alecia Greenberg  
Life Enrichment Manager

Heather Laskos  
Marketing Manager

Marketing Manager  
Casey Hess

Resident Services Manager  
Sandra Brown

Wellness Coordinator  
Tynesha Cobb



*"January, the first month of the year, a perfect time to start all over again, changing energies, and deserting old moods, new beginnings, new attitudes." Charmaine J. Forde*

As I embark on my 6<sup>th</sup> year at Waltonwood, I can't help but reflect on all the wonderful things that we have accomplished and what is to come in the new year. I am so proud of how much our program has grown and evolved over the years. My team and I have great ideas and promise for 2025! 2024 brought us the highest occupancy in MC since I started. We are at 23 residents, but soon we will be at 25!! Emily, Natalie, Tom and I are excited to continue to help your loved ones live their best lives.

I feel so blessed to have the BEST TEAM that I could ever imagine. Their energy, heart and love for the residents shine bright everyday and push me to be better. My hope when I started 6 years ago was to create a warm, and inviting atmosphere that dispels the myth of what a Memory Care looks like. I am so proud to feel that everyday when I walk through the door. It's doesn't matter the level of cognition that a resident has, they all are encouraged to try new things, laugh and thrive. We are working hard to work more 1:1 with each resident, as well as encouraging them to come into the Life Enrichment Room on their own or with a friend to work on a puzzle or play a matching game or do some sorting. We try to have items available at all times for them to explore. Thank you all for your continued encouragement, communication and support, as this was a tough year for me.

We wish you and your families a happy, healthy and safe 2025, Alecia, and the MC LE Team.

## ASSOCIATE SPOTLIGHT-SANDRA BROWN

This month we are doing things a little different. Sandra Brown, our new Resident Care Manager was kind enough to share information about herself instead of being interviewed. Thank you very much Sandra, we are so happy to have you at WTO, and look forward to this new chapter with you at the helm.

I went back to my first love after graduating from Oakland University. I have over 20 years of experience in various nursing roles, including Skilled Nursing, Clinical Liaison, Nurse Supervisor, Nurse Manager, and Director of Nursing. I am the mother of four bright, beautiful children, of which three are adults. I enjoy volunteer work and interior design.

I chose this profession, because I am passionate about making a difference in people's lives and improving the quality of care in our community. Leadership in nursing allows me to guide teams, implement positive changes, and ensure that the residents receive the care that they deserve. What I love about this position is that I get the opportunity to support both our residents and team members, while fostering an environment of compassion mixed with hard work and dedication. It's incredibly rewarding to be part of an organization that prioritizes quality care and teamwork. It is my pleasure to serve this community.



## TRANSPORTATION INFORMATION

Come join us for our enriching outings. We have a new bus driver

- Tuesday, January 7, Delivery to Ladies of Charity of St. Vincent DePaul at 1:30
- Tuesday, January 14, Lunch to Famous Dave's BBQ at noon.
- Tuesday, January 21, Petland & Pretzels at 1:30.
- Tuesday, January 28, Scenic Drive & Donuts at 1:30.



## DECEMBER HIGHLIGHTS



## JANUARY SPECIAL EVENTS

### 01 Happy New Year.

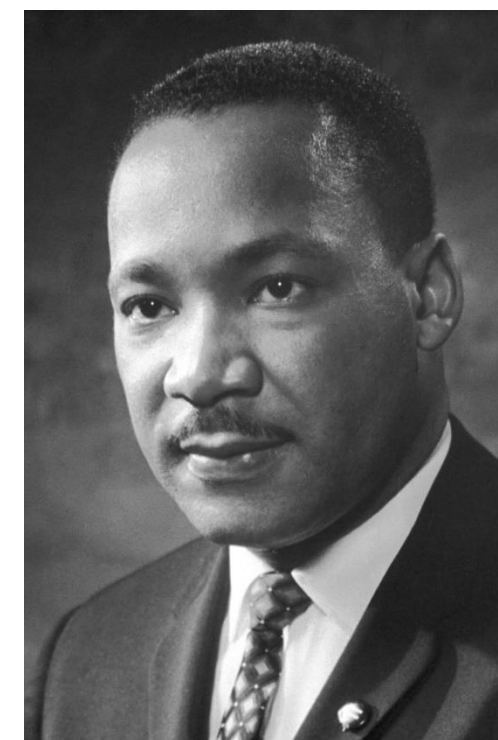
Let's celebrate 2025 in style. We'll discuss New Year's Resolutions, tell some jokes, and have some food and spirits.

### 13-17

**Dollywood Week.** We will have a week filled with exciting events and activities to celebrate the one and only Dolly Parton. We'll try our hand at line-dancing, and a good ole hoedown Dolly Style.

**24 Celebration of the 10-time Bowling League Champions.** Let's celebrate our winning bowling team "The Marvels" and make a plan for our 11<sup>th</sup> League win!!

**29 Chinese New Year Celebration.** Join us as we celebrate The Year of the Snake". Let's see who is a snake, and learn about the qualities involved. We will enjoy food, fun and our annual Chinese lesson given by our very own, Marjorie.



"I have a dream" Martin Luther King Jr.

## FOREVER FIT

### An Open Invitation!

As another hectic holiday season slowly fades, we once again find ourselves transitioning back into those routine that we're use too. Sometimes that's a much-welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. This January I'd like to extend you an open invitation. An opportunity to kick start your daily routine by improving the way you move, think and feel. Consider this your personal invitation to join our Forever Fit exercise program here at Waltonwood. Open to all residents, our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in the new year.

## EXECUTIVE DIRECTOR CORNER-Joe Whitney

Welcome 2025! It is hard to believe that another year has passed and we start a new year in 2025. We are looking to great things in the upcoming year. The company is anticipating sending out is annual customer satisfaction surveys sometime in the first few months of this year. There will be more information to come, but I wanted to let everyone know so that you can prepare. So, stay tuned....