

### **JANUARY**

### **BIRTHDAYS**

1-4 Robert B

1-10 Cheryl Y

1-11 Evelyn C 1-11 Rudy

1-16 Isabelle K

1-19 Don G

1-27 Marcie O

Join us on January 9<sup>th</sup> at 3:00pm as we celebrate our friends.

Entertainment by Bill & Rob

All are Welcome!

### **DECEMBER HIGHLIGHTS**

### **HOLIDAY PHOTO OPPORTUNITIES**

























### \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

# TWELVE OAKS CONNECT

JANUARY 2025



Redefining Retirement Living

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#### **Pieces of Time**

New Years come and New Years go,
Pieces of time all in a row.

As we live our life, each second and minute,
We know we're privileged to have you in it.
Our appreciation never ends
For our greatest blessings: our family and friends.

Happy New Year!

By Joanna Fuchs

As I get older and continue to listen to the wisdom all around me, I have learned it's the "little things" in life that truly matter. It's the love we share and the memories we make with our family and friends. It's the day-to-day activities, it's the belly laughs, reminiscing and celebrations.

So, my New Year's resolution, is to continue to provide you with a calendar that is filled with opportunities to make treasured memories.

This year we will continue with our favorite programming that includes Art for All Ages (1st Tuesday every other month), Drum Therapy with Sundance (4th Tuesday of the month) and Travelogue with Kyle (3rd Friday of the month)

New for 2025 is the addition of "Worship Music & Devotions with Gail Engling" to our monthly line up. In January we will launch "Waltonwood to Dollywood". This community wide experience will feature all things Dolly Parton throughout the week of January 13<sup>th</sup> culminating in a fun "Dolly Parton Hoedown" on January 17<sup>th</sup>!

Wishing everyone a Happy & Healthy 2025 that is filled with lasting memories!

# COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite Business Office Manager

Environmental Services
Manager

Jacob Chamberlain
Culinary Services Manager

Alyssa "Lee" Tobias
Independent Living Manager

Stefanie Roland-Jones Life Enrichment Manager

Heather Laskos Marketing Manager

Casey Hess Marketing Manager

Sandra Brown
Resident Care Manager

Tynesia Cobb Wellness Coordinator

Priyanka Ghelani Wellness Coordinator

### ASSOCIATE SPOTLIGHT- SANDRA BROWN

This month we are doing things a little different. Sandra Brown, our new Resident Care Manager was kind enough to share information about herself instead of being interviewed. Thank you very much Sandra, we are so happy to have you at WTO, and look forward to this new chapter with you at the helm.

I went back to my first love after graduating from Oakland University. I have over 20 years of experience in various nursing roles, including Skilled Nursing, Clinical

Liaison, Nurse Supervisor, Nurse Manager, and Director of Nursing. I am the mother of four bright, beautiful children, of which three are adults. I enjoy volunteer work and interior design.

I chose this profession, because I am passionate about making a difference in people's lives and improving the quality of care in our community. Leadership in nursing allows me to guide teams, implement positive changes, and ensure that the residents receive the care that they deserve. What I love about this position is that I get the opportunity to support both our residents and team members, while fostering an environment of compassion mixed with hard work and dedication. It's incredibly rewarding to be part of an organization that prioritizes quality care and teamwork. It is my pleasure to serve this community.

### **DECEMBER HIGHLIGHTS**

Residents enjoyed decorating Residents enjoyed learning how their doors and Ledges for the to make Holiday Truffles at our Deck the Ledge contest.

Congratulations to Sue, voted sure were tasty! most festive for 2024!

"In the Kitchen" event. They



We had a wonderful turnout for Sherry's "Stories of the Season!" Thank you Sherry for sharing your gifts and talents with our community!

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**Jewish & Christian residents** alike enjoyed the games and Latkes at our Hanukkah Celebration hosted by Leah and the school girls!





## **FOREVER FIT - An Open Invitation!**

As another hectic holiday season slowly fades, we once again find ourselves transitioning back into those routine that we're use too. Sometimes that's a much-welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. This January I'd like to extend you an open invitation. An opportunity to kick start your daily routine by improving the way you move, think and feel. Consider this your personal invitation to join our Forever Fit exercise program here at Waltonwood. Open to all residents, our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in the new year.

### TRANSPORTATION INFORMATION

Join us this month as we venture out to...

Walmart **January 8** 

**January 8** AMC Movie Theatre: "Mufasa: The lion King"

January 15 Kroger

January 15 Famous Dave's BBQ Luncheon

January 22 **Target** 

January 22 The Holocaust Center Museum Tour

January 29 Kroger

Dine & Discover Event: "Abraham Lincoln: A New Birth of Freedom" **January 29** 

The bus is available for Transportation on **Thursday** for Doctor's Appointments.

### JANUARY SPECIAL EVENTS

off our 2025 "Art for All Ages" series. Remember space is limited so don't forget to sign up to reserve your seat.

13-17

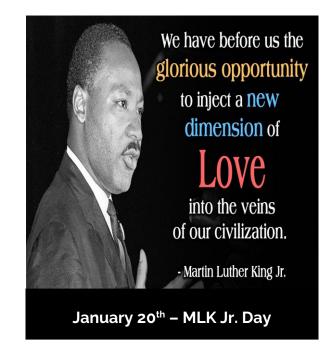
Steve visits this month to kick A week of fun is planned for our "Waltonwood to **Dollywood**". Please refer to the calendar for more details.

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New for 2025, Gail Engling will be sharing her musical talents and her love of God during "Worship Music & **Devotions**"

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Join us today as we learn more about the year of the Wood Snake at our "Chinese New Year Talk, Treats & Traditions" Ed Program.



# **EXECUTIVE DIRECTOR CORNER – Joe Whitney**

Welcome 2025! It is hard to believe that another year has passed and we start a new year in 2025. We are looking to great things in the upcoming year. The company is anticipating sending out is annual customer satisfaction surveys sometime in the first few months of this year. There will be more information to come, but I wanted to let everyone know so that you can prepare. So stay tuned....