

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Price Is Right (Ch 6) 12:00 Lunch 1:30 Facts About New Year's Day 2:30 Music w/ Pastor Hannah (Suncrest) 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Spin And Solve (Linked Senior) 12:00 Lunch 1:30 Weekly Group Reading 2:30 Noodle Ball 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Name 5 Card Game 12:00 Lunch 1:30 Therapeutic Adult Coloring 2:30 Game Of Pairs (Linked Senior) 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 National Missouri Day (Virtual Travel) 11:00 Stickman ( Linked Senior) 12:00 Lunch 1:30 National Trivia Day 2:30 Horoscope Reading 3:30 Movie 5:00 Dinner
9:30 Gospel Sing-A- Long 10:30 Bible Trivia 11:00 First Baptist Church (CH8) 12:00 Lunch 1:30 National Bird Day (YouTube) 2:30 Jigsaw Puzzles 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Karaoke 12:00 Lunch 1:30 Parachute 2:30 Family Feud Card Game 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise (YouTube) 11:00 National Bobblehead Day 12:00 Lunch 1:30 Group Discussion (Getting to Know Each Other) 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Weekly Group Reading 12:00 Lunch 1:30 Pyramid Of Djoser 2:30 Nostalgia Old vs New (Automobile) 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Who Knew? Women History 12:00 Lunch 1:30 1960 In One Hour (YouTube) 2:30 Guess In 10 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Buzz Words 12:00 Lunch 1:30 Name That Tune? 2:30 Ring Toss 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Group Discussion (New Year's Resolutions) 11:00 National Milk Day 12:00 Lunch 1:30 Nails Day 3:30 Movie 5:00 Dinner
9:30 Gospel Sing-A- Long 10:30 Bible Stories 11:00 First Baptist Church (CH8) 12:00 Lunch 1:30 Nails Day 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Bingo 12:00 Lunch 1:30 Pick A Year (Linked Senior) 2:00 Music w/ Mary Stella 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Funny Dress Up Pets (YouTube) 12:00 Lunch 1:30 Dear Abby 2:30 This Or That 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 National Strawberry Ice Cream Day 12:00 Lunch 1:30 Facts Martin Luther King JR 2:30 Music w/ Pastor Hannah (Suncrest) 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Price Is Right (CH 6) 12:00 Lunch 1:30 Weekly Group Reading 2:30 National Fig Newton Day w/ Tasting 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Virtual Travel ( Washington D.C 12:00 Lunch 1:30 Therapeutic Adult Velvet Poster Coloring 2:30 History Of Popeye The Sailor Man 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 National Michigan Day (Virtual Travel) 11:00 Social Time 12:00 Lunch 1:30 Facts About Winnie The Pooh (Old Time Favorites) 2:30 Noodle Ball 3:30 Movie 5:00 Dinner
9:30 Gospel Sing-A- Long 10:30 Bible Facts 11:00 First Baptist Church (CH8) 12:00 Lunch 1:30 Questions Are Answers (Linked Senior) 2:30 What If 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Emily Dickinson Poems 12:00 Lunch 1:30 National Geographic Notre Dame 2:30 National Day Butter Toffee w/ Tasting 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Karaoke 12:00 Lunch 1:30 Weekly Group Reading 2:30 Spin And Solve (Linked Senior) 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Bizarre Truths 12:00 Lunch 1:30 America Trivia 2:30 Bingo 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Coldest Places To Live 12:00 Lunch 1:30 Arts & Crafts 2:30 Alexander The Great Lost Tomb 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Color Fun (Linked Senior) 12:00 Lunch 1:30 Eye Spy Card Game 2:30 Balloon Volleyball 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 National Florida Day (Virtual Travel 11:00 Sing & Dance 12:00 Lunch 1:30 Nails Day 2:30 National Irish Coffee Day w/ Tasting 3:30 Movie 5:00 Dinner
9:30 Gospel Sing-A- Long 10:30 Bible Stories 11:00 First Baptist Church (CH8) 12:00 Lunch 1:30 Nails Day 2:30 National Geographic Grand Teton National Park 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Ripley's Believe it Or Not 12:00 Lunch 1:30 Balloon Volleyball 2:30 National Day Chocolate Cake Day w/ Tasting 3:30 Movie 5:00 Dinner	9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Price Is Right (CH 6) 12:00 Lunch 1:30 Cornhole Toss 2:30 Winter Poems 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Arctic Animals 12:00 Lunch 1:30 Jigsaw Puzzles 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 20 Unusual Houses 12:00 Lunch 1:30 Arts & Crafts 3:30 Movie 5:00 Dinner	9:30 Start Our Day With Music 10:00 Daily Chronicles 10:30 Chair Exercise (YouTube) 11:00 Ball Dart Toss 12:00 Lunch 1:30 30 Man-made Wonders Of The World 2:30 National Hot Chocolate Day w/ Tasting 3:30 Movie 5:00 Dinner	