

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
ACT Activity Area CA Common Area DR Dining Room HR Hobby Room L Library P Patio PR Piano Room TH Theater WC Wellness Center			10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Reminisce: Snow Days (HR) 1:00 Flower Arranging (PR) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:30 Worship: Ebenezer Chaplain Chris (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	1 10:00 Seated Exercise (CA) 10:30 Detective: Holiday Cleanup (ACT) 10:30 Wet Your Whistle (CA) 11:00 Bell Choir (CA) 1:00 Theater: Home Alone Lost in New York (TH) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Short Story: Snowhere in Sight (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA) 6:00 Living Room Symphony Ch. 1-3 (CA)	2 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 1:30 Entertainer: Piano Music with Khoi (DR) 2:30 Happy Hour (DR) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	3 10:00 Seated Exercise (CA) 10:30 Word Finds: Welcome to Wonderland (CA) 10:30 Wet Your Whistle (CA) 11:00 Livingroom Concert (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Coloring: Owl (ACT) 2:30 Snack & Chat (CA) 3:00 Classic Film/Musical (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	4 10:00 Seated Exercise (CA) 10:30 Word Finds: January (CA) 10:30 Wet Your Whistle (CA) 11:00 Livingroom Concert (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Coloring: Winter Scarves (ACT) 2:30 Snack & Chat (CA) 3:00 Classic Film/Musical (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)
10:00 Seated Exercise (CA) 10:30 Wet Your Whistle (CA) 11:00 Jigsaw Puzzles (ACT) 1:00 Worship Ch. 29 (CA) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Bingo (ACT) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	5 10:00 MacPhail Music (PR) 10:30 Wet Your Whistle (CA) 11:00 Group Exercise (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Table Games: Yatzee (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	6 9:30 Worship (CA) 10:00 Seated Exercise (CA) 10:30 Trivia 10:30 Wet Your Whistle (CA) 11:00 Toss a Tune: Elvis (CA) 1:00 Library (L) 1:00 Rest & Relaxation (CA) 2:00 Crafts: Newspaper Polar Bear (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	7 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Create-A-Story: sledding (HR) 11:00 Sensory Group: Shooting Hoops (CA) 1:00 Therapy Dog Visits (L) 1:00 Flower Arranging (PR) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:30 Worship: Ebenezer Chaplain Chris (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	8 10:00 Seated Exercise (CA) 10:30 Detective: Improve your Grove (ACT) 10:30 Wet Your Whistle (CA) 11:00 Bell Choir (CA) 1:00 Theater: The Rise and fall of Elvis (TH) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Short Story: Game Day (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA) 6:00 Living Room Symphony Ch. 1-3 (CA)	9 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 2:00 Entertainer - Guitar Music with Loren (DR) 2:30 Happy Hour (DR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	10 10:00 Seated Exercise (CA) 10:30 Word Finds: January (CA) 10:30 Wet Your Whistle (CA) 11:00 Livingroom Concert (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Coloring: Winter Scarves (ACT) 2:30 Snack & Chat (CA) 3:00 Classic Film/Musical (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	
10:00 Seated Exercise (CA) 10:30 Wet Your Whistle (CA) 11:00 Jigsaw Puzzles (ACT) 1:00 Worship Ch. 29 (CA) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Bingo (ACT) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	12 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Sing Along (CA) 11:00 Dog Visits (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Table Games: Egg Carton Bingo (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	13 9:30 Worship (CA) 10:00 Seated Exercise (CA) 10:30 Crossword: Playful Penguins 10:30 Wet Your Whistle (CA) 11:00 Music Reminisce: Etta James (CA) 1:00 Library (L) 1:00 Rest & Relaxation (CA) 2:00 Crafts: Snowflake Pony Beads (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	14 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Reminisce: Playing in the snow (HR) 11:00 Sensory Group: Snow Fun (CA) 1:00 Flower Arranging (PR) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:30 Worship: Ebenezer Chaplain Chris (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	15 10:00 Seated Exercise (CA) 10:30 Detective: Coffee & Doughnuts (ACT) 10:30 Wet Your Whistle (CA) 11:00 Bell Choir (CA) 1:00 Theater: Rescued by Ruby (TH) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Short Story: Coffee & Penguins (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA) 6:00 Living Room Symphony Ch. 1-3 (CA)	16 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 2:00 Entertainer - Accordion Music with Dan (DR) 2:30 Happy Hour (DR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	17 10:00 Seated Exercise (CA) 10:30 Frosty Maze (CA) 10:30 Wet Your Whistle (CA) 11:00 Livingroom Concert (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Coloring: Marshmallow Snowman (ACT) 2:30 Snack & Chat (CA) 3:00 Classic Film/Musical (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	
10:00 Seated Exercise (CA) 10:30 Wet Your Whistle (CA) 11:00 Jigsaw Puzzles (ACT) 1:00 Worship Ch. 29 (CA) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Bingo (ACT) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	19 10:00 MacPhail Music (PR) 10:30 Wet Your Whistle (CA) 11:00 Sing Along (CA) 11:00 Dog Visits (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Table Games: Bunco (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	20 9:30 Worship (CA) 10:00 Seated Exercise (CA) 10:30 S'no Jokin' 10:30 Wet Your Whistle (CA) 11:00 Music Activity (CA) 1:00 Library (L) 1:00 Rest & Relaxation (CA) 2:00 Crafts: Sock Snowman & Block Snowman (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	21 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Create-A-Story: Snowy Dog (HR) 11:00 Sensory Group: Tea Time (CA) 1:00 Therapy Dog Visits (PR) 1:00 Flower Arranging (PR) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:30 Worship: Ebenezer Chaplain Chris (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	22 10:00 Seated Exercise (CA) 10:30 Detective: Rock Around the Clock (ACT) 10:30 Wet Your Whistle (CA) 11:00 Bell Choir (CA) 1:00 Theater: Minnons (TH) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Short Story: The uninvited guest (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA) 6:00 Living Room Symphony Ch. 1-3 (CA)	23 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 2:00 Entertainer - Guitar Music with Loren (DR) 2:30 Happy Hour (DR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	24 10:00 Seated Exercise (CA) 10:30 Dot Doodle: Snowman (CA) 10:30 Wet Your Whistle (CA) 11:00 Livingroom Concert (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Coloring: 3D Cup of Tea (ACT) 2:30 Snack & Chat (CA) 3:00 Classic Film/Musical (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	
10:00 Seated Exercise (CA) 10:30 Wet Your Whistle (CA) 11:00 Jigsaw Puzzles (ACT) 1:00 Worship Ch. 29 (CA) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Bingo (ACT) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	26 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Sing Along (CA) 11:00 Dog Visits (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Table Games: Snowman Puzzles (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	27 9:30 Worship (CA) 10:00 Seated Exercise (CA) 10:30 Categories: Frost 10:30 Wet Your Whistle (CA) 11:00 Music Activity (CA) 1:00 Library (L) 1:00 Rest & Relaxation (CA) 2:00 Crafts: Clay Snowman (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	28 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Reminisce: Flexible Flier Sled (HR) 11:00 Sensory Group (CA) 1:00 Flower Arranging (PR) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:30 Worship: Ebenezer Chaplain Chris (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	29 10:00 Seated Exercise (CA) 10:30 Detective: Winter (ACT) 10:30 Wet Your Whistle (CA) 11:00 Bell Choir (CA) 1:00 Theater: Queen Bees (TH) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Short Story (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA) 6:00 Living Room Symphony Ch. 1-3 (CA)	30 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 2:00 Entertainer - Songs with Leandra (CA) 2:30 Happy Hour (DR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	31 10:00 Seated Exercise (CA) 10:00 Standing Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 2:00 Entertainer - Songs with Leandra (CA) 2:30 Happy Hour (DR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 IN2L Activity (CA)	