

JANUARY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CHA Christian Heritage Academy KBP KB's Parlor L Lobby MRC Mercy Road Church NPD Nan's Private Dining NRG NRG Wellness Center P Patio RS Renew Salon and Spa SH Shen Hall TGR The Grove Restaurant TL The Loft</p>	<p>Assisted and Independent Living</p>	<p>Blue= Entertainment and Special Events Green= Resident Led Red= Sign-Up Required</p>	<p>NEW YEAR'S DAY 2:00 Men's Group (NPD) 3:00 Happy Hour BYOB (KBP)</p>	<p>1 HAPPY BIRTHDAY DALLAS HI 11:15 Group Exercise: Be Balanced with Odom Rehab (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP)</p>	<p>2 PODIATRY DAY 12:00 Podiatry Clinic (SH) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour BYOB (KBP)</p>	<p>3 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 2:45 Movie Matinee: Thelma (SH)</p>
<p>5 9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)</p>	<p>6 11:15 Group Exercise: Feel Flexible with Odom Rehab (NRG) 1:30 Virtual Reality Passport (SH) 3:30 Bingo (SH)</p>	<p>7 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (NRG)</p>	<p>8 HAPPY BIRTHDAY KATHY HI 11:15 Group Exercise: Virtual (NRG) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP)</p>	<p>9 11:15 Group Exercise: Stay Strong with Odom Rehab (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 3:30 Balance and Fall Prevention Presentation with Odom Rehab (SH) 6:15 New Year Comedy Show with Calvin Jackson (SH)</p>	<p>10 10:00 All Saints Catholic Communion and Rosary (SH) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)</p>	<p>11 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 2:45 Movie Matinee: Sully (SH)</p>
<p>12 9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)</p>	<p>13 10:00 Resident Ambassador Meeting (SH) 11:15 Group Exercise: Feel Flexible with Odom Rehab (NRG) 1:45 Game Social with CHA Eighth Graders (SH) 3:30 Bingo (SH)</p>	<p>14 1:00 Knitting and Crocheting Group (MRC) 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (NRG)</p>	<p>15 10:00 Book Club (NPD) 11:15 Group Exercise: Virtual (NRG) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP)</p>	<p>16 HAPPY BIRTHDAY JOANNE KI 11:15 Group Exercise: Be Balanced with Odom Rehab (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 4:00 Chocolate and Wine Social (TL)</p>	<p>17 10:00 Reading with CHA Second Graders (SH) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)</p>	<p>18 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 2:45 Movie Matinee: Just Mercy (SH)</p>
<p>19 9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)</p>	<p>20 INAUGURATION DAY, MARTIN LUTHER KING JR. DAY 11:15 Group Exercise: Feel Flexible with Odom Rehab (NRG) 1:30 Birthday Party and Entertainment: Todd Anderson as Neil Diamond (SH) 3:30 Bingo (SH)</p>	<p>21 HAPPY BIRTHDAY RICHARD S AND LOIS Z 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (NRG)</p>	<p>22 11:15 Group Exercise: Virtual (NRG) 2:00 Men's Group (NPD) 2:30 Coffee with the Chef (TGR) 3:00 Happy Hour (KBP)</p>	<p>23 HAPPY BIRTHDAY ARLEEN D AND JEAN SI 10:00 Group Exercise: Stay Strong with Odom Rehab (NRG) 11:00 MacPhail Unwrapping Music: Cowboy Songs and Western Music (SH) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 6:15 Sing Along with Grace Stewart (SH)</p>	<p>24 10:00 All Saints Catholic Communion and Rosary (SH) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)</p>	<p>25 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 2:45 Movie Matinee: Reagan (SH)</p>
<p>26 HAPPY BIRTHDAY PETER SI 9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)</p>	<p>27 11:15 Group Exercise: Feel Flexible with Odom Rehab (NRG) 1:30 Estate Planning Presentation with Provision Law Firm 3:30 Bingo (SH)</p>	<p>28 1:00 Knitting and Crocheting Group (MRC) 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (NRG)</p>	<p>29 LUNAR NEW YEAR 11:15 Group Exercise: Virtual (NRG) 2:00 Bible Study with Pastor Chad (SH) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP)</p>	<p>30 11:15 Group Exercise: Be Balanced with Odom Rehab (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP)</p>	<p>31 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)</p>	<p>"Cheers to a new year and another chance for us to get it right." - Oprah Winfrey</p>