

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

The Sanctuary at West Saint Paul – Assisted Living Calendar



New Year's Day

<p>5 10:00 Eagle Brook Virtual Church Service - L 1:30 Resident Led Walking Club (meet in mail room)  7:20 Vikings vs Lions - NBC</p>	<p>6 <b>Kya Off</b> 10:30 Mindful Movement (Resident Led) – CR 2:00 Quarter Bingo – CR 3:15 Wenworth Library Visit! - CR 6:00 Hand &amp; Foot Cards – Resident Led) - OFDR</p>	<p>7 10:30 Mindful Movement – CR 1:30 Catholic Rosary &amp; Communion – OFDR 2:15 Activity Planning Meeting – CR</p>	<p>8 10:30 Tea &amp; Coffee Klatch - CR 2:00 Monroe Wright Entertainment - DR 3:15 Wii Bowling - L</p>	<p>9 9:30 Mindful Movement – FC 10:00 Music with Nora - CR 2:00 Clear Lakes Dental Info Session - CR 3:30 General Store – OFDR 3:30 Fancy Finger Manicures – CR 6:00 Art with Amanda - AR</p>	<p>10 <b>Kya Off</b> 10:00 Jeopardy Trivia – CR 2:00 Quarter Bingo with Teresa – CR 3:15 Happy Hour – CR 6:00 Quilting Club with Cheryl - CR</p>	<p>4 2:00 "Red One" (PG-13) Movie – T 6:00 Game in the Lounge! – (Resident Led) – OFDR <b>Community Room Reserved 11-7pm</b></p>
<p>12 10:00 Eagle Brook Virtual Church Service - L 1:30 Resident Led Walking Club (meet in mail room)</p>	<p>13 10:30 Mindful Movement – CR 2:00 Quarter Bingo – CR 3:15 Wellness with Ashley - CR 6:00 Hand &amp; Foot Cards – Resident Led) - OFDR</p>	<p>14 10:30 Mindful Movement – CR 1:30 Catholic Rosary &amp; Communion – OFDR 2:15 Food Committee – CR 3:30 Creative Card Making w/ Cheryl – AR  <b>Optometry Clinic</b></p>	<p>15 10:30 Tea &amp; Coffee Klatch - CR 2:00 Debbie Briggs Entertainment - DR 3:15 Wii Bowling - L</p>	<p>16 9:30 Mindful Movement – CR 10:00 Music with Nora - CR 1:00 Aldi/Savers/Walgreens – Sign up at the Front Desk (Weather Permitting) 3:30 General Store – OFDR 3:30 Fancy Finger Manicures – CR</p>	<p>17 10:00 Who, What, Where Trivia– CR 2:00 Quarter Bingo – CR 3:15 Happy Hour – CR 6:00 Quilting Club with Cheryl - CR</p>	<p>18 2:00 "The Six Triple Eight" (PG-13) Movie – T 6:00 Game in the Lounge! – (Resident Led) – OFDR</p>
<p>19 10:00 Eagle Brook Virtual Church Service - L 1:30 Resident Led Walking Club (meet in mail room)</p> <p>Activity Professionals Week</p>	<p>20 10:30 Mindful Movement - CR 1:30 Resident Council – CR 3:00 Quarter Bingo – CR 6:00 Hand &amp; Foot Cards – Resident Led) – OFDR</p> <p>Martin Luther King Jr. Day</p>	<p>21 10:30 Mindful Movement – CR 1:30 Catholic Mass – CR 2:15 Sanctuary Tech Support – CR (Sign up at the Front Desk)</p>	<p>22 <b>Kya Off</b> 10:30 Tea &amp; Coffee Klatch with Nicole - CR 2:00 Tomi Majoros Entertainment - DR 3:15 Wii Bowling - L</p>	<p>23 9:30 Mindful Movement – FC 10:30 Cranium Crunches - CR 2:00 Clear Lakes Dental Info Session - CR 3:30 General Store – OFDR 3:30 Fancy Finger Manicures – CR 6:00 Art with Amanda - AR</p>	<p>24 10:00 Random Trivia – CR 2:00 Quarter Bingo – CR 3:15 Happy Hour – CR 6:00 Drumming with Joseph - CR</p>	<p>25 2:00 "Carry-on" Movie (PG-13) – T 6:00 Game in the Lounge! – (Resident Led) – OFDR</p>
<p>26 10:00 Eagle Brook Virtual Church Service - L 1:30 Resident Led Walking Club (meet in mail room)</p> <p>Australia Day (Observed)</p>	<p>27 10:30 Mindful Movement - CR 2:00 Quarter Bingo – CR 3:15 Monthly Birthday Party - CR 6:00 Hand &amp; Foot Cards – Resident Led) – OFDR</p>	<p>28 10:30 Mindful Movement – CR 1:30 Catholic Rosary &amp; Communion – OFDR 2:15 "What's Your Verdict" Game – CR 3:30 Creative Card Making w/ Cheryl – AR</p>	<p>29 10:30 Tea &amp; Coffee Klatch - CR 2:00 Russell Stones Entertainment - DR 3:15 Wii Bowling - L</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30 <b>Audiology Clinic</b> 9:30 Mindful Movement – FC 10:30 Cranium Crunches - CR 1:00 Cub &amp; Burlington Outing – Sign up at the Front Desk (Weather Permitting) 3:30 General Store – OFDR 3:30 Fancy Finger Manicures – CR</p>	<p>31 10:00 Movie Trivia – CR 2:00 Special Quarter Bingo – CR 3:15 Happy Hour – CR 6:00 Quilting Club with Cheryl - CR</p>	<p><b>Calendar is subject to change – please keep an eye on the daily activity sheets for the most up to date schedule!</b></p>

DR – Dining Room L – Lounge OFDR – Overflow Dining Room T- Theater AR – Art Room FC – Fitness Room CR – Community Room