

Resident Birthdays

Dorothy Taylor 1/1 Mary Stratemeyer 1/6 Marcalene Holt 1/7 Shelia Batoe 1/15 Ruth Mize 1/27 Staff Birthdays Grace England 1/2 **Special Dates** 1/8 Elvis Party 1/9 Music with Reggie 1/10 and 1/24 Music with Richard Cox 1/14 Pet Day 1/15 National Bagel Day 1/16 Financial Planning Presentation 1/17 National Popeye Day and Music with Jamey and

Rebecca

Letter from Executive Director

Dear Residents and Families,

Happy New Year! First and foremost, I'd like to thank everyone for coming to our Lakes Family Christmas Dinner. We all had such a wonderful time celebrating with you all. I would also like to offer a special thanks to our Culinary department who worked tirelessly on preparing all the delicious food. Job well done!

As we kick off the new year, I would like to remind everyone about our Arcadia Ambassador program. If you see an employee go above and beyond and would like to recognize them, stop by Peggy's desk and fill out a nomination form. We calculate these at the end of every quarter and pick our ambassadors.

January will be a fun filled month here at The Lakes. We have so many fun activities planned for you all! To highlight a few: Join us on the 2nd for a trip to "Big Ed's" for National Buffet Day, "Elvis Day" on the 8th, Peach Parfait Day on the 13th, "Popeye's Party" on the 17th with 2 special guests. We will also have our Bingo store on the 30th and a hot chocolate bar with all the fixings on the 31st! Please make sure you're able to take part in some of these fun activities.

Samantha McManus
Executive Director

Resident Spotlight

Our resident spotlight for January is Kay Frances Spiceland. Kay was born and raised in Benton, KY. Kay married Roscoe Mills Spiceland Jr. "RM" in 1960. Kay has two children, Tracey and Troy. She has six grandchildren and thirteen great grandchildren. Kay worked at KY Farm Bureau for 10 years. She then went on to perform various roles at the Bank of Benton until she retired in 2000. Kay loves Josh Allen, quarterback of Buffalo Bills, she still enjoys watching the games. Kay also enjoys ceramics and crafts. Kay used to enjoy water skiing, horse back riding, and camping. Kay is a very intelligent lady and brings forth such kind and positive energy. We are so happy to have her here at the Lakes.



Nominate an Arcadia Ambassador

The Arcadia Ambassador of the quarter acknowledges team members who demonstrate outstanding customer service, and exemplify the attributes of the Arcadia Way including Teamwork, Integrity, Accountability, Respect, and Safety. If you know an employee that you feel exemplifies each of these attributes, please see Peggy, our Concierge, for a nomination form. Then submit your nomination form to Samantha, executive director, by the end of each quarter.

Samantha needs your fourth quarter nominations ASAP

Thank you so much!

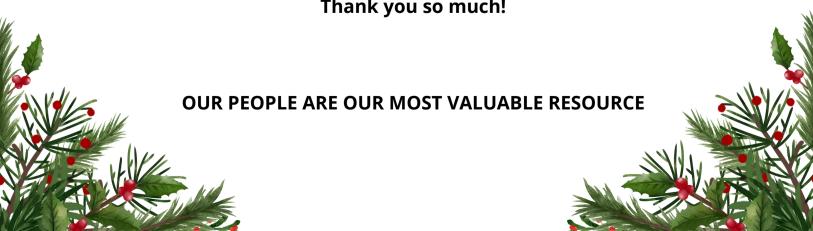


Photo Roundup



Your Team

Samantha McManus

Executive Director smcmanus@arcadiapaducah.com



Gina Gordon

Business Office Manager ggordon@arcadiapaducah.com



Peggy Thomason

Concierge pthomason@arcadiapaducah.com



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Regina Carter

Open Arms Life Engagement rcarter@arcadiapaducah.com



Cassidy Parks

Director of Resident Care & Wellness cparks@arcadiapaduach.com



More Info



for more photos and updates at The Lakes of Paducah!



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Laura Todino ltodino@arcadiapaducah.com