

## Activities Updates

- We have a lot of fun activities this month to bring in the new year! We have guitarist Scott Beaumont coming Tuesday Jan. 7th in the lobby at 2:00 pm. Ariel the Violinist will be here Thursday Jan. 23rd at 2:30 pm in the lobby. She plays classical music as well as fiddles. Her program is called "A Musical Journey."
- Some of the outings planned this month include: going to the Galleria to look at decorations and shop Thursday January 2nd at 1:15 pm. We'll also be visiting the American Swedish institute for the Tomte exhibit. Cost is \$18.00 payable at the museum. Lunch outings this month include Parkway Pizza in St. Louis Park Tuesday Jan. 7th departing at 11:45 am. Please check the calendar for other outing opportunities.
- Everyone is invited to come to All about Tea & Tasting this Friday Jan. 3rd. We'll taste several different kinds of tea and learn a few facts as well about the beverage that's been around since the 17th century.
- The month of January on Wednesdays at 2:00 pm beginning Jan. 8th, in the Activity Room, we will be remembering the different decades beginning with the 30's through the 60's.
- Michaela, an Occupational Therapist from Odom, will be here Thursday Jan. 16th at 2:00 pm to educate everyone about dementia and the best way to approach people with dementia.
- Art Historian Gary Hansen will be returning Jan. 21st at 2:00 pm to present Three American Male Artists including Frederic Remington, Charles Russell and Norman Rockwell. Even if you're acquainted with these artists, come and learn more!

## Activities Updates ( Cont.)

- The Highland Elementary afterschool program will be here Tuesday Jan. 21st at 3:15 pm. They continue to come on a monthly basis. They will be here to play games and have a craft to do. Even if you haven't come before, you are welcome to come at any point in the year.
- We'll be celebrating the Chinese New Year with an appetizer and drink Tuesday Jan. 28th at 3:00 pm. Come and celebrate the Year of the Snake!

If there is anything you'd like to see on the calendar such as an outing or activity, please let Sonja know. The monthly planning meeting will be this Thursday Jan. 2nd. at 3:15pm in the Activity Room. Everyone is welcome and encouraged to join us!

## Guidelines for Outings Due to Weather

There are guidelines we follow according to the weather conditions. If the temperature is zero or below and above 100 degrees, we will not be going out on outings. If the van would break down in these conditions, it could be dangerous for long periods of time on the bus depending on the season without heat or air conditioning.

## Additions to the Calendar

There will be treat bingo this Wed. Jan. 1, New Year's Day, at 3:15pm in the Activity Room. Catholic Communion will be meeting this Thursday Jan. 2nd at 1:00 pm. Sunday Jan. 12th Joe, our young volunteer pianist, will be here to entertain in the lobby at 1:00 pm.



# VERNON View

## MONTHLY NEWSLETTER

### VERNON TERRACE OF EDINA

**January 2025**

## Veteran's Day Celebration

Due to Covid, we had postponed our lunch, but we successfully celebrated our Veterans!



## Cookie Decorating

We had a small but talented group who decorated sugar cookies for a social.

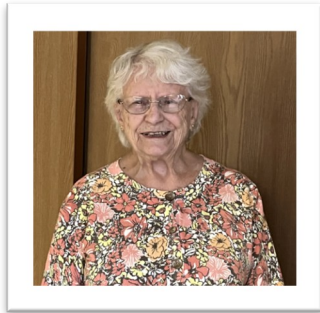


## Highland Elementary Kids club visit

The third -fifth grade after school program came for their monthly visit. We did a craft and played a variety of games.



## Resident Spotlight



Ida Mae C. has been a resident here at Vernon Terrace for 16 years! She likes it here because of the close proximity of the Edina library, Walgreens, and Jerry's which are walkable. Ida Mae enjoys the variety of programs including lectures, music and movies. She learned bridge since coming here and plays weekly. She also likes the van to medical appointments and the tasty meals she doesn't have to cook.

Ida Mae was born and raised on the same farm where her mother was born in Dover MN near Rochester. There were no amenities such as electricity, phone and water. She said it was a great place to grow up as there was always food during the Depression. When she was 12 years old, her family moved to Winona and she graduated from Winona High School. Ida Mae graduated from Hamline and worked at Northwestern then Abbott Hospital for 37 years as a medical technician. She was offered early retirement and then worked at Allina Labs until she was 84 years old!

Ida Mae has 5 children, 12 grandchildren and 11 great grandchildren. She has a 16 year old cat who she adopted when 14 since not many people adopt older animals.

She volunteered at the Humane Society for 20 years. Ida Mae currently sings with the Pistachio Singers, a group who comes here and sings. Ida Mae enjoys the music, lecture and Bridge opportunities here.



## January Birthdays

1/3 Ethel B #410

1/5 Peggy L #211

1/9 John B #605

1/9 Ruthie F #522

1/15 Tom E #513

1/18 Beverly B #310

1/19 Bill M #426

1/25 Judi I #201

1/31 Sue B #526



## Memorials

Judy Lunger

## Welcome

## New Residents

Sandy P. # 415

## Welcome New Employees

Paige-Server

Ruth-Environmental Services

## Call Box in the Entry Way Not Working

The call box in the entry way is currently not working. If you are having guests coming, and the front desk is closed, please let them know they can call from the phone in the corner, but you will have to make arrangements to let them in.

*Happy New Year*



We had a large turnout for our party! Many had dinner and some came just for dessert and entertainment by Victorian Carolers!

