

January

2025

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>3 2 1 ...</p>	<p>HAPPY NEW YEAR</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>
<p>5</p> <p>8am- Bus to Church- BT 1:30pm- Needlework- L 6:30pm- Sci-Fi Sunday- T</p>	<p>6</p> <p>10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael-T 1pm- Line Dancing Class- BT 1:30pm- Bingo w/ Alexa- B 3pm- Bean Bag Baseball-B 6:30pm- Monday Musicals- T</p>	<p>7</p> <p>10am- Exercise w/ Betty- B 10:30am- Walmart Trip- BT 1pm- Pinochle/Bridge-CR 1pm- Safeway Trip- BT 3pm- Music w/ John Palmore- DR 6:30pm- Tuesday Romance- T</p>	<p>8</p> <p>10am- Bingo w/ Alexa-B 2pm- Warm Up Wednesday: Soup- B 3pm- Bean Bag Baseball- B 6:30pm- Witty Wednesday- T</p>	<p>9</p> <p>10am- Exercise w/ Betty- B 11am- Communion w/ Michael-T 1pm- Bible Study- T 3pm- Magic and Music w/ Raushan Hammond- DR 6:30pm- Thriller Thursday- T</p>	<p>10</p> <p>10am- Trivia- CR 10am- Body & Balance w/ Vicki- T 10:30am- Ross Trip- BT 11am- Ease into Technology w/ Alexa- B 1pm- Pinochle/Bridge- CR 1pm- Trader Joe's Trip- BT 6:30pm- Freaky Friday- T</p>	<p>11</p> <p>9:30am- Needlework-L 1:30pm- Bingo w/ Brynn- B 6:30pm-Silly Saturday- T</p>
<p>12</p> <p>8am- Bus to Church- BT 1:30pm- Needlework- L 6:30pm- Sci-Fi Sunday- T</p>	<p>13</p> <p>10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael-T 1am- Bake Banana Bread w/ Alexa-B 1:30pm- Bingo w/ Alexa- B 3pm- Bean Bag Baseball-B 6:30pm- Monday Musicals- T</p>	<p>14</p> <p>10am- Exercise w/ Betty- B 10:30am- Smiths Trip- BT 1pm- Pinochle/Bridge-CR 2pm- Chili Cookoff- DR 3pm- Music w/ John Rand- DR 6:30pm- Tuesday Romance- T</p>	<p>15</p> <p>10am- Bingo- B 10:30am- Budget-Friendly Cooking Class- BT 2pm- Warm Up Wednesday: Hot Drinks- B 3pm- Bean Bag Baseball-B 6:30pm-Witty Wednesday- T</p>	<p>16</p> <p>10am- Exercise w/ Betty- B 11am- Communion w/ Michael-T 1pm- Bible Study- T 1:30pm- Donuts w/ Damian from Geriatric Specialty Care-B 3pm- Music w/ Ira Shore- DR 6:30pm- Thriller Thursday- T</p>	<p>17</p> <p>10am- Trivia- CR 10am- Body & Balance w/ Vicki- T 10:30am- Costco Trip- BT 11am- Ease into Technology w/ Alexa- B 1pm- Hobby Lobby Trip- BT 1pm- Pinochle/Bridge- CR 2pm- Root Beer Floats- B 6:30pm- Freaky Friday- T</p>	<p>18</p> <p>9:30am- Needlework-L 1:30pm- Bingo w/ Brynn- B 6:30pm-Silly Saturday- T</p>
<p>19</p> <p>8am- Bus to Church- BT 1:30pm- Needlework- L 6:30pm- Sci-Fi Sunday- T</p>	<p>20</p> <p>10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael-T 1:30pm- Bingo w/ Alexa- B 3pm- Bean Bag Baseball-B 6:30pm- Monday Musicals- T</p>	<p>21</p> <p>10am- Exercise w/ Betty- B 10am- Nevada Museum of Art-BT 1pm- Pinochle/Bridge-CR 1pm-Smiths Trip- BT 3pm- Music w/ The McCallum Duo- DR 6:30pm- Tuesday Romance- T</p>	<p>22</p> <p>10am- Bingo w/ Alexa-B 2pm- Warm Up Wednesday: Blankets for the Humane Society-T 2:30pm- Cooking Demo w/ Joe- B 6:30pm- Witty Wednesday- T</p>	<p>23</p> <p>10:30am-1pm- New Year, New You: Health Fair- 2nd floor 3pm- Music w/ Jim Beuhler-DR 6:30pm- Thriller Thursday- T</p>	<p>24</p> <p>10am- Trivia- CR 10am- Body & Balance w/ Vicki- T 10:30am- Walmart Trip- BT 11am- Ease into Technology w/ Alexa- B 1pm- Pinochle/Bridge- CR 1pm- St. Vincent's Trip- BT 6:30pm- Freaky Friday- T</p>	<p>25</p> <p>9:30am- Needlework-L 1:30pm- Bingo w/ Brynn- B 6:30pm-Silly Saturday- T</p>
<p>26</p> <p>8am- Bus to Church- BT 10:30am- Sunday Brunch-DR 1:30pm- Needlework- L 6:30pm- Sci-Fi Sunday- T</p>	<p>27</p> <p>10am- Trivia - CR 10:30am- Rosary Prayer w/ Michael-T 1:30pm- Bingo w/ Alexa- B 3pm- Bean Bag Baseball-B 6:30pm- Monday Musicals- T</p>	<p>28</p> <p>10am- Exercise w/ Betty- B 10:30am- Olive Garden- BT 1pm- Pinochle/Bridge-CR 1pm- Trader Joe's Trip- BT 3pm- Music w/ DD James- DR 6:30pm- Tuesday Romance- T</p>	<p>29</p> <p>10am- Bingo w/ Alexa- B 2pm- Warm Up Wednesday: Brain Games w/ Alexa-CR 3pm- Bean Bag Baseball- B 6:30pm- Witty Wednesday-T</p>	<p>30</p> <p>10am- Exercise w/ Betty- B 11am- Communion w/ Michael-T 1pm- Bible Study- T 2pm- Happy Hour at Flowing Tide-BT 3pm- Music w/ Chihuahua Desert- DR 6:30pm- Thriller Thursday- T</p>	<p>31</p> <p>10am- Trivia- CR 10am- Body & Balance w/ Vicki- T 10:30am- Smiths Trip- BT 11am- Ease into Technology w/ Alexa- CR 1pm- Pinochle/Bridge- CR 1pm- Safeway Trip- BT 2pm- Ice Cream Social- B 6:30pm- Freaky Friday- T</p>	

January Newsletter

Happy New Year!

January Happenings To Make Note Of!

1/6 at 1pm- Line Dancing Class (BT to Evelyn Mount Northeast Center)

1/8, 1/15, 1/22 & 1/29 at 2pm- Warm Up Wednesdays- Every Wednesday in the Bistro!

1/14 at 2pm- Chili Cookoff- DR

1/15 at 10:30am- Budget-Friendly Cooking Class (BT to Reno Elks Lodge)

1/17 at 2pm- Root Beer Floats-B

1/22 at 2:30pm- Cooking Demo with Joe-B

1/23 at 10:30am- New Year, New You Health Fair- 2nd Floor

1/31 at 2pm- Ice Cream Social-B

January Birthdays

1/1-Linda M. | 1/2- John H. | 1/9- Fumie B. | 1/12-Jerry A. | 1/19- JoAnn L. | 1/20- Michael G. | 1/26- Henry J.

Mountain Lakes Estates Managers:

Lauren Turbett- Executive Director | Donna Monroy- Business Director | Fernando Lopez- Maintenance Director | Alexa Gross- Activities Director | Joy Hepner- Marketing Director | Joe Leberski- Dining Director

December Recap!

