

# Sunday

# Monday

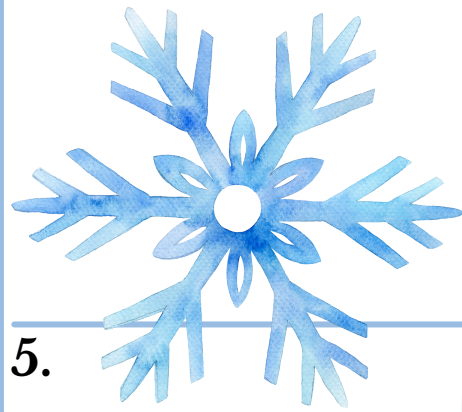
# Tuesday

# Wednesday

# Thursday

# Friday

# Saturday

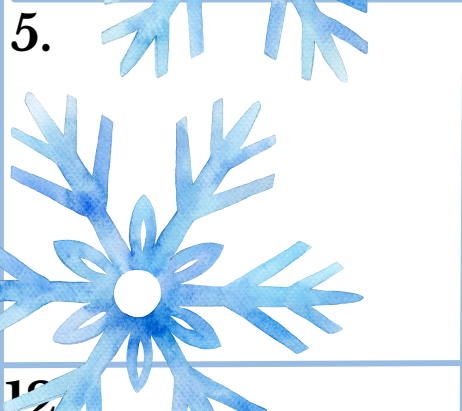


1. **Closed for New Year's Day**

2. **CASINO**  
8:45am: Choctaw Casino  
11am: Cardio Class  
2:00pm: 42 Domino Game-MR  
3:00pm: Coffee Chat - CR

3. 10am: HEB  
11:30am: Yoga - DR  
2:00pm: Move Matinee  
12:30pm: Bridge - PR  
3pm: Coffee Chat - CR

4. 11am: Crafts with Linda  
2:30pm: Mexican Train -PR  
3pm: Coffee Chat - DR



5. 10am: Kroger Trip  
1:30pm: Pegs and Jokers - MR  
1:00pm: Prestonwood Bible Study - PR  
3:00pm: Coffee Chat - DR

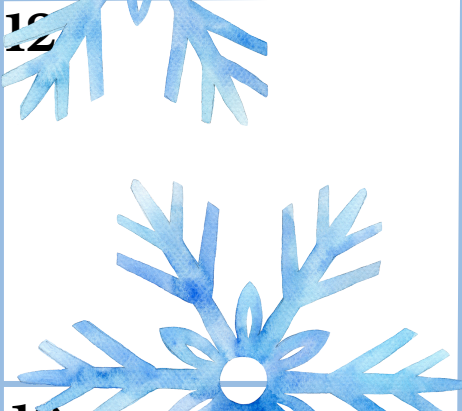
6. 10:45am: Strength & Balance  
1:30pm: Bingo -DR  
**BINGO**  
1:30pm: Mahjong -MR  
3:00pm: Coffee Chat - CR

7. 10:00am: Walmart / Target Trip  
11:30am: Line Dancing  
1:00pm: Prestonwood Bible Study  
2:30pm: Mexican Train - PR  
3:00pm: Coffee Chat - CR

8. 11am: Cardio Class - DR  
2:00pm: 42 Domino Game-MR  
3:00pm: Coffee Chat - DR  
4:00pm: Welcome to 2025 NY Party  
*Cheers to a New Year*

9. 10am: Market Street  
11:30am: Yoga - DR  
12:30pm: Bridge - PR  
2pm: Silver Derby - DR  
3pm: Coffee Chat - CR

10. 11am: Crafts with Linda  
2:30pm: Mexican Train-PR  
3pm: Coffee Chat - DR



11. 10:00am: Kroger Trip  
1:00pm: Prestonwood Bible Study - PR  
1:30pm: Pegs and Jokers - MR  
3:00pm: Coffee Chat - DR  
5:00-7:00pm: Re-Mix & Mingle Game Night

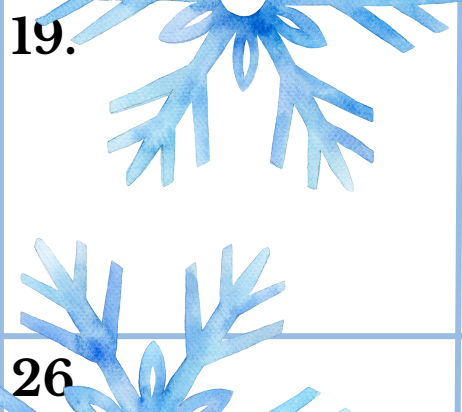
12. 10:45am: Strength & Balance  
1:30pm: Bingo - DR  
**BINGO**  
1:30pm: Mahjong - MR  
3:00pm: Coffee Chat - CR

13. 9:00am: Bagel Breakfast  
10am: Walmart / Target Trip  
1pm: Prestonwood Bible Study  
2:30pm: Mexican Train - PR  
3pm: Coffee Chat - CR

14. 11am: Cardio Class - DR  
2:00pm: 42 Domino Game-MR  
3pm: Coffee Chat - CR  
3:00pm: Channel your flannel with Marty

15. 10am: Trader Joes  
11:30am: Yoga - DR  
12:30pm: Bridge - PR  
3pm: Coffee Chat - CR

16. 11am: Crafts with Linda - DR  
2:30pm: Mexican Train-PR  
3pm: Coffee Chat



17. 11:00am: Kroger  
1:00pm: New Year Health Fair  
1:00pm: Prestonwood Bible Study - PR  
1:30pm: Pegs and Jokers - MR  
3:00pm: Coffee Chat - DR

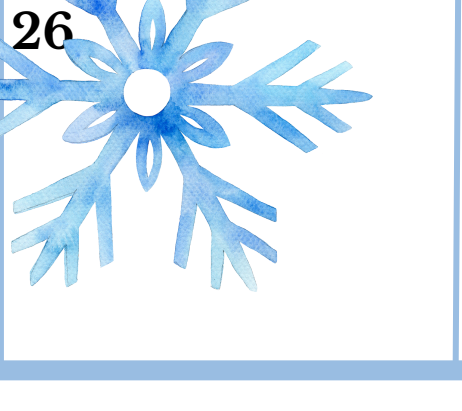
18. 10:45am: Strength & Balance  
12:00-12:45pm: Harris Jewelry  
1:30pm: Bingo - DR  
**BINGO**  
1:30pm: Mahjong - MR  
3:00pm: Coffee Chat - CR

19. 10am: Walmart / Target Trip  
1:00pm: Prestonwood Bible Study  
2:30pm: Mexican Train - PR  
3:00pm: Coffee Chat - CR

20. 11:00am: Lunch out Pappadeux's  
11am: Cardio Class - DR  
2:00pm: 42 Domino Game-MR  
3pm: Coffee Chat - DR

21. 10am: HEB  
11:30am: Yoga - DR  
12:30pm: Bridge - PR  
2:00pm: Move Matinee  
3pm: Coffee Chat - DR

22. 11am: Crafts with Linda - DR  
2:30pm: Mexican Train-PR  
3pm: Coffee Chat



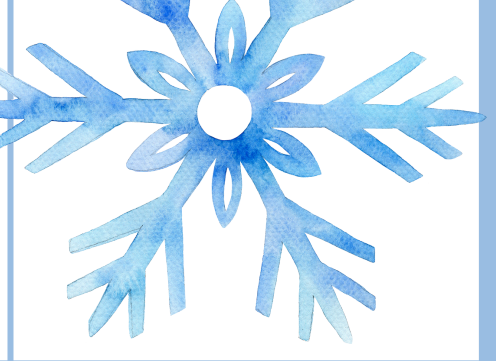
23. 10:00am: Kroger Trip  
1:00pm: Prestonwood Bible Study - PR  
1:30pm: Pegs and Jokers  
3:00pm: Coffee Chat - DR

24. 9:00am: National Blueberry Pancake Day!  
10:45am: Strength & Balance  
1:30pm: Bingo - DR  
**BINGO**  
1:30pm: Mahjong - MR  
3:00pm: Coffee Chat - CR

25. 10:00am: Walmart / Target Trip  
1:00pm: Prestonwood Bible Study  
2:30pm: Mexican Train - PR  
3:00pm: Coffee Chat - CR

26. 11am: Cardio Class - DR  
2:00pm: 42 Domino Game-MR  
3pm: Coffee Chat - DR

27. 10am: ALDI  
11:30am: Yoga - DR  
12:30pm: Bridge - PR  
3pm: Coffee Chat - DR  
4:00pm: January Birthday Party  
**HAPPY BIRTHDAY**



# MONTHLY-EVENTS

CHOCTAW CASINO | THURSDAY, JANUARY 2ND | 8:45AM

MOVIE MATINEE | FRIDAY, JANUARY 3RD | 2:00 PM

**WELCOME TO 2025 PARTY | THURSDAY, JANUARY 9TH | 4:00PM**

LET'S KICK OFF THE NEW YEAR WITH DELICIOUS FOOD, REFRESHING DRINKS, AND GREAT COMPANY! CELEBRATE WITH US AS WE REFLECT ON THE PAST YEAR AND WELCOME 2025 WITH EXCITEMENT AND JOY. BRING YOUR APPETITE AND YOUR BEST VIBES

**SILVER DERBY | FRIDAY, JANUARY 10TH | 2PM**

SILVER DERBY HAS BECOME NOT ONLY THE MAVERICK FOR ENTERTAINMENT IN SENIOR COMMUNITIES ACROSS TEXAS BUT BINGO'S BIGGEST RIVAL PROVING TO BE AN EVENT THAT EVERYONE ABSOLUTELY LOVES PLAYING!

RE-MIX & MINGLE GAME NIGHT | MONDAY, JANUARY 13TH | 5:00PM

**BAGEL BREAKFAST | WEDNESDAY, JANUARY | 9:00AM**

TAKE A MIDWEEK BREAK AND SWING BY THE KITCHEN FOR A PICK-ME-UP! CHOOSE FROM AN ASSORTMENT OF BAGELS AND YOUR FAVORITE TOPPINGS. MIX UP A MIMOSA TO-GO AND TOAST TO MAKING THE REST OF THE WEEK AS SMOOTH AS YOUR MIMOSA!

**CHANNEL YOUR FLANNEL HAPPY HOUR | THURSDAY, JANUARY 16TH | 4:00PM**

GET COZY IN YOUR FAVORITE FLANNEL AND JOIN US FOR A FUN-FILLED HAPPY HOUR! MARTY WILL KEEP THE VIBES ALIVE WITH LIVE MUSIC AND ENTERTAINMENT. DELICIOUS BITES AND REFRESHING DRINKS AWAIT! DON'T MISS THIS FLANNEL-TASTIC EVENING - GREAT MUSIC, GREAT FOOD, AND GREAT COMPANY! SEE YOU THERE!

**NEW YEAR HEALTH FAIR | MONDAY, JANUARY 20TH | 1:00AM**

JOIN US FOR A HEALTH FAIR DESIGNED TO HELP YOU START THE NEW YEAR FEELING YOUR BEST! MEET PROFESSIONALS FROM VARIOUS MEDICAL FIELDS, INCLUDING: DENTISTS, ENT SPECIALISTS, ORTHOPEDICS, EYE DOCTORS AND MORE. ENJOY CHARCUTERIE AND FRESH FRUIT TRAYS AS YOU EXPLORE RESOURCES TO PRIORITIZE YOUR HEALTH IN 2025. TAKE THE FIRST STEP TOWARDS A HEALTHIER YOU - SEE YOU THERE!

HARRIS JEWELRY | TUESDAY, JANUARY 21ST | 12:00-12:45PM

**LUNCH OUT PAPPARDEUX'S | THURSDAY, JANUARY 23RD | 11:00AM**

WELCOME TO YOUR FAVORITE FRISCO EATERY! COMMON TABLE IS FILLED WITH TASTY AMERICAN DISHES WITH A GLOBAL TWIST, AND THEIR MENU IS PACKED WITH CRAFT BEERS, WINES, AND COCKTAILS

MOVIE MATINEE | FRIDAY, JANUARY 24TH | 2:00PM

**NATIONAL BLUEBERRY PANCAKE DAY | TUESDAY, JANUARY 28T | 9:00AM**

START YOUR MORNING OFF RIGHT BY CELEBRATING NATIONAL BLUEBERRY PANCAKE DAY WITH A STACK OF WARM, FLUFFY BLUEBERRY PANCAKES. THERE'S NO BETTER WAY TO INDULGE AND MAKE YOUR DAY A LITTLE SWEETER!"

**JANUARY BIRTHDAY CELEBRATION | FRIDAY, JANUARY 31ST | 4PM**

Come join us for a sweet celebration! Let's enjoy birthday cake together as we honor all our residents with January birthdays. Whether you're celebrating or just love cake, we'd love to see you there!



## Atlas Point Staff

Hayley Taylor | Community Manager

Stephanie Guzman | Assistant Community Manager

Barbara Franco | Sales & Marketing

Mercedes Vasquez | Maintenance Manager

Yenny Urdaneta | Housekeeper

Glenn Miller | Driver

## Atlas Point Directory

Salon by Maryam | 469-471-8117

Nails by Blair | 214-450-8421

atlas Point Office | 469-210-3033

Maintenance Emergencies | Follow Prompt

For Emergencies call 911!

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**ATLAS POINT**  
— AT PRESTONWOOD —

an allure active adult community

3033 E. Hebron Pkwy Carrollton, TX 75010

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