



HELLO JANUARY

January 2025 Activities Calendar

Vancouver Pointe

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day! 10:00 Wii Bowling Practice (teams/subs) (TH) 10:15 Level 2 (standing) Exercise w/Marti (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 12-5 Massage, by Appointment * 1:00 Blackjack (GP) 3:00 Comedy Series: Man on the Inside (ep. 1&2) (TH) 6:00 Double-Deck Pinochle (LR), Hand and Foot (GP)	2 9:30 Single Deck Pinochle (HWGC) 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Billiards (GP) 11:00 Reflections-Share Life Stories (LIB) 2:00 Town Hall (postponed from 12/31) 3:00 Beanbag Baseball (PNW) 4:00 Stitchery Witchery Group (GP) 5:30 Poker (Open to All Players) (HWGC) 6:00 Cribbage (LR), Hand and Foot (GP), <u>Bummikub</u> (LIB), <u>Skipbo</u> (GP)	3 10:00 Diners' Forum (postponed from 12/27) 10:15 Level 2 (standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 2:30 "Get to Know You" Social (BR) 7:00 Movie: The Nutty Professor (1996, PG)	4 9-12:00 Mason's Meeting (GP) 9-11:30 Team Wii Bowling (TH) 10:30 Relax and Chat Awhile (LR) 12:15 Billiards (GP) 1:30-2:30 Meditation (TH) 3:00 Beanbag Baseball (PNW) 6:00 <u>Bummikub</u> (LIB) 7:00 Movie: We've Been Thinking: Larry the Cable Guy & Jeff Foxworthy (Comedy, PG-13)
5 1:30 Church (non-denominational) (PNW) 2:30 Mexican Train (GP) 3:00 Heartland TV Series (TH) 6:00 Bingo (PNW) 7:00 Movie: TBA Time TBA: Seahawks vs. Rams (BR)	6 10:00 Men's (TH) & Women's Bible Study (GP) 10:15 Level 2 (Standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (Seated) Exercise (FR) 1-4 Jewelry Sorting Volunteer Project (GP) 2-3:30 Suzanne's Discussion Group (TH) 3:00 Cribbage (GP), Shuffleboard (FR) 3:00 Open Art Studio (PNW) 6:00 Mexican Train (GP)	7 10:15 Tai Chi LIVE Fitness Class (FR) 11:00 Billiards (GP) 1:00 Hearts Card Game (LR) 1:00 Drumming w/ Marie (PNW) 3:00 Beanbag Baseball (PNW) 3:00 Bridge (HWGC) 7:00 Documentary: Hack Your Gut (2024)	8 10:00 Wii Bowling Practice (teams/subs) (TH) 10:15 Level 2 (standing) Exercise w/Marti (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 11:00 Drama Club (GP) 12-5 Massage, by Appointment * 1:00 Blackjack (GP) 3:00 Happy Hour w/ Ken Brewer 6:00 Double-Deck Pinochle (LR), Hand and Foot (GP)	9 9:30 Single Deck Pinochle (HWGC) 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 10:30 Wineleaders' Meeting (GP) 11:45 Billiards (GP) 3:00 Beanbag Baseball (PNW) 4:00 Stitchery Witchery Group (GP) 5:30 Poker (Open to All Players) (HWGC) 6:00 <u>Bummikub</u> (LIB), Cribbage (LR), Hand and Foot (GP), <u>Skipbo</u> (GP)	10 10:15 Level 2 (standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 2:00 Comedy Series: Man on the Inside (ep. 3&4) (TH) 7:00 Movie: Maria (2024, R for language)	11 9-12:00 Mason's Meeting (GP) 9-11:30 Team Wii Bowling (TH) 10:30 Relax and Chat Awhile (LR) 12:15 Billiards (GP) 1:00 Belly Dancing (seated/standing) (FR) 1:30-2:30 Meditation (TH) 3:00 Beanbag Baseball (PNW) 6:00 <u>Bummikub</u> (LIB) 7:00 Movie: The Other Guys (2010, PG-13) Time TBA: NFC Wildcard Game (BR)
12 1:30 Church (non-denominational) (PNW) 2:30 Mexican Train (GP) 3:00 Heartland TV Series (TH) 6:00 Bingo (PNW) 7:00 Movie: Midway (2019, PG-13)	13 9:30-11:30 Smart Phone Assistance* 10:00 Men's (TH) & Women's Bible Study (GP) 10:15 Level 2 (Standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (Seated) Exercise (FR) 1-4 Jewelry Sorting Volunteer Project (GP) 2-3:30 Suzanne's Discussion Group (TH) 3:00 Cribbage (GP), Shuffleboard (FR) 3:00 Open Art Studio (PNW) 6:00 Mexican Train (GP)	14 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 10:30 - 11:30 Blood Pressure Screening (TH) 11:00 Billiards (GP) 11-2:30 VENDOR: Linda's Accessories (Lobby) 1:00 Hearts Card Game (LR) 1:30 PRESENTATION: Understanding ADHD, Presented by Dr. Kenneth Gilbert (PNW) 3:00 Beanbag Baseball (BR) 3:00 Bridge (HWGC) 7:00 Documentary: The Minimalists: Less is Now (2021)	15 10:00 Wii Bowling Practice (teams/subs) (TH) 10:15 Level 2 (standing) Exercise w/Marti (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 11:00 Drama Club (GP) 12-5 Massage, by Appointment * 1:00 Blackjack (GP) 3:00 Happy Hour w/Lucas Holmgren (DEBUT PERFORMANCE at VPI) 6:00 Double-Deck Pinochle (LR), Hand and Foot (GP)	16 9:30 Single Deck Pinochle (HWGC) 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Reflections-Share Life Stories (LIB) 11:00 Billiards (GP) 3:00 Beanbag Baseball (PNW) 4:00 Stitchery Witchery Group (GP) 5:30 Poker (Open to All Players) (HWGC) 6:00 Cribbage (LR), Hand and Foot (GP), <u>Bummikub</u> (LIB), <u>Skipbo</u> (GP)	17 10:15 Level 2 (standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 2-4:00 Art Class for All Levels: Pop-Art Portraits* 7:00 Movie: Back in Action (2025, PG-13)	18 9-12:00 Mason's Meeting (GP) 9-11:30 Team Wii Bowling (TH) 10:30 Relax and Chat Awhile (LR) 12:15 Billiards (GP) 1:30-2:30 Meditation (TH) 2:45 Caregivers' Support Group (TH) 3:00 Beanbag Baseball (PNW) 6:00 <u>Bummikub</u> (LIB) 7:00 Movie: My Best Friend Anne Frank (2021, PG-13) Time TBA: NFC Divisional Round (BR)
19 1:30 Church (non-denominational) (PNW) 2:30 Mexican Train (GP) 3:00 Heartland TV Series (TH) 6:00 Bingo (PNW) 7:00 Movie: Widow Clicquot (2023, R for some sexuality/nudity)	20 9:30-11:30 Smart Phone Assistance* 10:00 Men's (TH) & Women's Bible Study (GP) 10:15 Level 2 (Standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (Seated) Exercise (FR) 1-4 Jewelry Sorting Volunteer Project (GP) 2-3:30 Suzanne's Discussion Group (TH) 3p Cribbage (GP), Shuffleboard (FR) 3:00 Open Art Studio (PNW) 6:00 Mexican Train (GP)	21 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 10:30 - 11:30 Blood Pressure Screening (TH) 11:00 Billiards (GP) 1:00 Drumming with Marie (PNW) 1:00 Hearts Card Game (LR) 2:00 Matinee: Barbara: The Music, The Memories, The Magic (2017) 3:00 Beanbag Baseball (PNW) 3:00 Bridge (HWGC) 7:00 Documentary: Live to be 100: Secrets of the Blue Zone (ep. 1&2)	22 10:00 Wii Bowling Practice (teams/subs) (TH) 10:15 Level 2 (standing) Exercise w/Marti (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 11:00 Drama Club (GP) 12-5 Massage, by Appointment * 1:00 Blackjack (GP) 3:00 Happy Hour w/Tim Clark 6:00 Double-Deck Pinochle (LR), Hand and Foot (GP)	23 9:30 Single Deck Pinochle (HWGC) 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Billiards (GP) 2-3 VENDOR: Vancouver Hearing Aids (TH) 3:00 Beanbag Baseball (PNW) 4:00 Stitchery Witchery Group (GP) 5:30 Poker (Open to All Players) (HWGC) 6:00 Cribbage (LR), Hand and Foot (GP), <u>Bummikub</u> (LIB), <u>Skipbo</u> (GP)	24 1:15 Level 2 (standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 1:00 Comedy Series: Man on the Inside (ep. 5&6) (TH) 2:30-4:00 Birthday Social & Pub Trivia 7:00 Movie: Les Misérables: The Musical Event of a Lifetime Concert	25 9-12:00 Mason's Meeting (GP) 9-11:30 Team Wii Bowling (TH) 10:30 Relax and Chat Awhile (LR) 12:15 Billiards (GP) 1:00 Belly Dancing (seated/standing) (FR) 1:30-2:30 Meditation (TH) 3:00 Beanbag Baseball (PNW) 4:00 Dinner and a Movie: Oliver! (1968) 6:00 <u>Bummikub</u> (LIB)
26 10:00 Heartland TV Series (TH) 1:30 Church (non-denominational) (PNW) 2:30 Mexican Train (GP) 2:30 Pre-Concert Talk (TH) 3:00 Vancouver Symphony Orchestra Live-Streamed Concert (TH) 6:00 Bingo (PNW) 7:00 Movie: The Unforgivable (2021, R for violence and language) Time TBA: NFC Championship (BR)	27 9:30-11:30 Smart Phone Assistance* 10:00 Men's Bible Study (TH) and Women's Bible Study (GP) 10:15 Level 2 (Standing) Exercise 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (Seated) Exercise (FR) 1-4 Jewelry Sorting Project (GP) 1:00 VP Book Club (LIB) 2-3:30 Suzanne's Discussion Group (TH) 3:00 Cribbage (GP), Shuffleboard (FR) 3:00 Open Art Studio (PNW) 6:00 Mexican Train (GP)	28 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 10:30 - 11:30 Blood Pressure Screening (TH) 11:00 Billiards (GP) 1:00 Drumming with Marie (PNW) 1:00 Hearts Card Game (LR) 2:00 Town Hall (BR) 3:00 Beanbag Baseball (PNW) 3:00 Bridge (HWGC) 7:00 Documentary: Live to be 100: Secrets of the Blue Zone (ep. 3&4)	29 10:00 Wii Bowling Practice (teams/subs) (TH) 10:15 Level 2 (standing) Exercise w/Marti (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 11:00 Drama Club (GP) 12-5 Massage, by Appointment * 1:00 Blackjack (GP) 3:00 Happy Hour w/James Kerridge 6:00 Double-Deck Pinochle (LR), Hand and Foot (GP)	30 9:30 Single Deck Pinochle (HWGC) 10:15 Tai Chi LIVE Fitness Class (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Billiards (GP) 3:00 Beanbag Baseball (PNW) 4:00 Stitchery Witchery Group (GP) 5:30 Poker (Open to All Players) (HWGC) 6:00 Cribbage (LR), Hand and Foot (GP), <u>Bummikub</u> (LIB), <u>Skipbo</u> (GP)	31 10:15 Level 2 (standing) Exercise (FR) 10:30 Relax and Chat Awhile (LR) 11:00 Level 1 (seated) Exercise (FR) 2:00 Comedy Series: Man on the Inside (ep. 7&8) (TH) 7:00 Movie: The Children's Train (2024, PG)	Key to Room Abbreviations: BR = Bistro DR = Dining Room FR = Fitness Room GP = Game Parlor HWGC = Honor Wall Game Corner LIB = Library LR = Living Room PNW = Pacific NW Room TH = heater