

ANNOUNCEMENTS

Wine Down Wednesday | January 8th - 6:30 pm - Great Room - Join Wine Down Wednesday with neighbors new and old. Wine Wednesday followed by games of Charades. This event is BYOB and starts at 6:30 pm in the Great Room.

Book Club | Thursday, **January 9th**, 7:00 pm - This month's book is "The Demons of Unrest: A saga of Hubris, Heartbreak, and Heroism at the Dawn of the Civil War" by Erik Larson. The Book Club meets once a month, every second Thursday in the Library, at 7:00 pm. For more info, contact Rebecca Keim at keimre@gmail.com

Celebrate January Birthdays | January 15th - 2:00 pm, Great Room - Come celebrate our January birthdays with cake!

Monthly Craft Night | January 15th - 7:00 pm, Canvas Room - This month's project: Snowflakes

Tea Time | January 16th, 2:00 pm, Great Room - Come sit and chat with tea and cookies.

Chilling Out Luncheon | Saturday, **January 18th**, 12:00 to 1:30 pm - Great Room. **RSVP is required.** See sign-up sheet in mail room. Deadline for sign up is , Friday, January 10th.

Wine Down Wednesday | January 22nd - 6:30 pm - Great Room - Bring a Friend Night! Wine Down with neighbors new and old. This event is BYOB and starts at 6:30 pm in the Great Room followed by the game of Pictionary at 7:30pm. It's also BAF night: "Bring a Friend" this evening to partake in the fun.

Left Center Right Ladies Night | Friday, **January 17th**, 6:30 pm, Great Room. BYOB and snacks to share are appreciated but not mandatory.

Winter Wine and Dine | **Friday, January 24th**, 7:00 pm, Great Room. Wine Tasting with light appetizers and music. RSVP required by January 20th. Sign-up sheet in mail room

Indoor Build a Snowman Competition | **January 28th**, 7:00 pm , Great Room. Find your team of 4 to create the best snowman. All you need will be supplied. Sign up in mailroom.

Sunday Night Line Dancing | 7:00 pm, Fitness Center. All are invited to learn various line dances. Beginners welcome!



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CANVAS STAFF:

Emily Bagushinski | Acting Property Manager
Joshua Hoffman | Leasing Manager
Barbara Easterling | Concierge
Gloria Spriggs | Lifestyle Director
Bryan Lacey | Lead Maintenance Technician

OFFICE PHONE:

484-747-6975
For Maintenance Emergency, Follow Prompt

**FOR ALL OTHER EMERGENCIES
PLEASE DIAL 911**

OFFICE HOURS

Mon-Thurs 9am -6pm
Fri - 8am - 5 pm
Sat - 10 am - 5pm
Sun - 12pm - 5pm

CIAO BELLA SALON

Tues 11:00 am - 7:00 pm
Thurs 11:00 am - 7:00 pm
Fri 9:00 am - 2:00 pm
Phone: (610) 990-7557
info@ciaobellasalon.com




Welcome
January



Canvas at Valley Forge
101 Bryce Lane, King of Prussia, PA 19406



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Canvas Offices Closed	2 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC	3 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge / L 2:30 pm Open Poker / L	4 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC
5 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L 7:00 pm Line Dancing / FC	6 9:00 am Pilates/Barre/Fusion / FC 10:00 am Canasta / L 10:00 am Krafty Klatsch / CR 11:00 am Billiards / GaR 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study / PMR	7 8:30 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / PMR	8 9:00 Dance / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 6:30 pm Wine Down Wednesday / GR	9 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 7:00 pm Book Club / LI	10 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge / L 2:30 pm Open Poker / PMR	11 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC
12 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L 7:00 pm Line Dancing / FC	13 9:00 am Pilates/Barre/Fusion / FC 10:00 am Canasta / L 10:00 am Krafty Klatsch / CR 11:00 am Billiards / GR 1:00 pm Mahjong / L 1:30 pm Acrylic Painting / CR 2:30 pm Poker / PMR 5:00 pm Scripture Study / PMR	14 8:30 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 7:00 pm Sip & Glass Paint w/Nancy	15 9:00 am Dance / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 7:00 pm Craft Night / CR	16 1:00 pm Pinochle / L 1:00 pm Canasta / L 2:00 Tea Time / GR 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC	17 9:00 am Dance Fitness / FC 10:00 am Pilates / FC 10:00 am Intermed Bridge / L 2:30 pm Open Poker / L	18 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC Chilling Out Luncheon 11:00 am – 12:30 pm Great Room
19 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L 7:00 pm Line Dancing / FC	20 9:00 am Pilates/Barre/Fusion / FC 10:00 am Canasta / L 10:00 am Krafty Klatsch/CR 11:00 am Billiards / GR 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study / PMR	21 8:30 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L	22 9:00 Dance / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 6:30 pm Wine Down Wednesday & Pictionary (Bring a Friend night)	23 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC	24 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge / L 2:30 pm Open Poker / L 7:00 pm Winter Wine and Dine/GR	25 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 7:00 pm Left Center Right/ GR
26 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L 7:00 pm Line Dancing / FC	27 9:00 am Pilates/Barre/Fusion / FC 10:00 am Canasta / L 10:00 am Krafty Klatsch / CR 11:00 am Billiards / GaR 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study / PMR 7:00 pm Acrylic Painting / CR	28 8:30 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 7:00 pm Indoor Team “Build a Snowman” Competition / GR	29 9:00 Dance / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR	30 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC	31 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge / L 2:30 pm Open Poker / L	

LOCATION KEY	CYP = Courtyard Poolside CYN = Courtyard North CR = Canvas Room FC = Fitness Center	GR = Great Room GaR = Game Room LI = Library L = Lounge	PMR = Poker/Media Room P = Pool	A... ♦Healthy♦ ♦Creative♦ ♦Playful♦	♦Mindful♦ ♦Inquisitive♦ ♦Social♦	Life. ♦Centered♦	OFFICE HOURS	Monday - Thursday Friday Saturday Sunday	9:00 am to 6:00 pm 8:00 am to 5:00 pm 10:00 am to 5:00 pm 12:00 pm to 5:00 pm
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