

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

## Armstrong Memory Care Assisted Living

<p>5</p> <p>10:45 Horse Shoes 1:30 Walking Group <i>2:00 Church with Joe &amp; Linda</i> 3:30 Javelin Throw 4:00 Square Basket 6:00 Your Choice</p>	<p>6</p> <p>10:00 Wheel of Fortune 11:00 A-Z Trivia 1:30 January Bingo 3:30 Walking Group 4:00 Balloon Toss 6:00 Cards</p>	<p>7</p> <p>10:00 Snowman Knock Down 10:30 Pong Ball 11:00 Moving to the Music 1:30 Snowman Racing 2:30 Walking Group 3:00 Snow Flake Twister 4:00 Dice 6:00 Lucky Snowman</p>	<p>1</p> <p>10:00 Sing-A-Long 11:15 Sit Down Dancing 1:30 New Years Bingo 3:30 Walking Group 4:00 Kick Ball 6:00 Lucky New Year</p> <p>New Year's Day</p>	<p>2</p> <p><i>10:00 Bible study with Joe &amp; Linda</i> 11:00 Trivia 1:30 Big Dice 2:30 Snow Ball Toss 3:30 Corn Hole 4:00 Walking Group 6:00 Reminisce Ball</p>	<p>3</p> <p>10:00 Jeopardy 11:15 Morning Stretch 1:30 January Bingo 3:30 Walking Group 4:00 Balloon Fun 6:00 Comedy Hour</p>	<p>4</p> <p>10:45 Golf 1:30 Basketball 2:30 Party Pong 3:30 Trivia 4:00 Walking Group 6:00 Penny Ante'</p>
<p>12</p> <p>10:45 Morning Stretch 11:15 Name 3 1:30 Table Top Bowling <i>3:00 Hymns with Clair Besse</i> 4:00 Walking Group 6:00 Penny Ante'</p>	<p>13</p> <p><i>10:00 Spiritual Eldercare Church Service</i> 11:00 Trivia 1:30 January Bingo 3:00 Walking Group 3:30 Bean Bag Toss 4:00 Big Dice 6:00 Reading Circle</p>	<p>14</p> <p>10:00 Movin' &amp; Groovin" 10:30 Snow Ball Toss 11:00 Party Pong <i>2:00 Winter Wonderland with Rachell</i> 3:00 Walking Group 3:30 Ring Toss 4:00 Fact or Crap 6:00 Shake Awake</p>	<p>8</p> <p><i>10:00 Elvis in Concert</i> 11:15 Sit Down Dancing 1:30 January Bingo 3:30 Walking Group 4:00 Yard Darts 6:00 Cards</p> <p>Happy Birthday Elvis</p>	<p>9</p> <p>10:00 Chair Yoga 10:30 Noodle Fun 11:00 Walking Group 1:30 Snowball &amp; Laundry Baskets 2:30 Snowman Bowling 3:30 Big Dice 6:00 Shake Loose</p>	<p>10</p> <p><i>10:30 Rosary with Sandy</i> 11:00 Walking Group 1:30 January Bingo 3:30 Snow it to Throw It 4:00 Tower Toss 6:00 Trivia</p>	<p>11</p> <p>10:45 Corn Hole 1:30 Afternoon Stretch 2:00 Yellow Dice 2:30 Ax Throwing 3:30 Noodle Fun 4:00 Walking group 6:00 21</p>
<p>19</p> <p>10:45 Snowball Fight 1:30 Walking Group <i>2:00 Church with Joe &amp; Linda</i> 3:15 Volleyball 6:00 Comedy Hour</p> <p>Activity Professionals Week</p>	<p>20</p> <p>10:00 Chair Yoga 10:30 Word Games 1:30 January Bingo 3:00 Walking Group 3:30 Pub Trivia 6:00 Zilch</p> <p>Martin Luther King Jr. Day</p>	<p>21</p> <p>10:00 Wheel of Fortune 11:15 Chair Exercise 1:30 Horse Racing 2:30 Pong Ball 3:30 Snowman Bowling 4:15 Walking Group 6:00 Penny Ante'</p>	<p>15</p> <p>10:00 Sing-a-Long 11:15 Chair Exercises <i>1:30 Communion with Felicia</i> 2:00 January Bingo 3:30 Walking Group 4:00 Clue Trivia 6:00 Cards</p>	<p>16</p> <p><i>10:00 Bible study with Joe &amp; Linda</i> 11:00 Resident/Food Council 1:30 Sit Down Dancing 2:00 Horse Racing 3:00 Balloon jacks 4:00 TP Roll 6:00 Reminisce Ball</p>	<p>17</p> <p>10:00 Family Feud 11:15 Chair Exercises 1:30 January Bingo 3:00 Walking Group 3:30 Bean Bag Toss 4:00 Kick Ball 6:00 Wooden Memory Game</p>	<p>18</p> <p>10:45 Jenga 1:30 Winter Movie with Hot Chocolate 3:45 Walking Group 4:00 Trivia/Who are they 6:00 Your Choice</p>
<p>26</p> <p>10:45 Snowman Knockdown 1:30 Clue Trivia 2:00 Afternoon Stretch 2:30 Bean Bag Toss 3:30 Pong Ball 6:00 Darts</p> <p>Australia Day (Observed)</p>	<p>27</p> <p><i>10:00 Spiritual Eldercare Church Service</i> 10:15 Chair Exercise 1:30 January Bingo 3:00 Walking Group 3:30 Jenga 4:00 Noodles 6:00 Cards</p>	<p>28</p> <p>10:45 Horse Shoes 1:30 Jeopardy 2:00 Snow Ball Toss 3:30 Yellow Dice 4:00 Waling Group 6:00 Reading Circle</p>	<p>22</p> <p>10:00 Sing-a-Long Crossword 11:15 Chair Exercise 1:30 January Bingo 3:00 Walking Group 3:30 Snowball Toss 4:00 Big Dice 6:00 Cards</p>	<p>23</p> <p>10:00 Sittersize 10:30 Basket ball 11:00 Kick Ball 1:30 Connect 3 2:30 Snowman Knockdown 3:30 Snowballs &amp; Laundry 6:00 Lucky Snowman</p>	<p>24</p> <p><i>10:00 Rosary with Sandy</i> 10:30 Bag Pong 1:30 January Bingo 3:00 Walking Group 3:30 Balloon Fun 4:00 Snowball Fight 6:00 Their Choice</p>	<p>25</p> <p>10:45 Ring Toss 1:30 Javelin 2:30 Yard darts 3:30 Pong Ball 4:00 Rhythm &amp; Movement 6:00 Gratitude Sticks</p>
<p>29</p> <p>10:00 Ring Toss 10:30 Name 3 11:00 Tower Toss <i>1:30 Communion with Felicia</i> 2:00 January Bingo 3:30 Walking Group 4:00 A-Z Trivia 6:00 Your Choice</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30</p> <p><i>10:00 Bible study with Joe &amp; Linda</i> 11:00 Finish the Phrase <i>2:00 Music with Richard</i> 3:00 Walking Group 3:30 Square Basket 6:00 Penny Ante'</p>	<p>31</p> <p>10:00 Twister 11:00 Noodle Hockey 1:30 January Bingo 3:00 Walking Group 3:30 Kick Ball 6:00 Zilch</p>	<p>29</p> <p>10:00 Ring Toss 10:30 Name 3 11:00 Tower Toss <i>1:30 Communion with Felicia</i> 2:00 January Bingo 3:30 Walking Group 4:00 A-Z Trivia 6:00 Your Choice</p>	<p>30</p> <p><i>10:00 Bible study with Joe &amp; Linda</i> 11:00 Finish the Phrase <i>2:00 Music with Richard</i> 3:00 Walking Group 3:30 Square Basket 6:00 Penny Ante'</p>	<p>31</p> <p>10:00 Twister 11:00 Noodle Hockey 1:30 January Bingo 3:00 Walking Group 3:30 Kick Ball 6:00 Zilch</p>	<p>31</p> <p>10:45 Corn Hole 1:30 Golf 2:00 High Low 2:30 Javelin 3:30 Big Dice 6:00 Dice</p>