



# The Holton News

## — MANOR

JANUARY  
2025

Skilled Nursing • Inpatient & Outpatient Rehab Therapy • Aquatic Therapy • Respite Care • Hospice Care



### Staff Anniversaries

Shannon B.	1/10/2002
Addison G	1/22/2024
Patricia G.	1/18/1982
Jennifer S.	1/8/2024
Jamie T.	1/10/2002

## Happy New Year Everyone!



### Job Openings

#### Dietary-

- FT Cook
- PM Dietary Aide

#### Nurses-

- PT 2nd shift
- CNAs-**
- FT and PT 2nd Shift
- Casual 3rd Shift

**Apply online at our website.**

## Holton — MANOR

645 N. Church Street, Elkhorn, WI 53121  
262.723.4963

Alyssa Sarasin, Administrator  
Jody Welch, Business Office Mgr.  
Rachel Quintero, Activities

 **Like Us On Facebook**

As a non/profit 501c3 community, we thank you for supporting our mission of service to seniors through tax/deductible donations of cash or useful items.  
Please call our office.

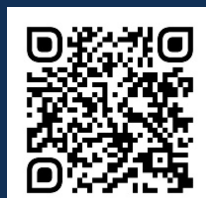


**Wisconsin Illinois**  
SENIOR HOUSING INC.

HoltonManor.org

WE ACCEPT CREDIT CARDS

**Join us for daily activities including Bingo, Cards, Board Games, Crafting, Puzzles, Special Events and so much more!**



**View our Activity Calendar, fun videos, and pics on FB and TikTok!**

**Like / Share / Follow**

## Activity Events

**Lutheran Services**

**Start January 15th**

**10:30 a.m. and Every**

**3rd Wednesday after**

**St Patrick's Crafting**

**Group: January**

**22nd at 5:30 p.m.**





## Discover a New Hobby this January


Did you resolve to try something new this year? January is National Hobby Month—the perfect time to explore hobbies that bring joy, relaxation, and a sense of purpose. Hobbies not only to fill extra time, especially for seniors, but may also positively affect mood and well-being.


Here are some hobby ideas to inspire you:

 **Creative Crafts:** Try sewing, needlepoint, quilting, or painting. Creating something with your hands brings a sense of accomplishment, and your finished pieces can make heartfelt gifts or donations to those in need.

 **Games & Puzzles:** Enjoy crosswords, cards, or jigsaw puzzles to keep your mind sharp. Prefer tech? Online games on tablets and smart phones are great for mental stimulation, especially during National Puzzle Month!

 **Book Clubs:** Reading is a great leisure activity, and joining a group to discuss books can add a social element and spark meaningful conversations.

 **Social Media Fun:** Stay connected with loved ones by sharing updates, photos, and videos via text, email, or on social media. It's an easy way to stay involved and feel connected.

 **Music Appreciation:** Enjoy listening to your favorite tunes on the radio or join a group sing-along. Music is a wonderful way to relax, lift your spirits, and connect with others. Hobbies add meaning and joy to life. Which one will you try this month?

## Popcorn Mix-In Ideas

Popcorn is the ultimate **easy snack—quick to make, endlessly customizable, and perfect for sharing!** Whether you love it plain or loaded with flavors, National Popcorn Day (January 19) is the perfect time to get creative with your kernels.

**No-Frills Classic:** Drizzle melted butter over freshly popped popcorn and sprinkle with a touch of salt. Sometimes simple is best!

**Sweet Treats:** Mix in Reese's Pieces, M&Ms, or mini chocolate or white chocolate chips.

**Fun and Fruity:** Add dried fruits like raisins, cranberries and apricots.

**Cheesy Goodness:** Sprinkle grated Parmesan or your favorite cheese powder for a savory twist.

**Crunchy Nuts:** Add roasted peanuts, cashews, or walnuts for texture and flavor

**Spicy Kick:** Try cayenne pepper, garlic powder, black pepper, or

wasabi peas for heat.

**Seasoned Snacks:** Enhance with garlic powder, black pepper, Italian herbs, or taco seasoning.

**Sticky Sweet:** Mix in melted marshmallows or a drizzle of honey, or make kettle corn by adding sugar and salt during popping.

**Sweet & Savory:** Combine your favorite chocolate and nuts together.

**With so many options, popcorn can be as simple or as bold as you like. Mix, match, and enjoy!**



## Testimonial

*We had to place Dad here after hip surgery. With being Blind, new place and short term memory – Holton Manner stepped up and gave great care. With this being an Aurora PAN network where Drs on staff – Everyone from the Doctors, Nurses, PT/OT, CNA's & Cooks were Fabulous!! Loved that they are also pup friendly – our dog will miss seeing Pepper everyday! We Highly recommend staying here for yourself or a loved one! –Pam L.*

