

# WHAT IS A RESIDENT ASSISTANT?

Join our team as an RA by scanning the code and applying for an open position.



A Resident Assistant (RA) is an essential caregiver who helps seniors with activities of daily living and also provides conversation and companionship to enrich their lives.

**No experience needed. We offer paid training to help you become an exceptional Resident Assistant to those you'll help care for.**

## RESIDENT ASSISTANT DUTIES IN A NURSING HOME

- Offer conversation & companionship
- Assist with activities
- Observe residents and alert staff to changes
- Answer call lights
- Assist with mobility via wheelchair
- Set up, serve & clean up at mealtimes
- Pass water, juice or snacks
- Perform light cleaning & linen changes
- Inventory & replenish supplies

## BENEFITS OF BEING AN RA

- RAs are an important part of our care team.
- No experience required; paid training.
- Catalyst for a successful health care career
- We offer employee tuition reimbursement for career growth: Become a CNA, Medical Tech, LPN or RN.

## NEXT STEPS

When you decide to move forward from RA to CNA, we can help with **FREE CNA CLASSES** offered to all employees.

You'll learn:

- Anatomy & physiology
- Nutrition
- Infection control
- Vital signs & measurements
- Communication & teamwork
- Personal care & ADLs (activities of daily living)
- Protecting patient/resident confidentiality
- Mental health
- Cultural diversity
- Patient/resident rights

