## WHAT IS A RESIDENT ASSISTANT?

Join our team as an RA by scanning the code and applying for an open position.







A Resident Assistant (RA) is an essential caregiver who helps seniors with activities of daily living and also provides conversation and companionship to enrich their lives.

No experience needed. We offer paid training to help you become an exceptional Resident Assistant to those you'll help care for.

## **RESIDENT ASSISTANT DUTIES IN A NURSING HOME**

- Offer conversation & companionship
- Assist with activities
- Observe residents and alert staff to changes
- Answer call lights
- Assist with mobility via wheelchair
- Set up, serve & clean up at mealtimes
- Pass water, juice or snacks
- Perform light cleaning & linen changes
- Inventory & replenish supplies

## **BENEFITS OF BEING AN RA**

- RAs are an important part of our care team.
- No experience required; paid training.
- Catalyst for a successful health care career
- We offer employee tuition reimbursement for career growth: Become a CNA, Medical Tech, LPN or RN.

## **NEXT STEPS**

When you decide to move forward from RA to CNA, we can help with FREE CNA CLASSES offered to all employees. You'll learn:

- Anatomy & physiology
- Nutrition
- Infection control
- Vital signs & measurements
- Communication & teamwork
- Personal care & ADLs (activities of daily living)
- Protecting patient/resident confidentiality
- Mental health
- Cultural diversity
- Patient/resident rights

