SUN	MON	TUE	WED	THUR	FRI	<u>SAT</u>
LOCATION KEY AAR - Atrium Activity Room-4th Fl. ACR - Atrium Card Room-3rd Fl. CR - Community Room-1st Fl. GR - Game Room-2nd Fl. LIB - Library: 3rd Fl. L - Lobby PUB - Pub-2nd Fl. TAR - Terrace Activity Room-3rd Fl			New Year's Day 10:30 Catholic Communion w/ Mary (THR) 12:30 Walking Group (L) 2:00 Bingo (PUB) 3:00 What's Your Story? (PUB) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00 Morning Stretch (Ch.956) 10:00 Town Hall (CR) 12:30 Take down the Trees (L) 1:00 Shuffleboard (GR) 1:00 Veteran's Club Meeting (CR) 2:00 Bingo (PUB) 3:00 Cards (TAR) 6:00 Classic Movie Night (THR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00Chair Yoga w/ Vicky (CR)31:00Bocce Ball (GR)1:00Touch Tank Program (PUB)2:00Kings-in-the-Corner (TAR)3:00Happy Hour (PUB)6:00Friday Night Card Club (LIB)6:30Flex & Relax w/ Pahla (Ch.956)	<ul> <li>10:30 Morning Mov'in to the Oldies w/ Heidi (PUB)</li> <li>12:30 Clever Crafts w/ Heidi (TAR)</li> <li>2:00 Kitchen Korner (Baked Pizza Bites) (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul>
10:30 Bible Study (Terrace Activity Room)51:00 Winter Boredom Buster Games (TAR)2:00 Church (THR) 3:00 Coffee, Tea & Cookies (TAR)6:00 Farkle (AAR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00Morning Stretch (Ch.956)2:00Bingo (PUB)3:00Fox Fitness Fun (PUB)3:00Store Cart (PUB)3:30Card Games w/ Babs (PUB)6:00Pinochle Club (LIB)6:30Flex & Relax w/ Pahla (Ch.956)100	10:30Shuffleboard (GR)71:00Country Drive (L)72:00Rummy (TAR)3:00Villa Stitchers (AAR)3:00Villa Store (4th Fl.)6:00Games w/ Cathy (LIB)6:30Flex & Relax w/ Pahla (Ch.956)	10:30 Catholic Communion w/ Mary (THR)812:30 Walking Group (L) 2:00 Sing-a-longs w/ Debbie on piano (PUB)83:00 What's Your Story? (PUB) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch.956)8	10:00Morning Stretch (Ch.956)910:30Blood Pressures w/ Karen (PUB)91:00Cardio Drumming (CR)1:00Shuffleboard (GR)2:00Bingo (PUB)3:00Cards (TAR)6:00Classic Movie Night (THR)6:30Flex & Relax w/ Pahla (Ch.956)	10:00 Chair Yoga w/ Vicky (CR) 1:00 Bocce Ball (GR) 2:00 Kings-in-the-Corner (TAR) 3:00 Happy Hour (PUB) 6:00 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch.956)	9:00 Mexican Train (LIB) 1:00 Allyson on piano (PUB) 2:30 Bingo (PUB) 3:30 Group Puzzle (TAR) 6:30 Flex & Relax w/ Pahla (Ch.956) 6:30 Travelogue (THR)
8:30 Bus to OMPH (L) 10:00 UNO (TAR) 1:00 Mexican Train (TAR) 2:00 Church (THR) 3:00 Karaoke w/ Henry (PUB) 6:00 Farkle (AAR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00 Morning Stretch (Ch.956)132:00 Bingo (PUB)3:00 Store Cart (PUB)3:30 Card Games w/ Babs (PUB)6:00 Pinochle Club (LIB)6:30 Flex & Relax w/ Pahla (Ch.956)	<ul> <li>10:30 Shuffleboard (GR)</li> <li>11:00 Lunch at Country Fare (L)</li> <li>2:00 Rummy (TAR)</li> <li>3:00 Villa Stitchers (AAR)</li> <li>3:00 Villa Store (4th Fl.)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> <li>6:30 Music w/ Ted Silar on piano (PUB)</li> </ul>	<ul> <li>10:30 Catholic Communion w/ Mary (THR)</li> <li>12:30 Walking Group (L)</li> <li>2:00 Sing-a-longs w/ Debbie on piano (PUB)</li> <li>3:00 What's Your Story? (PUB)</li> <li>6:00 Canasta (ACR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> </ul>	10:00 Hearing Aid "Check-ups" w/ Marnie (PUB) 10:00 Morning Stretch (Ch.956) 1:00 Shuffleboard (GR) 2:00 Bingo (PUB) 3:00 Cards (TAR) 6:00 Classic Movie Night (THR) 6:00 Dementia Support Group (CR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00 Chair Yoga w/ Vicky (CR) 1:00 Bocce Ball (GR) 2:00 Kings-in-the-Corner (TAR) 3:00 Happy Hour (PUB) 6:00 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch.956)	<ul> <li>10:30 Morning Mov'in to the Oldies w/ Heidi (PUB)</li> <li>12:30 Clever Crafts w/ Heidi (TAR)</li> <li>2:00 Kitchen Korner (Cinn. Croissants &amp; Coffee Floats) (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul>
10:30 Bible Study (Terrace Activity Room) 1:00 Popcorn Tasting Party (TAR) 2:00 Church (THR) 3:00 Coffee, Tea & Cookies (TAR) 6:00 Farkle (AAR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00 Morning Stretch (Ch.956) 10:30 Activity Meeting (Terrace Activity Room) 2:00 Bingo (PUB) 3:00 Fox Fitness Fun (PUB) 3:00 Store Cart (PUB) 3:30 Card Games w/ Babs (PUB) 6:00 Pinochle Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:30 Shuffleboard (GR) 1:00 Country Drive (L) 2:00 Rummy (TAR) 3:00 Villa Stitchers (AAR) 3:00 Villa Store (4th Fl.) 6:00 Games w/ Cathy (LIB) 6:30 Flex & Relax w/ Pahla (Ch.956)	<ul> <li>10:30 Catholic Communion w/ Mary (THR)</li> <li>12:30 Walking Group (L)</li> <li>1:30 Birthday Party w/ Steen Lemon (PUB)</li> <li>3:00 What's Your Story? (PUB)</li> <li>6:00 Canasta (ACR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> </ul>	10:00 Morning Stretch (Ch.956) 10:30 Blood Pressures w/ Karen (PUB) 1:00 Shuffleboard (GR) 2:00 Bingo (PUB) 3:00 Cards (TAR) 6:00 Classic Movie Night (THR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00Chair Yoga w/ Vicky (CR)241:00Bocce Ball (GR)2:00Kings-in-the-Corner (TAR)3:00Happy Hour (PUB)6:00Friday Night Card Club (LIB)6:30Flex & Relax w/ Pahla (Ch.956)	<ul> <li>1:00 Allyson on piano (PUB)</li> <li>2:30 Bingo (PUB)</li> <li>3:30 Group Puzzle (TAR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> <li>6:30 Travelogue (THR)</li> </ul>
10:00 UNO (TAR) 1:00 Mexican Train (TAR)262:00 Church (THR) 3:00 Karaoke w/ Henry (PUB) 6:00 Farkle (AAR) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:00 Morning Stretch (Ch.956) 1:00 Food Committee Meeting (TDR) 2:00 Bingo (PUB) 3:00 Store Cart (PUB) 3:30 Card Games w/ Babs (PUB) 6:00 Pinochle Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch.956)	10:30 Shuffleboard (GR) 1:00 Ice Cream at Fox Meadows (L) 2:00 Rummy (TAR) 3:00 Villa Stitchers (AAR) 3:00 Villa Store (4th Fl.) 6:30 Flex & Relax w/ Pahla (Ch.956) 6:30 Music w/ Joey D. on guitar (PUB)	Chinese New Year 10:30 Catholic Communion w/ Mary (THR) 12:30 Walking Group (L) 2:00 Sing-a-longs w/ Debbie on piano (PUB) 3:00 What's Your Story? (PUB) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch.956)	<ul> <li>10:00 Morning Stretch (Ch.956)</li> <li>1:00 Shuffleboard (GR)</li> <li>2:00 Bingo (PUB)</li> <li>3:00 Cards (TAR)</li> <li>6:00 Classic Movie Night (THR)</li> <li>6:30 Flex &amp; Relax w/ Pahla (Ch.956)</li> </ul>	10:00 Chair Yoga w/ Vicky (CR) 1:00 Bocce Ball (GR) 2:00 Kings-in-the-Corner (TAR) 3:00 Happy Hour (PUB) 6:00 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch.956)	
January Terrace	2025		Keystone Villa AT EPHRATA			

Activity Dept. Director: Cathy Clouse ext.-80507

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