



# Ponté Palmero

RESORT-STYLE LIVING

## Resident of the Month

December 2024



Our December Resident of the Month is Mary Lou Lingenfelter. She has lived at Ponte Palmero since July, 2021. Mary Lou was born in Antioch, CA. Her mother was a self-employed beautician and her father was a steel mill worker and a real estate agent. She lived in Concord, CA from infancy until age 18, when she married her late husband, Ted Lingenfelter. Mary Lou and Ted met in grade school (he was the older brother of one of her girlfriends). They started dating toward the end of high school. Mary Lou and Ted were married for 68 exciting, different years. Ted was in the Marine Corps for 26 years. Over the course of his career, Ted was deployed. Each time Ted returned home, the couple fell easily back into their roles of mother and father. "We were meant to be together," she said.

In high school, when they asked Mary Lou what she wanted for her career, she said she wanted to be a mother. "I didn't know how right I was," she said. She and Ted have 4 children, 10 grandchildren, 15 great-grandchildren, and 1 great-great grandchild. She worked outside the home briefly, but being a military family, they had to relocate often, and that made it tough to get a job. At times, Mary Lou did babysitting to earn extra money, sometimes taking on 4 children in addition to her own.

Mary Lou fell in love with oil painting 30 years ago. "Once I start painting, the whole world goes away," she said. She hasn't painted in a few years. Nowadays, Mary Lou is focusing on staying healthy. "I look forward to spending time with my family. That's the highlight of my life," she said.

*(continued on page 2)*

**Mary Lou Lingenfelter: Resident of the Month**

# Happy Birthday



- Donna Greene - Dec. 1
- Cathy Amaral - Dec. 2
- Lola Rice - Dec. 3
- Carolyn Workman - Dec. 3
- Jeanette Boltz - Dec. 5
- Midge Haas - Dec. 6
- Clara "CJ" Welter - Dec. 6
- Sylvia Stanton - Dec. 10
- Sandra Brown - Dec. 11
- Jean Peterson - Dec. 14
- Ruth McAlister - Dec. 20
- Ruth Timmons - Dec. 21
- Gloria Huesties - Dec. 22
- Dennis Perry - Dec. 23
- Hershel Baser - Dec. 23
- Myrna Augsburg - Dec. 24
- Sara Beddow - Dec. 29
- Marcene Flaherty - Dec. 30

# Happy Anniversary

- Ralph & Isolde Harder - Dec. 12

HELLO December



## Resident of the Month

*(Continued from page 1)*  
Mary Lou and Ted settled in Grass Valley, CA, where they lived for 31 years. They had 2.5 acres and a 3,000 square foot house that she loved. When it came time to move, Mary Lou's granddaughter told her about Ponte Palmero. They picked Ponte because of the duets. "I like the people at Ponte. The residents and the people that work here are helpful and nice," she said. Mary Lou's life philosophy is "don't ever give up and be thankful for what you have."

## Halloween Party & Casino Night



## Ken's Costume: "Fall Guy"





### Lori Sacco & Company Performing



### Resident Costume Contest: 1st, 2nd and 3rd Place Winners Ray, Margaret & Isolde



### Halloween Casino Night



### Lunch and Shopping Outing at Chico's and Barnes & Noble



## Employee Costume Contest



### Fall Wreath Craft



### Paint and Sip With Cathie's Paint Party



## Veterans Day Living History Exhibit



## Ponté Palmero Directors To Contact the Directors, Call the Concierge at (530) 677-9100

Administrator.....Landon Pilegaard  
 Managing Director.....Terry Howard  
 Activities Director.....Nancy Peabody  
 Assisted Living Director.....Jennifer Hinch  
 Memory Care Director.....Dej'ja Bracy  
 Business Office Director.....Kelli Riley  
 Maintenance Director.....Kevin Hallmeyer  
 Marketing Director.....Rachel Amador  
 Marketing Director.....Amy Elias  
 Food Services Director.....Alex Winters



Ponté Palmero Resort-Style Living

# "This Month In History"

## DECEMBER

**1901:** With a goal of setting rules and safety standards, representatives from over 60 universities meet to form the Intercollegiate Athletic Association of the United States. In 1910, the organization was renamed the NCAA.

**1924:** At age 2, Judy Garland makes her stage debut at her father's movie theater in Grand Rapids, Minn.

**1948:** The United Nations General Assembly adopts the Universal Declaration of Human Rights. Defining

fundamental freedoms of all human beings, the document has been translated into more than 500 languages.

**1973:** Astronauts on NASA's Skylab 4 mission take a 7-hour spacewalk, the longest at the time.

**1987:** Ron Hextall of the Philadelphia Flyers becomes the first NHL goalie to score a goal by intentionally firing the puck into the other team's net.

**2001:** "The Lord of the Rings: The Fellowship of the Ring" premieres. It was the first film in the trilogy based on author J.R.R. Tolkien's fantasy series.

**2007:** At 81, Queen Elizabeth II becomes the oldest ever monarch of the U.K., surpassing her great-great-grandmother, Queen Victoria.

**2016:** Global retailer Amazon makes its first delivery by drone. The package arrived at its destination 13 minutes after it was ordered.