## WHAT IS A RESIDENT ASSISTANT?

Join our team as an RA by scanning the code and applying for an open position.







A Resident Assistant (RA) is an essential caregiver who helps seniors with activities of daily living and also provides conversation and companionship to enrich their lives.

No experience needed. We offer paid training to help you become an exceptional Resident Assistant to those you'll help care for.

## **DUTIES OF AN RA**

- Provide routine resident care
- Offer conversation & companionship
- Observe residents and alert staff
- Assist with mobility via wheelchair or walker
- Help with toileting, bathing, dressing, hygiene
- Set up, serve & clean up at mealtimes
- Assist with feeding, pass water & juice
- Perform light cleaning & linen changes
- Check & replenish supplies
- Pass medications (following Med Asst certification)

## **BENEFITS OF BEING AN RA**

- RAs are an important part of our care team.
- No experience required; paid training.
- Fulfillment working with residents
- Catalyst for a successful health care career
- We offer employee tuition reimbursement for career growth: Become a CNA, Medical Tech, LPN or RN.

## **NEXT STEPS**

When you decide to move forward from RA to CNA, we can help with our tuition reimbursement program offered to all employees. It only takes 4-6 weeks to become a certified nurses assistant. In class, you'll learn:

- Anatomy & physiology
- Nutrition
- Infection control
- Vital signs & measurements
- Communication & teamwork
- Personal care & ADLs (activities of daily living)
- Protecting patient/resident confidentiality
- Mental health
- Cultural diversity
- Patient/resident rights

