



**Joan C - 4th**  
**Bernie B - 9th**  
**Rita T - 11th**  
**Nick S - 15th**  
**Hank V - 23rd**  
**Carol C - 28th**  
**Virginia H - 31st**

## COMMUNITY COMMUNICATION

Your December Calendar is included with this Newsletter. While we try our best not to make changes, it does happen from time to time. Remember: The most up-to-date programs are always posted in the elevator, in front of the Hobby Room and dining room, on the TV screens & now you can access on your phone. If you have any questions, please reach out to the Life Enrichment Team.

Our rides to church on Sundays resumed last month. We are now rotating between St Michaels and St Therese. Both of these parishes support our community by sharing their time during the weekdays.

Our “Family Christmas Tree” is new this year and will be placed in the fireplace sitting area by the main entrance. We are asking each resident to contribute an ornament to fill our tree. Tags are available so we know who each ornament belongs to and they will be returned when the tree is taken down.

Because of the holiday schedule, some activities needed to be moved to different days, times and/or locations. Please watch your calendar closely.

A gentle reminder that items in our Hobby Room and Trunk Club are designated for Life Enrichment programming and should not be removed from those areas. We have been experiencing situations where we are missing food, decorations and supplies.



**FAMILY & FRIENDS REFERRAL PROGRAM!**

## \$3500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to our community, they'll thank you for it - and then we'll thank you for it too!

If they sign a one-year lease with us, you'll receive a \$3500 Referral Bonus\* in the form of a check, rent credit or donation to a charity of your choice! Ask for details!

# LAKE SIDE CON NECT DECEMBER 2024



**“In December, let the twinkling lights remind you that even in the darkest moments, there is always a glimmer of hope.”**

The holidays are in full swing at Waltonwood Lakeside! Soon you'll see a beautiful transformation as we decorate the community. It's the perfect time of year to look back and reflect on the good times we've had and look forward to the future. We are fortunate to be surrounded by caring, kind, talented and thoughtful residents and associates. We are so excited to continue celebrating the holiday season with music, cuisine and fun!! We hope you will join us for our Holiday Open House and our Holiday Buffet Dinner. On Friday, December 20th, our own Lakeside Choir will be performing for us.

We have special visits scheduled from our friends at Mary Kay who will be singing Christmas carols and passing out goodies. Our star-studded entertainment schedule includes performances by Elvis tribute artist Bryan Dixon, Vanessa Carr and Aaron Caruso. On December 31st we will hold our traditional “Toast to Noon” followed by entertainment by Soundz of Music.

May the magic of the holiday season remain with you all year long,  
**Rene Ruhlman/Life Enrichment Manager**



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## COMMUNITY MANAGEMENT

**Gina Conway**  
*Executive Director*

**Allison Neal**  
*IL Manager*

**Lisa Kendrick**  
*Business Office Manager*

**Rene Ruhlman**  
*IL Life Enrichment Manager*

**Melissa Wright**  
*Lead Marketing Manager*

**Aaron Rodino**  
*Marketing Manager*

**Nick St Onge**  
*Culinary Services Manager*

**Les Hicks**  
*Environmental Services Manager*

**Marcia Combs**  
*MC Life Enrichment Manager*

**Moriah Dean**  
*AL Life Enrichment Manager*

## ASSOCIATE OF THE MONTH - MAGGIE

Congratulations to Maggie, Dining Room Server for being selected as associate of the month. She was nominated by several residents who said she is polite, kind, friendly and fast! She always gets the orders right and is a good worker.

Maggie has been with us for a little over one year. She loves socializing and having fun with others. A fun fact is that her real name is Margarita!

If you would like to nominate an employee (culinary, housekeeping, life enrichment, care team, concierge or maintenance) for exemplary service, forms are available at the Front Desk.



## NOVEMBER HIGHLIGHTS

### 6th

We celebrated our Veterans with a special brunch hosted by our Marketing Team

### 7th

Tis the season for a visit to the Detroit Parade Company to see all the Thanksgiving Parade floats.



### 21st

Residents and their families enjoyed a delicious meal prepared by our amazing Culinary Team.

### 28th

Thankful for a Lion's win on Thanksgiving Day!



## FOREVER FIT:

The holidays are a wonderful time of the year filled with friends, family and gatherings. It's also a very stressful time packed with events and obligations that pull you from your current routine and into a space that can feel completely overwhelming. So, take this as gentle reminder that the holiday stress is normal and OK, in fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress will directly impacts how our bodies and minds feel in the weeks to come. When you day starts to get too stressful try these simple tips to help you navigate the hectic holiday season.

- Meditation
- Breathing exercises
- Exercise
- Eliminating stressors
- Aromatherapy
- Healthy Diet
- Hug someone

## TRANSPORTATION INFORMATION

Transportation is offered for Independent Living residents Monday-Thursday between 8am and 3pm for appointments based on availability. Residents are asked to fill out a transportation request form at least two weeks in advance so our drivers can create their schedule. Slips are located in the library or at the front desk. We will do our best to accommodate last minute ride requests based on schedule availability. **Medical appointments will take precedence over leisure ride requests.** We encourage family and friends to remain involved with transportation to medical appointments. All rides outside of our 10 mile radius will be charged at \$2 per mile.

Outings and community events sign-up sheets are in the Outings binder. Please keep in mind all events are first come - first serve. We request that if you sign up for an outing and end up not being able to attend, you cross your name off the list. If the bus is full and you have your own car, you are welcome to add your name to the right side of the sign-up form and join us at the destination. **Drivers are not available on Fridays as they are supporting our Assisted Living & Memory Care communities.**

## DECEMBER HAPPENINGS

- 2nd - Entertainment with Scott Vernier
- 7th - Performance by the German Choir
- 9th - Elvis will be in the building!
- 11th - Musical entertainment with Vanessa Carr
- 12th - Outing to Frankenmuth
- 13th - Holiday Open House - Residents welcome to join us at 2pm
- 16th - Nick's 100th Birthday celebration with a visit by Mark Hackel and entertainment by Aaron Caruso
- 18th - Holiday Dinner outing and Christmas lights
- 20th - Holiday concert with the Waltonwood Choir
- 20th - Family Holiday Dinner Buffet (Please RSVP)
- 23rd - Resident Council Meeting
- 25th - Merry Christmas!
- 31st - New Year's Eve Toast to Noon with entertainment by Soundz of Music



## GINA CONWAY, EXECUTIVE DIRECTOR

On behalf of the entire Waltonwood team, we wish you all a very Happy Holiday season! We have several fun events scheduled at the community this month, notably the Holiday Open House on December 13th and our annual Holiday Buffet dinner on December 20th. Please call the community to RSVP for these events. We hope to see you there!