

# LAKE BOONE CONNECT

DECEMBER 2024

ASSISTED LIVING EDITION



*Redefining Retirement Living*

**SINGH**

3560 Horton Street, Raleigh, NC 27607

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## COMMUNITY MANAGEMENT

Jared Dicks

*Associate Executive Director*

Starr Smith

*Assisted Living Life Enrichment*

Taylor Rountree

*Memory Care Life Enrichment*

Yvette Evita-Gunter

*Business Office*

Andre' Vaughn

*Environmental Services*

Ben Hollinger

*Culinary Services*

Tiffany Ashton and

Niya Stafford-Hooks

*Marketing*

## Make It a DECEMBER to Remember

Dear Residents and Families,

As the year comes to a close and December blankets us in its familiar warmth, we are reminded of the beauty of community, togetherness, and cherished traditions. This season is more than just a time of festivity; it's an opportunity to reflect on the moments we've shared, the stories that have brought us closer, and the kindness that has brightened our days.

Throughout the halls of our senior living community, the twinkling lights and soft hum of holiday songs serve as a gentle

reminder that joy is found in the simple things: a shared laugh, a cup of hot cocoa, or the comfort of good company. This December, let's celebrate not just the holidays, but each other. Let's savor the peace, spread warmth, and make new memories that will be cherished long into the future. May your days be filled with joy, health, and the cozy spirit of the season.

With warmest wishes,

Starr Smith

Life Enrichment Manager

## Associate Spotlight

### Tatiana Powell

Tatiana has been a member of the Waltonwood Family for 3 years, starting as a Concierge in 2022. A few months in this role, she was promoted to lead Concierge and Scheduler. One year later she transitioned into the Move-In Coordinator position, which has been a highly rewarding career advancement for her. When asked about her favorite part about working at Waltonwood, Tatiana said it is forming connections with the residents and family members that has been a highlight of her experience. When she is not here helping out at Waltonwood she enjoys her free time at home relaxing. We are so happy to have you here, Tatiana!



## NOVEMBER HIGHLIGHTS

What a time we had in November! We celebrated our veterans with a heartwarming social where we unveiled our new wall of honor showcasing our veterans. We had such a fun time at our monthly Bark Bash. Six doggies and their owners came and showed us a tail wagging good time. We had our first happy hour which was themed, Flannel and Fizz and we enjoyed classic apple cider fizz cocktails with caramel corn and spiced nuts. The museum of natural science paid us a visit and brought along some animal friends. We had a great thanksgiving dinner with friends and family. To close the month, we had a hilarious turkey hunt!



## Navigating The Holidays

The holidays are a wonderful time of the year filled with friends, family and gatherings. It's also a very stressful time packed with events and obligations that pull you from your current routine and into a space that can feel completely overwhelming. So, take this as gentle reminder that the holiday stress is normal and OK, in fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress will directly impacts how our bodies and minds feel in the weeks to come. Meditation breathing exercises, eliminating stressors, aroma therapy, healthy diet, hug someone.

# DECEMBER COMMUNITY OUTINGS

## Sign-up at Front Desk

(Please refer to the calendar for specific times)

12/4	12/13	12/20	12/23
Ross	Holiday Tour of the Governor's Mansion	Rocket Fizz	Christmas Lights Outing

To reserve transportation services, please contact the front desk at **(984) 232-0528**.

You may also contact our driver directly at **(919) 271-7507**.

## DECEMBER SPECIAL EVENTS

**5<sup>th</sup>**

**Hobby Hour: Winter Pens**

**10<sup>th</sup>**

**Holiday Wreath making**

**16<sup>th</sup>**

**Holiday Photoshoot**

**18<sup>th</sup>**

**Cookies with Santa**



## EXECUTIVE DIRECTOR CORNER



Dear Residents,

As we close out another year, I want to take a moment to express my heartfelt gratitude to each of you for making this community such a special place. December is a time to reflect on the memories we've created and the friendships we've built.

This season reminds us of the importance of kindness and togetherness. Whether you're celebrating holidays with family, participating in our festive events, or enjoying quiet moments of reflection, I hope you find joy and warmth in this time of year.

Looking ahead, I'm excited about what 2024 will bring for our community. Thank you for your continued trust and involvement in making this a place we all love to call home.

Wishing you a wonderful holiday season and a happy, healthy New Year!

# DECEMBER ANNOUCMENTS



## Celebrating Birthdays in DECEMBER



## Celebrating the Season Together

As the year winds down, we embrace the beauty of this season of reflection, gratitude, and joy. Whether you celebrate Hanukkah, Christmas, Kwanzaa, or another cherished tradition, this is a time to honor the values that bring us together—love, kindness, and community. Wishing you a season filled with light, peace, and meaningful connections.

Kay O- 12/7

Diane K-12/28

Jean E- 12/19

D.C L-12/31

*“The longer I live, the more beautiful life becomes.”*

*-Frank Lloyd Wright*

## Ring in the New Year!

As we bid farewell to the year past, let’s come together to welcome a fresh start filled with hope and new possibilities. Join us as we celebrate New Year’s Eve with joy, laughter, and good company. Here’s to making 2024 a year to remember!



## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!