



## HAPPY BIRTHDAY

### December Birthday's:

Barb C.	12/1
Marcia L.	12/4
Donna W.	12/9
Eileen H.	12/13
Elaine B.	12/13
Maurice V.	12/16
Ed K.	12/17
Ron R.	12/18
Lily S.	12/20
John F.	12/21
Ted B.	12/24
Ralph S.	12/24
Steve P.	12/25
Frank G.	12/28
Jim N.	12/29
Joe M.	12/29



FRIENDS & FAMILY REFERRAL PROGRAM!

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

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## COMMUNITY MEETINGS

- Resident Council Meeting: December 4<sup>th</sup> @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: December 10<sup>th</sup> @ 2:00pm (DR)
- Town Hall is canceled for the month of December and will resume in January.

## OUTING OPPORTUNITIES

For all outings, please sign up in the post office unless noted differently.

### Recurring Outings:

**Sunday's 9:30am-** St. Thomas a' Becket Catholic Church

**Wednesday's 10:00am-** Meijer or Kroger Shopping  
*(Please be advised that the shopping trip on December 4<sup>th</sup> is at 9:00am and we do not have a shopping trip on the 18<sup>th</sup> or the 25<sup>th</sup>)*

**Monday's 2:00pm-** Canton Public Library with the Walker's Group

### Special Trips:

**December 1<sup>st</sup>-2:00pm:** Village Theater for Jesus Christ Superstar

**December 4<sup>th</sup>-11:00am:** Schoolcraft Noon Concert and Lunch

**December 12<sup>th</sup>- 6:30pm:** Holiday Pops Concert with the Phil (Cost TBD- Sign up at the Front Desk)

**December 18<sup>th</sup>-9:30am:** Choir Only Outing for Traveling Concert

**December 18<sup>th</sup>-6:45pm:** Holiday Lights Drive

If there are any questions or recommendations for outings, please contact Logan at [Logan.Winton@singhmail.com](mailto:Logan.Winton@singhmail.com) .

# CHERRY HILL CONNECT

## DECEMBER 2024



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Assisted Living 734-981-5070  
Facebook: /WaltonwoodCherryHill



## LIFE ENRICHMENT CORNER

"December: A month of lights, snow, coziness, and feasts; time to make amends and tie up loose ends; finish what you started and make your wishes come true." — Unknown

During the month of December my heart is always full. I am thankful for this month of cheer! Though, I can say with 100% certainty, I am not ready for the snow. I am looking forward to a fun-filled month and please see the December calendar for all programming!

**Selection of Judges presentation by Gary W.:** On December 4<sup>th</sup> at 2:30pm, join us in the theater for an educational presentation on the Selection Process of Judges. Question #1: On what basis did you vote for Judge candidates on November 5<sup>th</sup>? Question #2: How does anyone know how to vote for judges? We look forward to seeing you all there!

**Gingerbread House Decorating Competition:** On December 11<sup>th</sup> at 2:30pm we will be having our very own Gingerbread House Decorating Competition. All are welcome to sign up in teams of 4 at the front desk to enter the competition. Each team will receive their own house to decorate with provided items and a time limit of 30 minutes. A panel of judges will be present to choose which house is decorated the best and the winners will receive a wonderful Holiday Grand Prize. If you do not have a team of 4, but would like to participate, you are still encouraged to sign up at the front desk.

**Mahjong:** Join us at 1:00pm in the library for a fun filled game of Mahjong! Everyone and all skill levels are welcome. Mahjong is a tile-based game of Chinese origin that is played by four players. The game involves drawing and discarding tiles to form a winning hand. The tiles are engraved with Chinese symbols and characters and divided into suits and honors. Mahjong was developed in the 19th century in China and has spread throughout the world since the early 20th century, with many variations and styles.

**-Life Enrichment Department**

## COMMUNITY MANAGEMENT

Tiffany Tucker  
Executive Director

Kristal Wilson  
Business Office Manager

Joel Vassallo  
Culinary Services Manager

Jamaal Saleh  
Environmental Services Manager

Krystal Sidibe  
Independent Living Manager

Logan Winton  
IL Life Enrichment Manager

Rebecca Wilson  
Assisted Living Life Enrichment Manager

Mallory Bryant  
Memory Care Life Enrichment Manager

Renee Ralsky  
Marketing Manager

Resident Care Manager

Tanya Hall  
Memory Care Wellness Coordinator

Assisted Living Wellness Coordinator

## ASSOCIATE SPOTLIGHT

Congratulations Tatjana! Tatjana is a part of our Environmental Services team as a housekeeper! We are thankful for her flexibility and her willingness to always lend a hand to those in need. We are blessed to have her as a part of our team and honored to name her as our December Associate of the Month!



## TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

## Gleaner's Food Drive

Gleaner's Mission: Providing Households with Access to Sufficient, Nutritious Food and Related Resources. We accomplish this through collaboration, efficient operations, education, and innovative solutions to achieve a hunger-free community in Southeast Michigan. Beginning on December 1<sup>st</sup> and running through the month of December, collection boxes will be placed the IL and AL lobbies to kick off our Gleaner's Food Drive. Please support our community by donating what you can to our food drive and dropping off unexpired, non-perishable items in the collection boxes. Protein-rich foods, like canned chicken and canned tuna, nut butter, soups and canned vegetables or fruits, oatmeal, healthy cereal, pasta and pasta sauces, and healthy snacks (nuts, granola bars, protein drinks) are all examples of what sort of food we would be looking to receive. Please see Logan with any questions.

## DECEMBER SPECIAL EVENTS

## NOVEMBER MONTHLY HIGHLIGHTS

### 4<sup>th</sup> Crafting with the Girl Scouts:

We are so thankful to the Girl Scouts who joined us for a fun afternoon of crafting, making a Mason Jar Scarecrow with us. It was an afternoon filled with laughter, creativity and tons of fun. We look forward to welcoming them back for another adventure and hope everyone is on the lookout for the next time they join us.

### 11<sup>th</sup> Veteran's Day Ceremony and Luncheon:

So much fun was had as we celebrated and honored our amazing Veterans. We are so thankful for their service and sacrifice. Thank you to all who could join us, our culinary team for a delicious luncheon and Oakland Health for their time and effort into making this day special. Thank you, Veterans!

### Saturday's at 2:00pm

#### Bible Study with John:

Join us in the 3<sup>rd</sup> floor Library for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

### 9<sup>th</sup>

#### Holiday Choir Concert:

Join us at 1:30pm in the dining room for a wonderful Holiday Concert by our very own Choir. It will be a performance filled with talent and holiday cheer! We look forward to seeing everyone there!

### 31<sup>st</sup>

#### Happy "Noon" Year Party:

Join us in the dining room at 11:00am for our Happy "Noon" Year party to welcome in the new year. We will have some delicious snacks, pop some champagne and play some fun "Noon" Year games! We hope to see everyone there!

## FOREVER FIT: Navigating the Holidays

The holidays are a wonderful time of the year filled with friends, family and gatherings. It's also a very stressful time packed with events and obligations that pull you from your current routine and into a space that can feel completely overwhelming. So, take this as gentle reminder that the holiday stress is normal and OK, in fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress will directly impacts how our bodies and minds feel in the weeks to come. When you day starts to get too stressful try these simple tips to help you navigate the hectic holiday season.

- Meditation, Breathing Exercises, Exercise, Eliminating Stressors, Aromatherapy, Healthy Diet, Hug Someone

- Chris Grabowski, MS | Senior Forever Fitness Manager

## EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

Happy Holidays to all! 'Tis the season as December has arrived. More holiday festivities are in the horizon.

Please review our activity calendars surrounding all of our fun events planned for and with all of you. We hope all of you enjoyed Thanksgiving and all of the November events.

As always, I'm available for updates within the community. It's a pleasure to be of service and please feel free to contact me with any questions that you may have at [Tiffany.tucker@singhmail.com](mailto:Tiffany.tucker@singhmail.com)