

Happy Birthday



RESIDENT BIRTHDAY'S

Ruth M. 12/1

Esther M. 12/4

CLASSIC CHRISTMAS MOVIES ON WEDNESDAYS

12/4

1:30PM

Home Alone

An eight-year-old troublemaker, mistakenly left home alone, must defend his home against a pair of burglars on Christmas Eve.

12/11

1:30PM

Miracle on 34th Street

On the morning of the Macy's Thanksgiving Day Parade, the man playing Santa Claus is drunk. An old man named Kris Kringle discovers this and indignantly complains to event director Doris Walker. Noticing that Kris resembles Santa Claus, Doris persuades Kris to play Santa in the parade himself. Kris is well received and is subsequently hired to play Santa at Macy's New York City store on 34th Street.

12/18

1:30PM

White Christmas

A successful song-and-dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general.

12/25

1:30PM

It's a Wonderful Life

George Bailey never got a chance to fulfill his life's ambitions of exploring the world and building skyscrapers. As he watches his friends and family become success stories, he dreads on running his father's building and loan business, rivaling the grumpy old Mr. Potter. When a financial discrepancy puts him in a difficult position, his guardian angel, Clarence Obody, comes to show him what life would have been like if he had never been born.

All movies are shown in the Movie Room.



CHERRY HILL CONNECT



DECEMBER OUTING OPPORTUNITIES

December 3rd 1:30PM Michael's
Enjoy some shopping and some good company!

Cost: Cost depending on person per purchase

December 5th 10:00AM Joy Ride + Holiday Treat
Enjoy a beautiful winter ride with a yummy treat!

Cost: None

December 10th 12:00PM Spoons Place
Enjoy some good food at this lunch outing with good company!

Cost: Cost depending on person per purchase

December 17th 6:30PM Cherry Hill Lights
We will be driving through Cherry Hill Village to see the beautiful Christmas Lights!

Cost: None

December 19th 2:00PM English Gardens
Enjoy some flower shopping with friends and look at all the Christmas trees!

Cost: Cost depending on person per purchase

December 24th 2:00PM Christmas Eve Joy Ride
Join us for a Christmas music filled joyride!

Cost: None

December 26th 2:00PM Winter Joy Ride & Treat
We will be heading out to enjoy a beautiful winter ride!

Cost: None

Please see Becca to sign up.



Redefining Retirement Living

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COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Kristal Wilson
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

Resident Care Manager

AL Wellness Coordinator

Tanya Hall
MC Wellness Coordinator

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month
Caleb

We are happy to announce Caleb as our associate of the month! Caleb is part of our culinary team here as a server in AL and MC dining. He is a team player who is always willing to offer a helping hand to anyone who asks. He continues to go above and beyond by making all our residents and guests feel valued and appreciated. Thank you, Caleb, for all you do here!

If you have someone you would like to nominate, please see Becca.



LIFE ENRICHMENT CORNER

Welcome to December Waltonwood Family!

Winter is finally here! We have a lot of special events coming up for this month, including lots of Friday socials in the café, a pajama holiday party on the 20th and a New Year's Eve party on the 31st!

Our very own Waltonwood IL Choir is performing on December 9th in the AL dining room at 11am! Please come on down to cheer them on and enjoy the wonderful talents of our fellow residents!

On the 11th we will be heading over to IL to have a gingerbread house competition! If you're interested in participating in building the gingerbread houses, please see Becca to sign up before then!

Please see the December Life Enrichment Calendar for all scheduled events. We look forward to an amazing month!

DECEMBER SPECIAL EVENTS

06

Come on down to the activity room and make your very own Hot Cocoa Kits! Make them for yourself or as a cute gift for someone else!

11

On this day we will be having our very own Gingerbread House making contest in independent living!



17

Join us for a ride through Cherry Hill Village to look at the beautiful Christmas lights on the houses! Sign up with Becca!

20

We will be having a Holiday Pajama Party! Make sure to wear your favorite Pajamas and join us for some holiday fun and goodies!



NOVEMBER HIGHLIGHTS

8 Veterans Day was celebrated this day with a celebration & entertainment for our vets as well as on the 11th with their vets' luncheon.

10 We had a great time making cut and tie blankets for the animal shelter and then we got to go drop them off the 14th to them!



21 Today we visited our own Canton Fire department and dropped off some cookies and got an amazing tour of the station.

23 Our annual Thanksgiving Dinner was wonderful as always, with lots of great food, decorations and company!



FOREVER FIT: Pay Attention

Navigating The Holidays

The holidays are a wonderful time of the year filled with friends, family and gatherings. It's also a very stressful time packed with events and obligations that pull you from your current routine and into a space that can feel completely overwhelming. So, take this as gentle reminder that the holiday stress is normal and OK, in fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress directly impacts how our bodies and minds feel in the weeks to come. When your day starts to get too stressful try these simple tips to help you navigate the hectic holiday season: Meditation, breathing exercises, Exercise, Eliminating stressors, Aromatherapy, Healthy diet, Hug someone.

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

Happy Holidays to all! Tis the season as December has arrived. More holiday festivities are in the horizon.

Please review our activity calendars surrounding all of our fun events planned for and with all of you. We hope all of you enjoyed Thanksgiving and all of the November events.

As always, I'm available for updates within the community. It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com