

# ARBOR GLEN CONNECTION

December 2024



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FOR MORE VISIT: [arborsenior.com](http://arborsenior.com) and find monthly calendars under News and Community Events



# December Events and Activities

Subject to change

Monday and Friday = Pet Visits

Every Monday = Bible Study with Chaplain Chuck @ 1:15pm

Every Tuesday and Thursday = "Live 2 B Healthy" Exercise class @ 2pm

Every Friday = Bible study @ 10am & Church Services @ 11am

Every Wednesday = Happy Hour @ 2pm

Every Tuesday and Thursday = BINGO @ 11am

Every Monday and Saturday = Movie Matinee @ 1:30pm

1st and 3rd Tuesday of the month = Lake Elmo Bank @ 10am

Every other Tuesday = Massage with Garrett @ 1pm

Certain Thursday's (Check the calendar) = Blackjack in Pub @ 1:30pm

3rd Monday of the Month = Catholic Communion Offering service @  
10am

## Performances will be:

Gary LaRue = 12/4 @ 2pm for Happy Hour

Phil Kitze = 12/11 @ 2pm for Birthday Happy Hour

Andy Steinfeldt = 12/18 @ 2pm for Holiday Happy Hour

Happy Hour on 12/25 cancelled due to Christmas

Resident Council = 12/31 @ 1:30pm

Welcome

Holiday

Season

## DECEMBER OUTINGS

Monday, December 9th

Cub Foods Shopping

Monday, December 16th

Holiday lights drive

Sign up at front desk

## DECEMBER'S FEATURED COCKTAIL

Coffee &  
Bailey's



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# December Happenings

Subject to change

**Thrive Presentation** - This has been moved to early January. We will have representatives from Community Thread come out to provide information and assistance in signing up for their "Thrive" transportation program.

**Tuesday, December 3rd @ 9:45am** - Wunder Years will be here in the Pub.

**Monday, December 9th @ 1pm** - Cub Foods Shopping Outing. Sign up at the front desk.

**Friday, December 13th @ 11am** - Celebration of Life will be held in the Pub for residents that have recently passed.

**Monday, December 16th @ 6pm** - Holiday Lights Drive. Sign up at the front desk

**Tuesday, December 17th @ 9:45am** - Wunder Years will be here in the Pub for their Christmas Program

**Thursday, December 19th** - We will have a holiday celebration in the lobby starting with Santa @ 2:30 and Stillwater Highschool carolers @ 3:30!

**Monday, December 23rd @ 10am** - Catholic Communion Offering service will be held in the Theater.

## Upcoming in-house clinics:

Optometry: 12/30



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# Executive Spotlight



**Ann Grode**  
**Executive Director**

The holiday season is upon us and the activity calendar for December is shaping up to provide several opportunities to get into the holiday spirit! Soon our very own elves will transform the community with beautiful decorations to set the stage for the season. It's truly a magical time of the year when nostalgia takes hold of your heart. Enjoy the moments of reflection and notice the best in each other. Have a wonderful holiday season!



## **BIRTHDAYS WE CELEBRATED IN NOVEMBER**

Please note: Some preferred not to be included or were unavailable





# Resident Spotlight

**What is your favorite color?:** Blue

**What was your career?:**

Machinist

**What is your favorite thing about this time of the year?:**

Seeing all the grandkids!

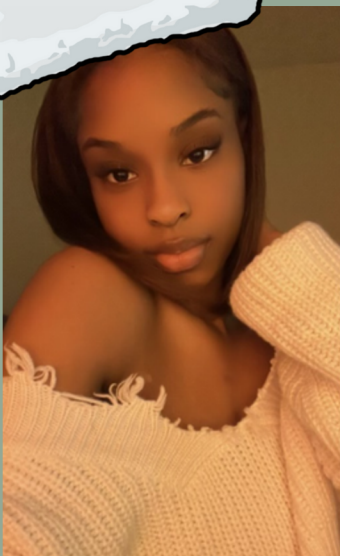
**What is your favorite thing about Arbor Glen?:**

I really enjoy the monday morning Men's Group!



**WAYNE  
BOULTON**

## Kudos GREAT JOB



**Ja' Mya  
Residents Assistant**

**What is your favorite color?** Green/yellow

**What is your favorite food?** Cheese burgers, pasta and steak

**What is your favorite thing about winter?** My birthday and Christmas! #Sagittarius

**What do you love most about your job?**  
I love helping people out - I love my residents!

**Is there anyone who has helped you preform your job with excellence?** Bobby, she makes sure I keep my focus and my head on straight :)

## DECEMBER HOROSCOPE

If you were born between December 1–21, you are Sagittarius, the Archer. Archers are optimistic, energetic, generous, and honest. They enjoy exploration and keep an open mind during new encounters. Those born between December 22–31 are Capricorns, the Goat. Capricorns are the most stable and serious signs of the zodiac. Reliable, resourceful, and determined, they make excellent leaders and managers.



# WELCOME

to the team!!



Parker Shaw  
Residents Assistant

# Happy Birthday

## RESIDENT BIRTHDAYS

Geri Wolfe = 12/5

Shirley Mau = 12/11

Joann Larson = 12/12

Barb Uhlman = 12/16

Gary Running = 12/18

Rosanne Jung = 12/19

Louise Warlick = 12/23

## STAFF BIRTHDAYS

Logan (RA) = 12/2

Ja'Mya (RA) = 12/4

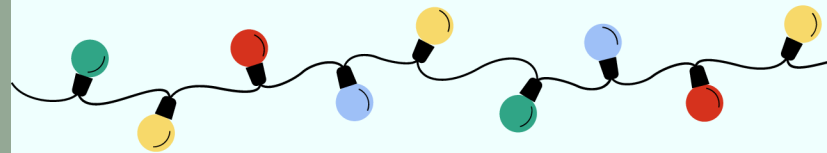
Barb (RA) = 12/5

Josephine (RA) = 12/10

Adelee (RA) = 12/10

Doreen (RA) = 12/12

Caitlin (RSC) = 12/17



### Point of Contact

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(Her office is also located by the front door)