

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 Stretch DVD, TV 1 10:30 Christ Lutheran Church Service TV 11:00 Discussion Group T 12:00 Vikings vs Cardinals T 2:00 Strengthening TV 3:30 Women's Group P	9:30 Men's Group FP 2 11:00 Chair Yoga T 1:00 Movie Matinee T 1:15 Bible Study w/ Chuck P 1:30 Gardening Group GH9th 2:00 Strengthening TV 3:00 Weekly Devotional T 4:00 Sticker Art P	9:00 Stretch DVD, TV 3 9:45 Wunder Years Visit P 10:00-10:30 Bank SR 11:00 BINGO TV or P 1:00 Massage T 1:30 Thrive Presentation P 2:00 Exercise Class MC DR 2:00 Strengthening TV 4:00 Women's Group P	9:00 Stretch DVD, TV 4 10:00 Catholic Mass TV 11:00 Card Group P 1:00 Tell me your story P 2:00 Happy Hour w/ Gary LaRue P 3:00 Strengthening TV 3:30 Historical Trivia T	9:00 Stretch DVD, TV 5 11:00 BINGO TV or P 1:30 Blackjack P 2:00 Strengthening TV 2:00 Exercise Class MC DR 2:30 Sing Along Group L 3:30 Book Club P	9:00 Stretch DVD, TV 6 10:00 Bible Study P 11:00 Church Service T 1:30 Exercise Class T 2:00 Strengthening TV 4:00 Game Night P	8:00 Men's Group FP 7 9:00 Stretch DVD, TV 10:30 Manicures P 1:30 Movie Matinee T 2:00 Strengthening TV 3:30 Women's Group P	
9:00 Stretch DVD, TV 8 10:30 Christ Lutheran Church Service TV 11:00 Creative Writing Group P 12:00 Vikings vs Falcons T 2:00 Strengthening TV 3:30 Women's Group P	9:30 Men's Group FP 9 11:00 Chair Yoga T 1:00 Movie Matinee T 1:00 Cub Outing 1:15 Bible Study w/ Chuck P 2:00 Strengthening TV 3:00 Weekly Devotional T 4:00 Sticker Art	9:00 Stretch DVD, TV 10 11:00 BINGO TV or P 1:15 Adult Coloring P 1:30 Walking Group P 2:00 Exercise Class MC DR 2:00 Strengthening TV 4:00 Women's Group P	9:00 Stretch DVD, TV 11 10:00 Catholic Mass TV 11:00 Card Group P 1:00 Tell me your story P 2:00 Birthday Happy Hour with Phil Kitze P 3:00 Strengthening TV 3:30 Historical Trivia T	9:00 Stretch DVD, TV 12 11:00 BINGO TV or P 1:30 Tech Hour P 2:00 Strengthening TV 2:00 Exercise Class MC DR 2:30 Sing Along Group L 3:30 Card Making P	9:00 Stretch DVD, TV 13 10:00 Bible Study P 11:00 Celebration of Life P 1:30 Exercise Class T 2:00 Strengthening TV 4:00 Game Night P	8:00 Men's Group FP 14 9:00 Stretch DVD, TV 10:30 Manicures P 1:30 Movie Matinee T 2:00 Strengthening TV 3:30 Women's Group P	
9:00 Stretch DVD, TV 15 10:30 Christ Lutheran Church Service TV 11:00 Discussion Group T 2:00 Strengthening TV 3:30 Women's Group P	9:30 Men's Group FP 16 11:00 Chair Yoga T 1:00 Movie Matinee T 1:15 Bible Study w/ Chuck P 2:00 Strengthening TV 3:00 Weekly Devotional T 4:00 Sticker Art P 6:00 Holiday Lights Drive 7:00 Vikings vs the Bears T	9:00 Stretch DVD, TV 17 9:45 Wunder Years Visit P 10:00-10:30 Bank SR 11:00 BINGO TV or P 1:00 Massage T 1:30 Walking Group P 2:00 Exercise Class MC DR 2:00 Strengthening TV 4:00 Women's Group P	9:00 Stretch DVD, TV 18 10:00 Catholic Mass TV 11:00 Card Group P 1:00 Tell me your story P 2:00 Holiday Happy Hour with Andy Steinfeldt P 3:00 Strengthening TV 3:30 Historical Trivia T	9:00 Stretch DVD, TV 19 11:00 BINGO TV or P 1:30 Blackjack P 2:00 Strengthening TV 2:00 Exercise Class MC DR 2:30 Cookies w/ Santa FP 3:30 Stillwater HS carolers FP	9:00 Stretch DVD, TV 20 10:00 Bible Study P 11:00 Church Service T 1:30 Exercise Class T 2:00 Strengthening TV 4:00 Game Night P	8:00 Men's Group FP 21 9:00 Stretch DVD, TV 10:30 Manicures P 1:30 Movie Matinee T 2:00 Strengthening TV 3:30 Women's Group P	
9:00 Stretch DVD, TV 22 10:30 Christ Lutheran Church Service TV 11:00 Creative Writing Group P 2:00 Strengthening TV 3:05 Vikings vs Seahawks T 3:30 Women's Group P	9:30 Men's Group FP 23 10:00 Catholic Communion Offering T 11:00 Chair Yoga T 1:00 Movie Matinee T 1:15 Bible Study w/ Chuck P 2:00 Strengthening TV 3:00 Weekly Devotional T 4:00 Sticker Art P	9:00 Stretch DVD, TV 24 11:00 BINGO TV or P 1:15 Adult Coloring P 2:00 Strengthening TV 4:00 Women's Group P	9:00 Stretch DVD, TV 25 10:00 Catholic Mass TV 11:00 Card Group P 3:00 Strengthening TV	9:00 Stretch DVD, TV 26 11:00 BINGO TV or P 2:00 Strengthening TV 2:00 Exercise Class MC DR 2:30 Sing Along Group L 3:30 Card Making P	9:00 Stretch DVD, TV 27 10:00 Bible Study P 11:00 Church Service T 1:30 Exercise Class T 2:00 Strengthening TV 4:00 Game Night P	8:00 Men's Group FP 28 9:00 Stretch DVD, TV 10:30 Manicures P 1:30 Movie Matinee T 2:00 Strengthening TV 3:30 Women's Group P	
9:00 Stretch DVD, TV 29 10:30 Christ Lutheran Church Service TV 12:00 Vikings vs Packers T 2:00 Strengthening TV 3:30 Women's Group P	9:30 Men's Group FP 30 11:00 Chair Yoga T 1:00 Movie Matinee T 1:15 Bible Study w/ Chuck P 2:00 Strengthening TV	9:00 Stretch DVD, TV 31 11:00 BINGO TV or P 1:00 Massage T 1:30 Resident Council P 2:00 Exercise Class MC DR 2:00 Strengthening TV 4:00 Women's Group P	<p>Christmas Hanukkah Begins</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>				

December 2024

Check Channel 1-2 for daily updates to schedule