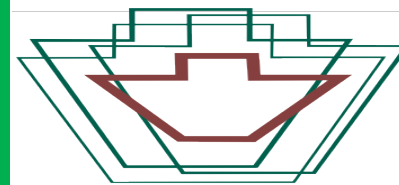




INTERIM MEMORY CARE HOLISTIC PROGRAM DECEMBER 2024



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</i> <i>Day of Rest and Face Timing With families</i>	2 <i>9:30- Fitness Dice- (P) 10:00- Communion w/ Deacon Tom-ILD-(R) 10:45- Music Therapy w/Rusty-Cottage-(MT) 1pm- Manicures-(E)-FR 2pm-Corn Hole-(P)-3A 3pm- Name that Tune-(S) 5:00- Puzzle Time-(T)</i>	3 <i>9:30- Decking the Halls and Trimming the Trees- Carols and Cocoa-3A 1pm- Wii Bowling Cheerleaders-(T) 2pm- Todd Goodwin Presents "Santa Sighting"-3A 3pm-Holistic Helpers- Making Holiday Ambrosia-(T) 4pm- Whistle While We Work-(T) 5:00- Relaxing Meditation and Moisturizing Hand Massage-(E)-FR</i>	4 <i>9:30- Trivia & Coffee Talk-(C) 10:30- Magdalana Presents-3A Remembering Winters Past 12:30- Rosary-(R)-3A 1pm- Exercise w/Kelsey-(P)-3A 1pm- Music Therapy w/ Sarah the Fiddler-(MT) 2pm- Wii Bowling Cheerleaders 3pm- Pet Visits w/Keeper- 2A 5:30pm- Bright Nights Trip</i>	5 <i>9:30- Concentration Puzzles-(C) 10:30pm- Caroling with the Students from Pathfinder-(E) 10:30-Adaptive Boxing-(P)-3A 1pm- Word Search-(C) 2pm- Holidays A to Z-(C) 3pm- Popcorn Club and Happy Hour- Pub 5pm- Talk and Toss-(P)</i>	6 <i>9:30- Smile Club-(MS) 10:30- Documentary-T-(S) 12:30- Rosary- 3A-(R) 1pm- Trivia for Prizes-(C) 2pm- Left Right Center-(S) 3:30- Holiday Drumming-(P)-3A 6pm- Peaceful Scenes and massage-(MS)-FR</i>	7 <i>9:30- Coffee and Words of Wisdom-(C)-FR 10:30- Dime Bingo-(P)-3A 1pm- Wii Bowling- Theater 2pm- Honky Tonk Piano Performs-3A-(S) 3:30- Documentary- FR-€ 3:45- Manicures and Massage- (MS)-FR</i>
8 <i>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</i> <i>Day of Rest and Face Timing With families</i>	9 <i>9:30- Fitness Dice- (P) 10:00- Communion w/ Deacon Tom-ILD-(R) 10:45- Music Therapy w/Rusty-Cottage-(MT) 1pm- Manicures-(E)-FR 1pm- Scenic Ride 2pm-Steve the Duo Performs-3A-(S) 3pm- Name that Tune-(S) 5:00- Puzzle Time-(T)</i>	10 <i>9:30- Baking-2A 10:30- Bob Michaelson Presents "Black Bears"-3A 1pm- Holistic Helpers Making Holiday Cookies-(T) 2pm- Axe Throwing- (P) 3pm-Holistic Helpers- Decorating Cookies-(T) 4pm- Whistle While We Work-(T) 5:00- Relaxing Meditation and Fall Hand Massage-(E)-FR</i>	11 <i>9:30- Trivia & Coffee Talk-(C) 10:30- Ballroom Dancing with Michael and Sierra-(P)-3A 12:30- Rosary-(R)-3A 1pm- Exercise w/Kelsey-(P)-3A 1pm- Music Therapy w/ Sarah the Fiddler-(MT) 2pm- Wii Bowling Cheerleaders 3pm- Pet Visits w/Keeper- 2A 5pm- Bingo w/Sarah-(S)-2A</i>	12 <i>9:30- Concentration Puzzles-(C) 10:00- Artsong-(AT) 11:30- Monthly Birthday Lunch 1pm- Word Search-(C) 2pm- Richie Mitnik Performs-(S) 3pm- Popcorn Club and Happy Hour- Pub 5pm- Talk and Toss-(P)</i>	13 <i>9:30- Smile Club-(MS) 10:30-Men's Group-Working on a Holiday Doll House-Pub 12:30- Rosary- 3A-(R) 1pm- Easy Card Games-(S) 2pm- Kevin Driscoll Ventriliquist Santa and Friends-3A 3:15- Drumming Class-(P) 6pm- Peaceful Scenes and massage-(MS)-FR</i>	14 <i>9:30- Coffee Chat-2A 10:30- Wii Bowling- Theater 1pm- Dime Bingo-3A 2pm- Popcorn Club- Theater 3:30- Documentary- FR-€ 3:45- Manicures and Massage- (MS)-FR</i>
15 <i>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</i> <i>Day of Rest and Face Timing With families</i>	16 <i>9:30- Fitness Dice- (P) 10:00- Communion w/ Deacon Tom-ILD-(R) 10:45- Music Therapy w/Rusty-C-MT 11:30- Hibachi Lunch at Tokyo 2pm- Holiday Manicures-(E)-FR 3pm-Name that Holiday Tune-(S) 5pm- Puzzle Time-(T)</i>	17 <i>9:30-Baking-2A 10:30- Holiday Trivia-(C)FR 1pm- Divine Discussion w/ Judy and Laurie- Library 2pm- Line Dancing-2A 3pm- Holistic Helpers- Making Candy Cane Cherry Roll-(T) 4pm- Whistle While We Work-(T) 5pm-Relaxing Meditation and Cinnamon Hand Massage-(E)-FR</i>	18 <i>9:30- Trivia & Coffee Chat-(C) 10:30- Laughter Yoga-(M)-C 12:30- Rosary-3A 2pm- Wii Bowling Cheerleaders 3pm- Pet Visits w/ Keeper-2A 5:30pm- Bright Nights Trip</i>	19 <i>Holiday Party Day Wear Your Festive Gear 10:00- Coffee House-3A 10:30- Larry Batter performs-3A 1pm- Santa and Mrs. Claus Visits for Photoshoot- Billiards Room 2pm- Holiday Popcorn Club-FR 4:30- Holiday Dinner-ILD 6:45- Jimmy Mazz Holiday Concert-3A</i>	20 <i>9:30- Smile Club-(MS) 10:30-Men's Group-Working on a Holiday Doll House-Pub 12:30- Rosary-3A 1-3pm- Celebrating Our Staff for the holidays-3A (Activity Room will be closed for Afternoon) 6pm- Walking Club-(P)</i>	21 <i>9:30- Coffee and Words of Wisdom-(C)-FR 10:30- Caden Performs Piano-1st Floor Piano 1pm- Wii Bowling- Theater 2pm- Holiday Bingo for Prizes-(S)-3A 3:30- Popcorn Club-FR-(E) 3:45- Manicures and Massage- (MS)-FR</i>
22 <i>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</i> <i>Day of Rest and Face Timing With families</i>	23 <i>9:30- Making Muffins-(MS) 10:00- Communion w/Deacon Tom-ILD -(R) 10:45- Music Therapy w/Rusty-C-(MT) 1pm- Making Ornaments-(T) 3pm- Resident Council Meeting-(T) 5:00- Puzzle Time-(T)</i>	24 <i>9:30- Baking-2A 10:30- Christmas Eve Spiritual Service-3A-(E) 2pm- Holiday Movie with Cocoa and Cookies-Theater-(S) 5:00- Relaxing Meditation and Apple Hand Massages-(E)</i>	25 	26 <i>9:30- Concentration Puzzles-(C) 10:30- Adaptive Boxing-(P)-3A 1pm-Mad Libs-(C) 2pm- Holiday Trivia-(C) 3pm- Popcorn Club and Happy Hour-FR 5pm- Crafts w/ Sarah-(AT)</i>	27 <i>9:30- Smile Club-(MS) 10:30- Gentle Stretching-(P) 12:30- Rosary-3A 2pm- Crafts-(AT) 3pm- Hot Cider and Songs by the Fire-2A-(E) 6pm- Walking Club-(P)</i>	28 <i>9:30- Coffee Chat-2A 10:30- Wii Bowling- Theater 1pm- Bingo for Prizes-3A 2pm- Popcorn Club- Theater 3pm- Manicures and Massage- (MS)-FR</i>
29 <i>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</i> <i>Day of Rest and Face Timing With families</i>	30 <i>9:30- Fitness Dice- (P) 10:00- Communion w/ Deacon Tom-ILD-(R) 10:30- Music Therapy w/Rusty-C-MT 1pm- Manicures-(E)-2A 2pm- Corn Hole-(P)-3A 3pm- Name that Sound-(S) 5pm- Puzzle Time-(T)</i>	31 <i>9:30- Baking-2A 10:30- Left Right Center-(S) 1pm- Wii Bowling Cheerleaders-(T) 2pm- New Years Prelude Champagne Toast-3A 2:30- Lori Brooks Performs-3A-(S) 5:00- Relaxing Meditation and Apple Hand Massages-(E)</i>	Code Key P- Physical E- Emotional C- Cognitive M- Meditation/Yoga/Tai Chi MT- Musical Therapy AT- Art Therapy/Crafts MS- Multi-Sensory T- Task Oriented S- Social R- Religious	Room Key 2A- 2 nd Floor Activity Room 3A-3 rd Floor Activity Room L- Library FR- Fireside Room ILD- Il Dining Room C- Courtyard T- Theater PR- Piano Room FL- Front Lobby	Monthly Birthdays 12/12- Dolores Yergeau 12/12- Pat Stagnaro 12/19- Christine Veautour 12/20- Rose Phoenix 12/21- Gerry Parent 12/25- Jim McAleer 12/26- Jean Smith 12/31- Monique Breault	Monthly Theme 