

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November

						9:30 Walking Group (E) <b>1</b> 10:00 Seated Exercise (E) 10:30 American Trivia (C) 11:00 Manicures & Music (G) 1:00 50's Sing-A-Long (SO) 2:00 Noodle Ball (E) 3:00 Word Scramble (C) 4:00 Balloon Fun (SO) 5:45 Hangman (C) 6:30 Classic Movie Night (CO)	9:30 Morning Chronicle (C) <b>2</b> 10:00 Seated Zumba (E) 10:30 Elaine At The Piano (P) 11:00 Beach Ball Toss (SO) 1:00 Trivia Time (C) 2:00 B-I-N-G-O (SO) 3:00 Bay Basketball! (E) 3:30 Afternoon Manicures (G) 4:00 Word Mining (C) 6:30 Saturday Night Movie (CO)
9:30 Morning Chronicle (C) <b>3</b> 10:00 Seated Zumba (E) 10:30 Reading Circle (P) 11:00 Word Mining (C) 1:00 Patriots At Titans (SO) 2:00 Balloon Toss (E) 3:00 Who Or What Am I? (C) 3:30 Afternoon Sing-A-Long 4:00 Elaine At The Piano (P) 6:30 Sunday Night Movie (CO)	9:30 Walking Group (E) <b>4</b> 10:00 Seated Exercise (E) 10:30 Word Mining (C) 11:00 Manicure Monday (G) 1:30 Art By The Bay (A, P) 2:00 Fill In The Blank (C) 3:00 Parachute Play (E) 4:00 Let's Reminisce! (MS) 5:45 Relax & Unwind (S) 6:30 Monday Night Musical!	<b>Happy Birthday Pat!</b> <b>5</b> 10:00 Chair Zumba (E) 10:30 Fact Or Crap (C) 11:00 You Be The Judge (MS) 1:00 Beach Ball Toss (P) 2:00 Ladder Ball (E) 3:00 B-I-N-G-O (SO) 4:00 Let's Sing-A-Long! (SO) 5:45 Table-Top Volleyball (E) 6:30 Tuesday Night Concert	9:30 Walking Group (E) <b>6</b> 10:00 Seated Exercise (E) 10:30 Trivia Time (C) 11:00 Suzie Q Sings (M) 1:00 Tapping With Randi (SO) 2:00 Hymns With Deb (SP) 3:00 Bean Bag Games (E) 4:00 Finish The Line (C) 5:45 Evening B-I-N-G-O (SO) 6:30 Lawrence Welk Night (M)	9:30 Helping Hands (CO,P) <b>7</b> 10:00 Chair Zumba (E) <b>10:30 Julie Charland Sings!</b> 1:30 Scenic Ride With Siri(SO) 2:00 Bingo With Friends (SO) 3:00 Trivia Pursuit (C) 3:30 Cornhole Game (E) 4:00 Hand Massages (MS) 5:45 Word Mining (C) 6:30 Comedy Movie Night(CO)	9:30 Walking Group (E) <b>8</b> 10:00 Seated Exercise (E) 10:30 American Trivia (C) 11:00 Manicures & Music (G) 1:00 60's Sing-A-Long (SO) 2:00 Noodle Ball (E) 3:00 Word Scramble (C) 4:00 Balloon Fun (SO) 5:45 Hangman (C) 6:30 Classic Movie Night (CO)	9:30 Morning Chronicle (C) <b>9</b> 10:00 Seated Zumba (E) 10:30 Elaine At The Piano (P) 11:00 Beach Ball Toss (SO) 1:00 Trivia Time (C) 2:00 B-I-N-G-O (SO) 3:00 Bay Basketball! (E) 3:30 Afternoon Manicures (G) 4:00 Word Mining (C) 5:45 Fun & Games (SO)	
9:30 Morning Chronicle (C) <b>10</b> 10:00 Seated Zumba (E) 10:30 Reading Circle (P) 11:00 Word Mining (C) 1:00 Patriots At Bears (SO) 2:00 Balloon Toss (E) 3:00 Who Or What Am I? (C) 3:30 Afternoon Sing-A-Long 4:00 Elaine At The Piano (P) 5:45 Fun & Games (SO)	<b>Veteran's Day</b> <b>11</b> 9:30 Walking Group (E) 10:00 Seated Exercise (E) <b>10:30 Tony Rocks Sings</b> (SO) 1:00 Giant Dart Game (SO) 2:00 Fill In The Blank (C) 3:00 Parachute Play (E) 4:00 Let's Reminisce (MS) 5:45 Relax & Unwind (S) 6:30 Monday Night Musical!	9:30 Helping Hands (CO, P) <b>12</b> 10:00 Chair Zumba (E) 10:30 Fact Or Crap (C) 11:00 You Be The Judge (MS) 1:00 Beach Ball Toss (P) 2:00 Ladder Ball (E) 3:00 B-I-N-G-O (SO) 4:00 Let's Sing-A-Long! (SO) 5:45 Table-Top Volleyball (E) 6:30 Tuesday Night Concert	9:30 Walking Group (E) <b>13</b> 10:00 Seated Exercise (E) 10:30 Trivia Time (C) 11:00 Suzie Q Sings (M) 1:00 Tapping With Randi (SO) 2:00 Hymns With Deb (SP) 3:00 Bean Bag Games (E) 4:00 Finish The Line (C) 5:45 Evening B-I-N-G-O (SO) 6:30 Lawrence Welk Night (M)	9:30 Helping Hands(CO,P) <b>14</b> 10:00 Chair Zumba (E) 10:30 Scenic Ride (SO) 10:30 Let's Sing-A-Long (SO) 1:00 Cornhole Game (E) 2:00 Bingo With Friends (SO) 3:00 Trivia Pursuit (C) 4:00 Hand Massages (MS) 5:45 Word Mining (C) 6:30 Comedy Movie Night(CO)	9:30 Walking Group (E) <b>15</b> 10:00 Seated Exercise (E) 10:30 American Trivia (C) 11:00 Manicures & Music (G) 1:00 Country Sing-A-Long (SO) 2:00 Noodle Ball (E) 3:00 Word Scramble (C) 4:00 Balloon Fun (SO) 5:45 Hangman (C) 6:30 Classic Movie Night (CO)	9:30 Morning Chronicle (C) <b>16</b> 10:00 Seated Zumba (E) 10:30 Elaine At The Piano (P) 11:00 Beach Ball Toss (SO) 1:00 Trivia Time (C) 2:00 B-I-N-G-O (SO) 3:00 Bay Basketball! (E) 3:30 Afternoon Manicures (G) 4:00 Word Mining (C) 6:30 Saturday Night Movie (CO)	
9:30 Morning Chronicle (C) <b>17</b> 10:00 Seated Zumba (E) 10:30 Reading Circle (P) 11:00 Word Mining (C) 1:00 Patriots Vs. Lions (SO) 2:00 Balloon Toss (E) 3:00 Who Or What Am I? (C) 3:30 Afternoon Sing-A-Long 4:00 Elaine At The Piano (P) 6:30 Sunday Night Movie (CO)	9:30 Walking Group (E) <b>18</b> 10:00 Seated Exercise (E) 10:30 Word Mining (C) 11:00 Manicure Monday (G) 1:00 Giant Dart Game (SO) 1:30 Art By The Bay (A, P) 2:00 Fill In The Blank (C) 4:00 Let's Reminisce (MS) 5:45 Relax & Unwind (S) 6:30 Monday Night Musical!	9:30 Helping Hands (CO, P) <b>19</b> 10:00 Chair Zumba (E) 10:30 Fact Or Crap (C) 11:00 You Be The Judge (MS) 1:00 Beach Ball Toss (P) 2:00 Ladder Ball (E) 3:00 B-I-N-G-O (SO) 4:00 Let's Sing-A-Long! (SO) 5:45 Table-Top Volleyball (E) 6:30 Tuesday Night Concert	<b>Happy Birthday Bob!</b> <b>20</b> 9:30 Walking Group 10:00 Seated Exercise <b>10:30 Rick Walsh Sings!</b> 1:00 Tapping With Randi (SO) 2:00 Hymns With Deb (SP) 3:00 Bean Bag Games (E) 4:00 Finish The Line (C) 5:45 Evening B-I-N-G-O (SO) 6:30 Lawrence Welk Night (M)	<b>Happy Birthday Jane!</b> <b>21</b> 10:00 Chair Zumba (E) 10:30 Scenic Ride (SO) 10:30 Let's Sing-A-Long (SO) 1:00 Cornhole Game (E) 2:00 Bingo With Friends (SO) 3:00 Trivia Pursuit (C) 4:00 Hand Massages (MS) 5:45 Word Mining (C) 6:30 Comedy Movie Night(CO)	9:30 Walking Group (E) <b>22</b> 10:00 Seated Exercise (E) 10:30 American Trivia (C) 11:00 Manicures & Music (G) 1:00 Oldies Sing-A-Long (SO) 2:00 Noodle Ball (E) 3:00 Word Scramble (C) 4:00 Balloon Fun (SO) 5:45 Hangman (C) 6:30 Classic Movie Night (CO)	9:30 Morning Chronicle (C) <b>23</b> 10:00 Seated Zumba (E) 10:30 Elaine At The Piano (P) 11:00 Beach Ball Toss (SO) 1:00 Trivia Time (C) 2:00 B-I-N-G-O (SO) 3:00 Bay Basketball! (E) 3:30 Afternoon Manicures (G) 4:00 Word Mining (C) 5:45 Fun & Games (SO)	
9:30 Morning Chronicle (C) <b>24</b> 10:00 Seated Zumba (E) 10:30 Reading Circle (P) 11:00 Word Mining (C) 1:00 Patriots At Dolphins(SO) 2:00 Balloon Toss (E) 3:00 Who Or What Am I? (C) 3:30 Afternoon Sing-A-Long 4:00 Elaine At The Piano (P) 5:45 Fun & Games (SO)	9:30 Walking Group (E) <b>25</b> 10:00 Seated Exercise (E) 10:30 Word Mining (C) 11:00 Manicure Monday (G) 1:00 Giant Dart Game (SO) 2:00 Fill In The Blank (C) 3:00 Parachute Play (E) 4:00 Let's Reminisce! (MS) 5:45 Relax & Unwind (S) 6:30 Monday Night Musical!	9:30 Helping Hands (CO, P) <b>26</b> 10:00 Chair Zumba (E) 10:30 Fact Or Crap (C) 11:00 You Be The Judge (MS) 1:00 Beach Ball Toss (P) 2:00 Ladder Ball (E) 3:00 B-I-N-G-O (SO) 4:00 Let's Sing-A-Long! (SO) 5:45 Table-Top Volleyball (E) 6:30 Tuesday Night Concert	9:30 Walking Group <b>27</b> 10:00 Seated Exercise 10:30 Trivia Time (C) 11:00 Suzie Q Sings (M) 1:00 Tapping With Randi (SO) 2:00 Hymns With Deb (SP) <b>2:30 November Birthday Party With Dan McCarthy!</b> 5:45 Evening B-I-N-G-O (SO) 6:30 Lawrence Welk Night (M)	<b>Thanksgiving Day</b> <b>28</b> 9:30 Helping Hands(CO,P) 10:00 Chair Zumba (E) 10:30 Macy's Parade (SO) 11:00 Thanksgiving Stories (P) <b>11:30 Thanksgiving Dinner</b> 1:00 Afternoon Stretch (E) 2:00 Thanksgiving Matinee (CO) 5:45 Word Mining (C) 6:30 Evening Concert (CO)	9:30 Walking Group (E) <b>29</b> 10:00 Seated Exercise (E) 10:30 American Trivia (C) 11:00 Manicures & Music (G) 1:00 Rock-N-Roll Sing (SO) 2:00 Noodle Ball (E) 3:00 Word Scramble (C) 4:00 Balloon Fun (SO) 5:45 Hangman (C) 6:30 Classic Movie Night (CO)	9:30 Morning Chronicle (C) <b>30</b> 10:00 Seated Zumba (E) 10:30 Elaine At The Piano (P) 11:00 Beach Ball Toss (SO) 1:00 Trivia Time (C) 2:00 B-I-N-G-O (SO) 3:00 Bay Basketball! (E) 3:30 Afternoon Manicures (G) 4:00 Word Mining (C) 6:30 Saturday Night Movie (CO)	

C=Cognitive CO=Community A=Creative M=Music G=Grooming I=Intergenerational E=Physical P= Purposeful SP=Spiritual SO=Social S=Sensory M=Multi-Sensory \*This Calendar Is Subject To Change\*