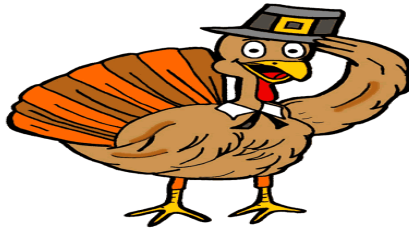


Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oral Cueing Daily Devotions Van Rides Mon Thru Friday Activities 30-60 Minutes Each Calendar Subject to Change	HERITAGE GREEN DAYBREAK NOVEMBER 2024				Happy Birthday Penny Stephens 11/9 Rita Joyce 11/21	
				1 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Bean Bag Toss 11:00 Sit & Fit 1:00 Quiet Time 2:00 Popcorn & movie 3:00 Puzzle Time 6:30 Lawrence Welk Show 	2 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie	
3 Daylight Savings 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	4 9:30 Daily Chronicle/ Devotions 10:00 Coolwell Thanksgiving Program 11:00 Train Your Brain 1:00 Quiet Time 2:00 Martha Stewart Favorite Fall Recipes 3:00 Flag Craft 6:00 Music W/ Sweet Teaz	5 Election Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time 1:45 Music W/Marc Baskind 3:00 Pampered Hands 6:30 Family Feud	6 Resident Birthday Party 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Quiet Time 2:00 Birthday Party 3:00 Connect Four 6:30 Little House 	7 Cooking Demo W/Sheila 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Music With Caldwell 11:00 Morning Workout 1:00 Quiet Time 2:00 Cooking Demo 3:00 Pampered Hands 6:30 Leave It To Beaver	8 Youngest President Elected Day 9:30 Daily Chronicle/ Devotions 10:00 Chair Yoga W/Maureen 10:30 Bean Bag Toss 11:00 Sit & Fit 1:00 Quiet Time 2:00 Trivia/10 Youngest Presidents 3:00 Puzzle Time 6:30 Lawrence Welk Show	9 10:00 Daily Chronicle 10:30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
10 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Church w/Rev. Dorsey 4:00 Hallmark Movie	11 Veterans Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Fun W/ Affinity 11:00 Bodies In Motion 1:00 Quiet Time 1:45 Flag Folding Ceremony 3:00 Veterans Appreciation 6:30 The Walton's 	12 Mocktail Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time/Mock Tails 1:45 Music W/ Keith Campbell 3:00 Pampered Hands 6:30 Family Feud	13 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Quiet Time 2:00 Singing W/ Karen Carpenter 3:00 Make A Thankful Tree 6:30 Little House	14 Lunch Outing 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Morning Workout 11:00 Big Lick's Tropical Grill 1:00 Quiet Time 2:00 Scrabble 3:00 Pampered Hands 6:30 Leave It To Beaver	15 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Bean Bag Toss 11:00 Sit & Fit 1:00 Quiet Time 2:00 Music W/Ronnie & Carol 3:00 Puzzle Time 6:30 Lawrence Welk Show 	16 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
17 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	18 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Ball Toss 11:00 Bodies In Motion 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Under The Sea Soundscapes 6:30 The Walton's	19 International Men's Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time 2:00 Karaoke W/ Mark 3:00 Movie & Mocktails 6:30 Family Feud	20 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Quiet Time 1:45 Music W/ Lew Taylor 3:00 Giant Dominoes 6:30 Little House 	21 Gingerbread Cookie Day 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Finish The Phrase 11:00 Morning Workout 1:00 Quiet Time 2:00 Gingerbread Cookies/Trivia 3:00 Pampered Hands 6:30 Leave It To Beaver	22 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Bean Bag Toss 11:00 Sit & Fit 1:00 Quiet Time 2:00 Music W/ Emily 3:00 Horse Shoes 6:30 Lawrence Welk Show	23 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
24 10:00 Daily Chronicle 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Church w/Rev. Dorsey 4:00 Hallmark Movie	25 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Ball Toss 11:00 Bodies In Motion 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Under The Sea Soundscapes 6:30 The Walton's	26 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time 2:00 Dancing in Your Seat 3:00 Pampered Hands 6:30 Family Feud 	27 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Trivia 11:00 Sit & Fit 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Bowling 6:30 Little House	28 Thanksgiving Day 9:30 Daily Chronicle 10:00 Devotions 11:00 Thanksgiving Day Parade 1:00 Quiet Time 2:00 Hallmark Movie 3:00 Afternoon Musical 6:30 Leave It To Beaver 	29 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Morning Munchies 10:30 Bean Bag Toss 11:00 Sit & Fit 1:00 Quiet Time 2:00 Popcorn/ Movie 3:00 Puzzle Time 6:30 Lawrence Welk Show	30 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie



Heritage Green Leadership Team

Kimberly Logan ALFA, LPN, CDP
Assisted Living Administrator

Zakiyah Pannell LPN
Resident Care Director

Wellness Nurse
Kamisha Tweedy

Misty Barrett
Coco Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Resident Life Director

Graham Wilson
Dining Services Director

Josh Peters
Environmental Services Director



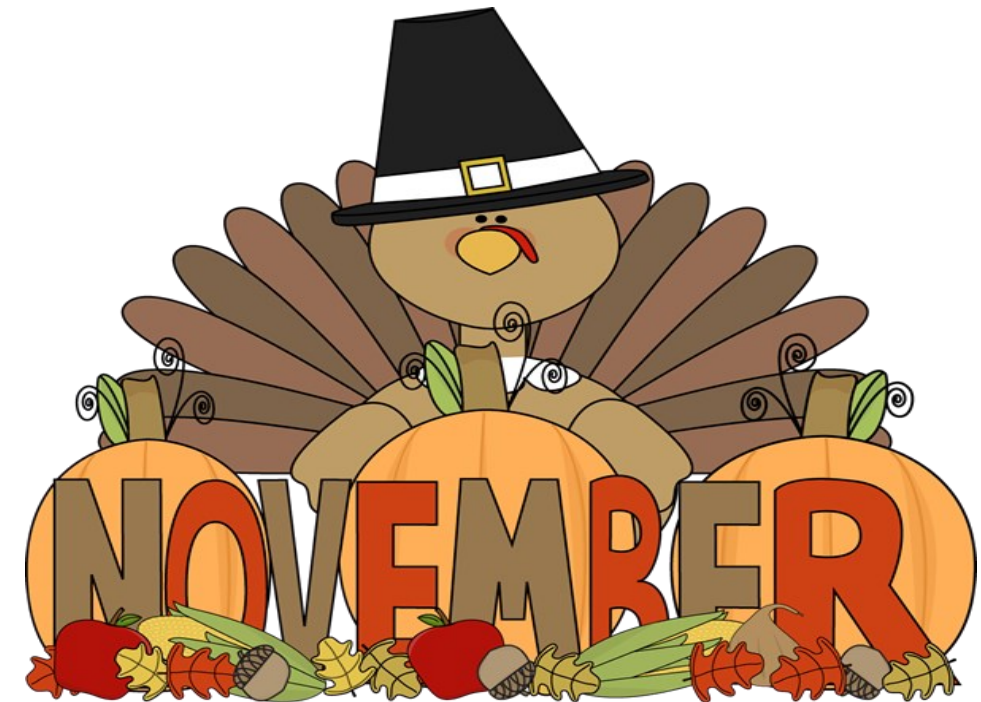
Community Outings

DayBreak

November Birthdays

Phyllis Stevens 11/9

Rita Joyce 11/21



THERE IS
always, always,
ALWAYS
something
to be thankful for

Heritage Green Assisted Living • 201 Lillian Lane •
Lynchburg Virginia • 24502 • 434-385-5102

Family Participation Is Encouraged With All Activities:
Please Contact Activities Department @ 434-477-5829