

| Sun                                                                                                                                                                         | Mon                                                                                                                                                                                                                                        | Tue                                                                                                                                        | Wed                                                                                                                                                                                                                  | Thu                                                                                                                                                                             | Fri                                                                                                                                                                                                                                                | Sat                                                                                                                                  |
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| <div>HERITAGE GREEN ASSISTED LIVING</div> <div>NOVEMBER 2024</div>                                                                                                          |                                                                                                                                                                                                                                            |                                                                                                                                            |                                                                                                                                                                                                                      |                                                                                                                                                                                 | Happy Birthday<br>Scott Pauley 11/13                                                                                                                                                                                                               | Bingo-Main Dining<br>Games-Main Dining<br>Country Store-Main Dining<br>All Activities30-60 Minutes<br><br>Calendar Subject to Change |
|                                                                                             |                                                                                                                                                           |                                                          |                                                                                                                                   |                                                                                                                                                                                 | 1 Residents Birthday Party<br><br>10:30 Armchair Fitness<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Birthday Party<br>3:00 Creative Coloring W/Music<br> | 2<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Hydration cart CP<br>3:00 Movie Hour         |
| 3 Daylight Savings<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Church W/Rev. Sanchez<br>2:00 Music W/Mark & Steve<br>3:30 Puzzles | 4<br><br>10:00 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Red, White & Blue Craft<br>3:00 Bingo                                                                                                               | 5 Election Day<br><br>10:30 Music W/Cardwell<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Mock Tail Tuesday<br>3:00 Bowling           | 6<br><br>10:30 Devotions w/ Nancy<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Scavenger Hunt<br>3:00 Connect Four<br>       | 7<br><br>10:30 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>1:30 Food Committee<br>2:00 Resident Council<br>3:00 Bingo In The Bistro                      | 8 Youngest President Elected Day<br><br>10:30 Yoga Plus w/Maureen<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Trivia/10 Youngest President<br>3:00 Fall Craft                                                                                | 9<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Music W/Ron Bigglio<br>3:00 Movie Hour       |
| 10<br><br>10:30 Daily Chronicles<br>11:00Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Church W/Rev. Sanchez<br>3:00 Puzzles                                               | 11 Veterans Day<br><br>10:00 Armchair Fitness<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Flag Folding Ceremony<br>3:00 Veterans Appreciation<br> | 12<br><br>10:30 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Hot Coco & Cookies<br>3:00 Music W/ Keith Campbell | 13 Lunch Outing<br><br>10:30 Devotions w/ Nancy<br>11:00 Daily Chronicle<br>11:30 Charley's<br>2:00 Candy Dish Craft<br>3:00 Ring Toss                                                                               | 14 Learn About Diabetes Day<br><br>10:30 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Learn About Diabetes W/ Enhabit<br>3:00 Bingo                  | 15<br><br>10:30 Armchair Fitness<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Making/Decorating Cookies<br>3:00 Target Practice                                                                                                               | 16<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Hydration cart CP<br>3:00 Movie Hour        |
| 17<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Church W/Rev. Sanchez<br>3:00 Puzzles                                              | 18<br><br>10:30 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Family Feud<br>3:00 Bingo<br>6:00 Music W/Sweet Teaz                                                                                               | 19<br><br>10:30 Billy Hunt Singers<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Wine & Cheese<br>3:00 I Am Thankful Turkey Craft      | 20<br><br>10:30 Devotions w/ Nancy<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Snack Shack<br>3:00 Music w/Lew Taylor<br> | 21 Gingerbread Cookie Day<br><br>10:30 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Gingerbread Cookies & Trivia<br>3:00 Bingo In The Bistro         | 22<br><br>10:30 Armchair Fitness<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Pool Noodle Balloon Bop<br>3:00 Popcorn & Movie<br>                        | 23<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Hydration cart CP<br>3:00 Movie Hour        |
| 24<br><br>10:30 Daily Chronicle<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Church W/Rev. Sanchez<br>3:00 Puzzles                                               | 25 Cooking W/Chef Graham<br><br>10:30 Armchair Fitness<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Cooking Demo<br>3:00 Bingo<br>                 | 26<br><br>10:30 Movin & Groovin W/Fox<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Hot Apple Cider & Danish<br>3:00 Twenty Questions  | 27<br><br>10:30 Devotions w/ Nancy<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Hang man<br>3:00 Giant Scrabble                                                                                                 | 28 Thanksgiving Day<br><br>10:00 Thanksgiving Day Parade In Bistro<br>10:30 Senior Saints<br>11:00 Daily Chronicle<br>2:00 Bingo In The Bistro<br>3:00 Thanksgiving Day Puzzles | 29<br><br>10:30 Armchair Fitness<br>11:00 Daily Chronicle<br>1:00 Van Ride<br>2:00 Snow Ball Fight<br>3:00 Popcorn/Trivia<br>                                 | 30<br><br>10:30 Daily Chronicles<br>11:00 Lobby Chat<br>1:00 Bingo in The Bistro<br>2:00 Hydration cart CP<br>3:00 Movie Hour        |



# Heritage Herald



## Heritage Green Leadership Team

Kimberly Logan ALFA, LPN, CDP  
Assisted Living Administrator

Zakiyah Pannell LPN  
Resident Care Director

Kamisha Tweedy  
Wellness Nurse

Misty Barrett  
Clarissa Chapman  
Marketing & Admissions

Lozetta Browley  
Business Office Director

Sherry Trent  
Resident Life Director

Graham Wilson  
Dining Services Director

Josh Peters  
Environmental Services Director



## Community Outings

# Fields



## Happy Birthday

### Scott Pauley 11/13



Heritage Green Assisted Living ▪ 201 Lillian Lane ▪  
Lynchburg Virginia ▪ 24502 ▪ 434-385- 5102

Family Participation Is Encouraged With All Activities: Please Contact Activities Department @ 434-477-5829