



Bringing independence to living and quality to life

Regency on Whidbey Celebrates National Assisted Living Week

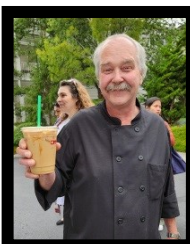
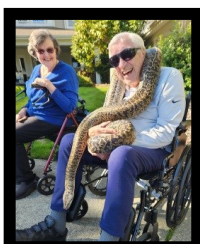
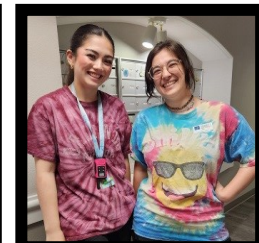
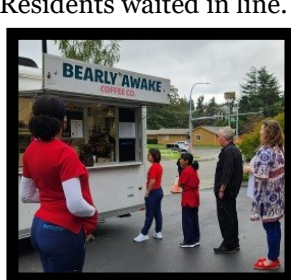
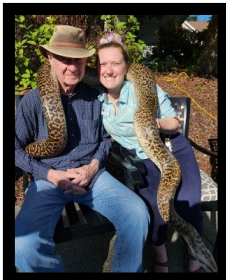
The week of September 9th thru 13th was National Assisted Living Week, and Regency on Whidbey celebrated with fun events for both our Staff and our Residents. Our Spirit Week kicked off on Monday with Crazy Hat and Sock Day, followed by Hawaiian Day, Red White, & Blue Day, Character Day, and Tie-Dye Day.

In addition to Spirit Week we welcomed back the Reptile Lady and all of her critters on Tuesday afternoon. The weather was beautiful, as crowd favorite Sponge Bob the Tortoise roamed our grounds munching on grass. Residents, Staff, and Family members learned interesting facts about all of the reptiles, and had the opportunity to touch and hold many of them. It is always amazing how brave many of our Residents are.

Other fun events focused on food. Staff enjoyed a taco day and doughnut day. While Residents were treated to a pizza party to close out the week. Hosted by former Resident Bob Burke, Residents enjoyed pizza from Lava Louie's and music by Ryan Prichard. Mid-week we fed everyone's caffeine cravings with a visit from the Bearly Awake Coffee trailer. Owner Britnie and her partner whipped up wonderful coffees and mouth-watering smoothies as eager Staff and

Residents waited in line.

November
2024



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawnna Hodges
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Residents

- **Will Jones—11/1**
- **Sondra Keith—11/2**
- **Barney Beeksmas—11/5**
- **Judith Graham—11/6**
- **Mickie Pierson—11/13**
- **Brenda Fillipi—11/15**
- **John Bolte—11/19**
- **Judy Winship—11/21**
- **Tom Piper—11/23**
- **Janet Heideger—11/27**



Medications for Outings

If you will be taking your loved one out & they will require medication during their absence, Please notify us at least 2 hours prior, so that we can have their medication ready.

Thank you!!



Staff

- **Marianne Campos—11/1**
- **Wilma Jo Flaherty—11/11**
- **Megan Rivers—11/17**
- **Espy Gallagher—11/17**
- **Nikki Henry—11/24**
- **Chris Villarreal—11/27**
- **Ian Ramos—11/29**



Traveling the Dementia Journey Together

**Regency on Whidbey
invites you to join our
Memory Care
Support Group**

**The 2nd Thursday of
the Month**

2:00pm—3:30pm

**Regency Assisted
Living Building
3rd Floor Day Room**



Door Hours

**Regency on Whidbey's
Front door is
unlocked from**

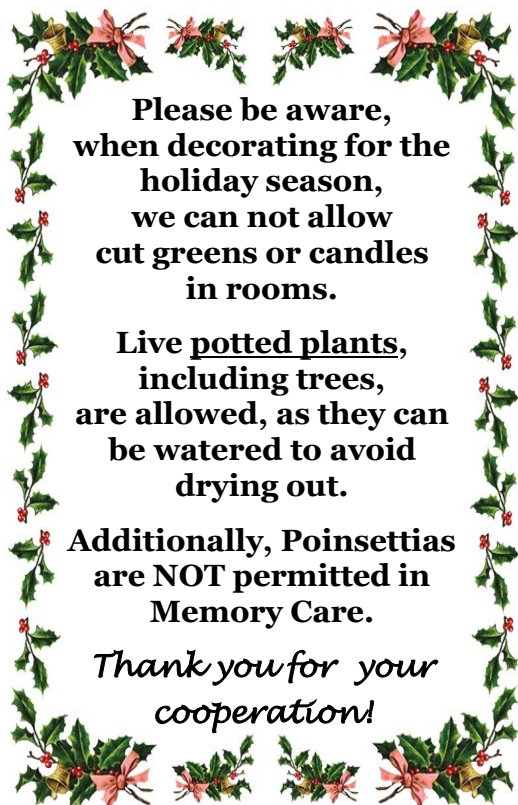
**8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!





Please be aware,
when decorating for the
holiday season,
we can not allow
cut greens or candles
in rooms.

Live potted plants,
including trees,
are allowed, as they can
be watered to avoid
drying out.

Additionally, Poinsettias
are NOT permitted in
Memory Care.

*Thank you for your
cooperation!*



Regency's Beauty Salons

We are in search of a licensed
beautician for the
Regency Salons.
This is a flexible part-time
position. If you know someone
who may be interested,
please have them contact
360-279-0933



After Hour Calls

It is best to call during
normal business hours,
8:30am—5:00pm

While we apologize for any
inconvenience, after 5 o'clock
Staff are working to care for
your loved one, and are not
always able to take calls.

We appreciate your
understanding!!



As the holidays approach,
many Residents and family
members look for ways to show their
appreciation to the Staff here at
Regency on Whidbey.

However, employees are not
permitted to accept gifts or money.
Instead, we have an Employee
Holiday Fund where all monies
given are distributed to all of our
employees to show your gratitude.

If you wish, contributions to this
fund can be given to the front desk
or the business office.

*Thank you for your
generosity!!*

**Please make checks payable to:
Regency on Whidbey**

**Include on the Memo Line:
Employee Holiday Fund**



**All Doctors appointments
MUST be reported to the
Med. Room.**

**If you wish to take the
Regency bus on Doctor Day,
you MUST schedule your ride
with the Front Desk
24 Hours before your
appointment.**

**The Last Tuesday
of every month is reserved for
Anacortes Doctor Visits ONLY
We cannot accommodate visits
to other areas on this day.**

Thank You!!!

RESPECT

Show it, give it, grow it, live it!

Congratulations September RESPECT Winner— Chris Bailey

Chris was born in Springfield, Illinois.
Growing-up, he lived in many places,
including Florida, Arizona, and
Washington. However, Chris considers
Missouri home, where he resided until
his father became ill. He returned to
Washington to help care for his Father
in his final years.

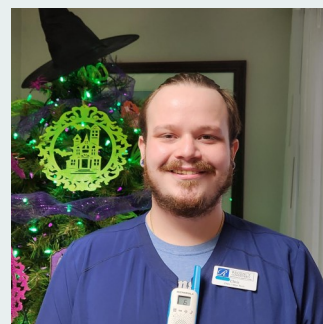
Despite wanting to become a doctor as a
kid, Chris decided to follow a new
direction after his Father's passing. He
began work at Best Buy as a warehouse
associate, but his knowledge of
computers, soon found him working
with Geek Squad. Eventually, he moved
up to a Corporate Installer and
Corporate Electrician, traveling to stores
to assist with remodels and large
electronic projects like the Microsoft
Wall in Bellevue.

While Chris enjoyed the work he was
doing, the traveling, deadlines and
scheduling made it highly stressful.
Chris eventually decided that it was time
for him to revisit his boyhood dream.

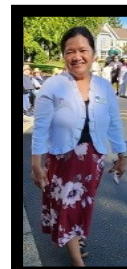
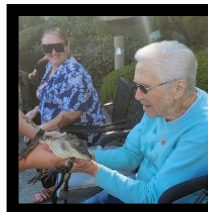
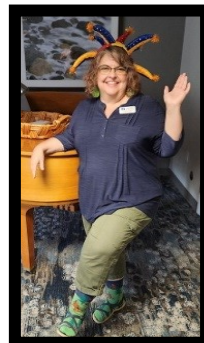
Chris joined the Regency team as an aid
in Memory Care and quickly became a
trainer for new employees. Expressing a
desire to continue his education in
Nursing, Chris transferred to Assisted
Living as a Med Tech about five
months ago.

Chris has a light-hearted rapport with
Residents. He enjoys "forming bonds
and connections with Residents." He
strives to provide a high level of care,
and identifies ways to improve processes
within the nursing department. It is for
these reasons, that Chris was selected as
our Employee of the Month.

Thank you, Chris for all you do!
Congratulations!!!



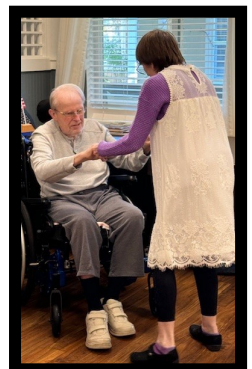
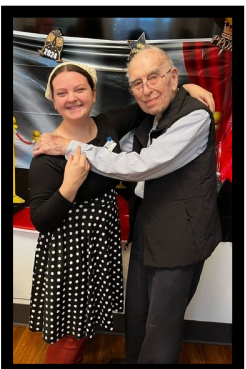
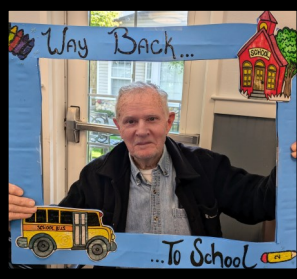
More National Assisted Living Week Fun



Guitars 4 Vets Visit



Memory Care Moments



Senior Prom



Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

