

NOVEMBER 2024

AL & IL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>B Bistro C2 Channel 1-2 C29 Channel 29 C3 Channel 1-3 CR Community Room GR Game Room 3rd Floor L Lobby L Library MC Memory Care P Patio R Room to Room T Theater TR 3rd Floor Training Room</p>	<p>Assisted & Independent Living Calendar</p> <p>Green = TV Only Programs</p> <p>Blue = Performances & Special Events</p> <p>Red = Independent Programs</p>	<p>Please contact the Life Enrichment Director Brooke Moser at 952-848-8883 with any questions or suggestions.</p>			<p>Happy Birthday Charles B!</p> <p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Speaker Brian Bard: What Everyone Needs to Know about AI (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:00 Happy Hour (B)</p>	<p>9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:00 Walking Group w/MC (L)</p> <p>2:00 Resident Snacks (T)</p> <p>2:30 Live Entertainment: Taiko Arts Midwest Drumming (CR)</p> <p>3:45 Bingo (CR)</p>	<p>Election Day</p> <p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Lund's & Byerly's (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>Happy Birthday Louise B!</p> <p>10:00 Games & Social Hour w/ Student Volunteers Breck Highschool (L)</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Aurora Residents Remembrance Service (CR)</p>	<p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Resident Council (CR)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>11:15 Family Resident Council (CR)</p> <p>2:00 Dollar Tree Outing (L)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Speaker Gary Hanson: White House Artwork (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:00 Happy Hour (B)</p>	<p>9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>Veteran's Day</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>11:45 Speaker Sarah Jane: Yoga Therapy (TR)</p> <p>1:00 Walking Group w/MC (L)</p> <p>1:30 MacPhail Music w/Anrea Leap (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Veteran's Day Ceremony! (CR)</p>	<p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Kowalski's (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>Happy Birthday Kay W!</p> <p>10:00 Games & Social Hour w/ Student Volunteers Breck Highschool (L)</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: Steve Roehm (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Virtual Christian Worship (CR)</p>	<p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Group Wii Bowling (CR)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Movie Matinee (T)</p> <p>2:00 Resident Snacks (T)</p> <p>3:00 Happy Hour (B)</p>	<p>9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>

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<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:00 Walking Group w/MC (L)</p> <p>1:30 MacPhail Hour: Pinar Basgoze (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>2:45 Bingo (B)</p> <p>4:00 Care Giver Support Group (CR)</p>	<p>10:00 Donut Dash & Coffee (B)</p> <p>10:00 Coffee w/Chef (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Target (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>10:00 Games & Social Hour w/ Student Volunteers Breck Highschool (L)</p> <p>10:15 Group Outing: Chanhassen Theatres: Love Letters *RSVP Required* (L)</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Christian Worship (CR)</p>	<p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>12:15 Restaurant Group Outing: McCormick & Schmick's (L)</p> <p>1:00 Live Entertainment: Ross McLeod (CR)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>10:00 Group Outing: St. Paul Chambers Orchestra Concert: The Seasons Tchaikovsky's *RSVP Required* (L)</p> <p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Minnetonka Highschool Students (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:00 Happy Hour (B)</p>	<p>Happy Birthday Dallas P & Grace S!</p> <p>9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:00 Walking Group w/MC (L)</p> <p>2:00 Birthday Party Live Entertainment: Bobby & Christine Duo (CR)</p> <p>2:00 Resident Snacks (T)</p> <p>3:45 Bingo (CR)</p>	<p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Cub Foods (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>10:00 Games & Social Hour w/ Student Volunteers Breck Highschool (L)</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>2:00 Resident Snacks (T)</p> <p>3:30 Christian Worship (CR)</p> <p>5:00 Thanksgiving Dinner w/Live Entertainment Katie Geske Trio (dining room)</p>	<p>Happy Thanksgiving!</p> <p>8:30 Macy's Thanksgiving Parade (NBC Channel) (TV)</p> <p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Virtual Chair Exercise Class (C3)</p> <p>3:00 Thanksgiving Crosswords & Word Search (West Elevator Magazine Rack)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Speaker Yectli Huerta: "Common Computer Security Practices to protect your personal information" (CR)</p> <p>2:00 Resident Snacks (T)</p>	<p>9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>