

Resident Highlight of the Month



This Month we are recognizing Siretta Godfrey as our resident highlight of the month! Siretta can speak some Pennsylvania Dutch. After her dad passed away when she was four years old, an Amish woman came to care for her and her sister while her mom worked. One of her favorite crafts is making wreaths, with her favorite being a Christmas wreath she made for herself. She and her husband lived in Florida for 10 years, and took a month-long trip to Europe, and spent to time in London, Germany, and France. In her free time, she enjoys reading, and her favorite book is Forever Amber. She loves playing mah-jongg and Bridge.

Resident Highlights are selected at random each month by the activity department.

November Birthdays

Doris Williams	November 2 nd
Thelma Hitt	November 2 nd
Jane Snoddy	November 4 th
Robert Maloney	November 6 th
Jeanette Berkell	November 7 th
Barbara Dove	November 7 th
Charles Roth	November 10 th
Siretta Godfrey	November 12 th
Jessica Berry	November 14 th
Peggy Edwards	November 14 th
Linda Anderson	November 16 th
Curtis Robb	November 17 th
Richard Hale	November 22 nd
Mary Madison	November 23 rd
Lorraine King	November 23 rd
Frances White	November 26 th
Christine Mayse	November 27 th
Linda Melvin	November 28 th
Edith Smith	November 30 th

Previously Celebrated Birthdays

Diane Wallace	October 5 th
Ronald Wells	October 6 th
Charles Hundley	October 16 th
Richard Ambrosino	October 24 th

Welcome New Neighbors

Anne Marshall	Room 343
Michael Mercadente	Room 408
Linda Anderson	Room 253
Sandra Baker	Room 317
Linda Melvin	Room 308
Margaret Morse	Room 209
Sandra Springborne	Room 124

November 2024

The Crossroads at Bon Air

Independent Living | Assisted Living | Memory Care | 9100 Bon Air Crossings Dr.

Our Management Team

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Rockin' Through the Years



Rock and roll, a genre that revolutionized music, began in the early 1950s, blending elements of rhythm and blues, jazz, gospel, and country. Its roots can be traced back to African American musical traditions, which profoundly influenced its development.

It was Elvis Presley, the "King of Rock and Roll," who brought rock and roll into the mainstream. His 1956 hit "Heartbreak Hotel" topped charts and made him a household name. Other

pioneers included Chuck Berry, whose guitar riffs and showmanship set the standard for future rock musicians, and Little Richard, whose wild performances captivated audiences.

The late 1950s and early '60s saw rock and roll evolve into various subgenres. The British Invasion, led by the Beatles and the Rolling Stones, brought a new wave of rock music to the United States, blending rock and roll with British pop influences. This era also saw the rise of surf rock, with bands like the Beach Boys capturing the spirit of the California lifestyle.

By the late 1960s, rock music had become more experimental. Psychedelic rock, exemplified by bands like the Jimi Hendrix Experience and the Doors, pushed the boundaries of sound and performance. The Woodstock Festival in 1969 symbolized the peak of the counterculture movement and the unifying power of rock.

On November 9, 1967, *Rolling Stone* published its first issue, marking a significant moment in rock history. John Lennon graced the cover, and it cost only a quarter to purchase. The magazine became a leading voice in music journalism, covering the latest trends, iconic artists, and cultural shifts within the rock-and-roll world.

Memory Care Neighborhood



Tapping a lively beat on the drums!



Enjoying a sweet treat at the carnival!



A visit from some furry friends!



Learning to strum some tunes!



Enjoying a beautiful day on the water!



Painting masks for Halloween!

Activities to Try

November 1st, 15th, 29th @ 1:00pm
Sing Along Group

November 4th @ 1:00pm
Travel club Meeting

November 7th @1:30pm
Ukrop's Market Hall Outing

November 8th @ 2:00pm
Out of Time Folk Group

November 11th @ 12:00pm
Veterans Day Lunch

November 15th @ 2:30pm
Activity Committee Meeting

November 15th @ 6:00pm
Musical Performance with Don

November 19th @ 1:00pm
Violin Performance with Andrew Magruder

November 21st @ 1:00pm
Health Talk Thursday/ Blood Pressure Clinic

November 21st @ 2:00pm
Resident Food Meeting

November 22nd @ 11:00am
Cooking with Alyssa

November 23rd @ 3:00pm
Fall Arts and Crafts

November 25th @ 4:00pm
Macy's Thanksgiving Parade Celebration

November 28th @ 12:00pm
Thanksgiving Feast

November 29th @ 3:00pm
Birthday Social/ Welcome New Neighbors

Oktoberfest Celebration



Oktoberfest, traditionally hosted in Bavaria, is the world's largest beer festival and traveling Carnival.

Our residents tapped into the spirit of Oktoberfest by celebrating with traditional Bavarian food, drink, and music.



Everyday Wisdom

People often tell us to use our common sense. Politicians always brag about their commonsense solutions to problems. But, as Frank Lloyd Wright said, "There is nothing more uncommon than common sense." November 4 may be Use Your Common Sense Day, but we may try pressed to find some common sense to use.

Common sense is defined as sound judgment gathered from experience rather than from a book, and it requires that a vast number of people share the same judgments. However, it often seems that common sense is neither common nor sense. Perhaps the best way to celebrate Use Your Common Sense Day is to exercise your uncommon nonsense.

Ivan's Dessert Table



Each month, our chef Ivan prepares a table of desserts during dinnertime. Make sure to let chef Ivan know what you want to see next!

Cooking with Alyssa



Last Month Residents enjoyed making Halloween themed donuts with the help of Alyssa. These treats look extra spooky and delicious!

