

# The Wellington News

NOVEMBER  
2024

Assisted Living • Respite Care Services

## Upcoming Events

We look forward to participating in the Hartford Holiday Parade! The Singing Pianist will be performing here next month. We will be going to the Shalom Wildlife Zoo in December. Our holiday party is Friday, December 13th.



## Activity Highlights

We enjoyed our visit to Homestead Acres Animal Farm and topped off our tour with a good ol' fashioned hayride! Magician Anthony bedazzled us with new tricks and, let me tell you, it was a real treat. Sergeants Smrz and Geisberger of the Hartford National Guard visited us as well! Our discussions really brought back memories for our residents. It was a tremendous opportunity for everyone.



## Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027  
262.673.3544

Monica Rakowski, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

[WellingtonPlaceHartford.org](http://WellingtonPlaceHartford.org)

WE ACCEPT CREDIT CARDS

## National Alzheimer's Disease Awareness Month: *Is it Aging or Alzheimer's?*

It can be challenging to determine whether forgetfulness is due to normal aging or early signs of Alzheimer's. If you or a loved one notice any of the following signs, it's essential to schedule an appointment with a memory care specialist or a primary care physician:

- Frequent memory loss of new information
- Trouble with communication, using odd descriptions or simple words
- Difficulty completing everyday tasks
- Ignoring activities of daily living
- Misplacing items in strange places (i.e., ice cream in the oven)
- Getting lost in familiar areas
- Impaired judgment (i.e., wearing inappropriate clothing for the weather)
- Unexplained mood swings or personality changes
- Loss of initiative or disengagement from activities



# WiCAL

Wisconsin Center for Assisted Living

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## Crafting Thanksgiving Fun Together

Gathering together for Thanksgiving is a cherished tradition that strengthens family bonds and creates lasting memories. Engaging in seasonal hands-on crafts offers a wonderful opportunity for everyone to connect, share stories, and express their creativity.

**Here are some easy Thanksgiving crafts and projects that families can enjoy together over the holidays:**



### Handprint Turkeys:

Have grandchildren place their hands in non-toxic paint and press them onto paper, then add details like googly eyes, legs and feathers using paint, markers or crayons.

**Gratitude Jars:** Decorate small jars with paint, markers, or stickers. Each person can write down things they are thankful for on slips of paper

and place them in the jar. These can be read together after Thanksgiving dinner.



**Thankful Tree:** Cut out a tree trunk and branches from brown construction paper and tape it to a wall.

Have family members cut out colorful leaves and write what they're thankful for on each leaf. Attach the leaves to the tree with tape.

**Fall Leaf Art:** Collect colorful autumn leaves and use them to create collages or rubbings. Place a leaf under a piece of paper and rub a crayon over it to create an impression.



### Thanksgiving Wreaths:

Use paper plates as a base for a wreath. Cut out the center and decorate the outer edge with glued on fall-themed items like leaves, acorns, and dried corn. Or simply cut out leaves and berry shapes from colorful paper and tape or glue them on.

## Spreading Sparks of Kindness

Your gift brightens lives, allowing us to provide the quality care seniors deserve.



Gifts are tax-deductible. Donate safely online at [www.WellingtonPlaceHartford.org](http://www.WellingtonPlaceHartford.org)

Wellington Place  
at Hartford

